



In times of change, we don't just need strategies—we need **support, perspective, and a way forward** that feels manageable. **Foxfire Consulting** helps organizations navigate transformations with a people-centered approach—blending proven change management strategies with mindfulness, stress reduction, and resilience-building tools that ensure people adapt successfully and can thrive during times of change and uncertainty.

Change Management Services

Change Management Advisory Services

High-touch, people-centered strategic support to help leaders set direction, build alignment, and make informed, values-based decisions.

Ideal for clients who:

- Lack in-house change management expertise
- Need a clear roadmap to reach expected outcomes
- Need to equip leaders with skills to champion change
- Want objective perspectives

Scalable Change Management Support

Targeted expertise and adjustable scope of services during high-risk, high-impact phases of change.

Ideal for clients who:

- Want to utilize specific types of support during change
- Need support in high-engagement/high-risk phases of change
- Want dedicated external resources for more critical tasks
- Need quick access to avoid significant delays and/or disruption

Comprehensive Change Management Support

Full-scope change support for mission-critical transformation – from assessment/strategy through sustainment.

Ideal for clients who:

- Have large-scale transformations needing strategic approaches
- Need to navigate and manage a complex change initiative
- Have high-stakes, high-impact or enterprise-wide change
- Want a comprehensive and structured framework

Monthly Change Management Retainer

Fractional, go-to change agent with a full menu of change support services providing consistent, on-demand support based on your priorities.

Ideal for clients who:

- May not need full-time engagement for an initiative
- Need consistent, ongoing access and support for their projects
- Want the flexibility to focus change resources where needed
- Want a fixed fee that allows them to budget costs effectively

Training

Change, Resilience & Mindfulness Workshops, Training, Webinars, Lunch & Learns

Interactive workshops/training that blends neuroscience, mindfulness and behavioral change strategies to building resilience and well-being

Ideal for clients who:

- Are navigating ongoing change, stress, or burnout within their teams
- Want to build a culture of psychological safety, empathy, & adaptability
- Need practical tools to help staff stay grounded amid uncertainty
- Want to integrate employee well-being in the workplace

THRIVE! 8-Week Workplace Well-being and Resilience Program

Virtual, 8-week well-being and resilience program to equip teams with tools and strategies to manage stress, increase well-being and become more resilient

Ideal for clients who:

- Are unsure how to address team burnout, low morale, or work stress
- Want to invest people's mental, emotional, and physical well-being
- Are undergoing a lot of change/uncertainty and need employees who can adapt quickly without losing steam

We don't just manage the process of change; we tend to the people going through it.