

SHADOW PEOPLE



3. Their Forms Can Vary Widely



Heidi Hollis' work emphasizes that Shadow People™ do not appear in only one form. Some witnesses describe a tall figure with a rounded head and shoulders, while others report a blob, streak, crawling mass, black cloud, or animal-like shadow. The wide range of forms can confuse witnesses, yet many describe the same emotional signature: a dark, aware presence that does not feel like an ordinary shadow. This variety is part of what made the term Shadow People® so useful for naming the phenomenon.

Typical Encounter Pattern: Different Shapes in the Same House

A teenager described seeing different kinds of shadows in the same house. Sometimes it was a quick black streak crossing the hallway. Other times it looked like a low, crawling mass near the floor. Once, while sitting in the living room, the witness saw what looked like a small black cloud moving slowly along the ceiling. It did not behave like smoke or a reflection. It seemed heavy, deliberate, and aware. The witness later said the strangest part was that none of the forms looked exactly alike, yet they all felt connected - as if the same kind of presence was showing itself in different shapes.

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