

SHADOW PEOPLE



2. They Often Watch Before They Move



Understanding

A common pattern in Shadow People™ encounters is the feeling of being watched before anything is clearly seen. In Heidi Hollis' descriptions, these beings can feel observant, intrusive, and aware of the person seeing them. They may lurk in corners, hallways, doorways, or darker areas of a room before stepping out or moving. This watchful behavior is one reason witnesses often describe the encounter as intentional rather than random.

Typical Encounter Pattern: The Figure by the Closet

A man reported that for several nights he felt watched from the corner of his bedroom. Nothing was there when he turned on the lamp, but the feeling returned every time the room went dark. One night, he woke suddenly and saw a tall black figure standing near the closet door. It did not rush at him or vanish right away. It simply stood still, as if studying him. The figure had no features, but he felt certain it was aware of him. After several seconds, it leaned slightly forward, then moved back into the corner and disappeared into the darkness.

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