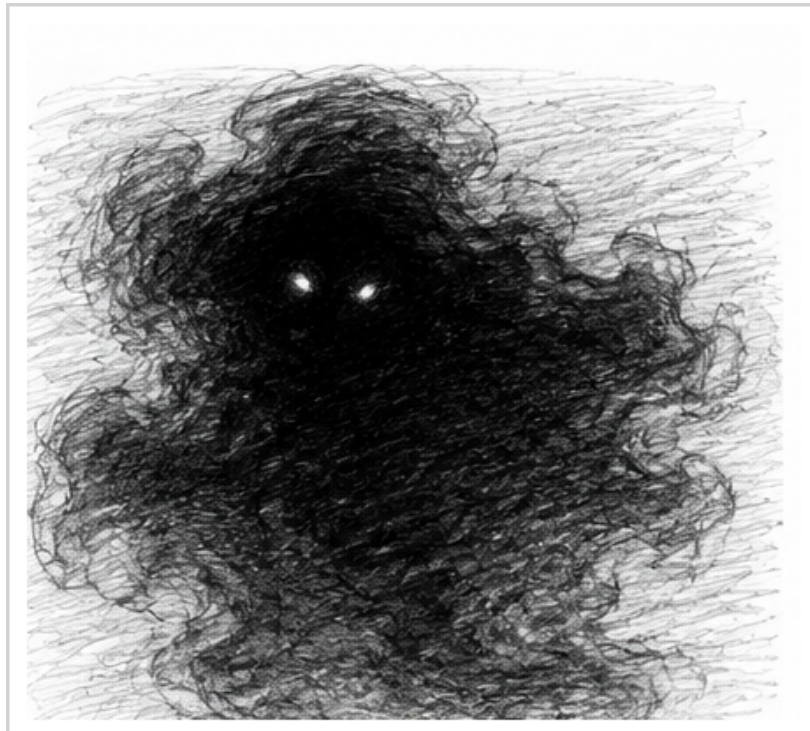


SHADOW PEOPLE



5. Fear Seems to Be Part of the Encounter



Understanding

In many reports, fear is not only the witness' reaction - it seems to be part of the encounter itself. Heidi Hollis' descriptions present Shadow People™ as intrusive and threatening, often appearing in ways that shock, intimidate, or overwhelm the person seeing them. Witnesses may report a sudden heaviness, dread, paralysis, or the sense that the being is trying to provoke fear. This pattern is important because it suggests the emotional impact may be part of the beings' behavior, not just a side effect of seeing something strange.

Typical Encounter Pattern: The Heavy Room

A woman described waking to a thick feeling in the room, like the air had become heavy. She saw a dark figure near the foot of the bed. It had no detailed face, but two dim reddish points appeared where eyes should have been. The fear came over her suddenly and intensely, before she had fully understood what she was seeing. The figure did not touch her, but she felt trapped under its stare. After she prayed out loud, the pressure in the room seemed to break, and the shape vanished. She later said it felt as though the being wanted fear from her more than anything else.

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