

Honey Simple Syrup

Servings: 10

1 Serving = approx. 2
Tbsp

Equipment:

Jar or container for storage,
Stirring spoon, medium
saucepan with lid.

Ingredients:

- 2/3 cup honey
- 2/3 cup water

Preparation:

1. To your saucepan, add your water and honey.
2. Over medium heat, stir to help honey incorporate and dissolve. Bring to a boil, then reduce heat to medium low and simmer for 2-3 minutes.
3. Allow to cool to room temperature prior to use.

Storage Tip: Store in the refrigerator.

Nutrition Facts per serving:

Calories 68.7

Total Fat 0g (0%)
Saturated Fat 0g (0%)
Trans Fat 0g
Cholesterol 0mg (0%)
Sodium 1.5mg (0%)
Total Carbohydrate 18.6g
(7%)
Dietary Fiber 0g (0%)
Total Sugars 18.6g
Protein 0.1g
Vitamin D 0mcg (0%)
Calcium 1.8mg (0%)
Iron .1mg (1%)
Potassium 11.8mg (0%)

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