Honey Mustard Ginger Vinaigrette

Servings: 8

Equipment:

Knife, cutting board, mixing bowl, whisk, spoon, glass cup or jar, measuring spoons

Ingredients:

- 1/4 cup Dijon or coarse grain mustard
- 1 tsp garlic, minced or pureéd
- 1 tsp ginger, minced or pureéd
- 1 Tbsp shallot, minced
- 1 Tbsp Honey
- 1/4 cup white wine vinegar
- 1 Tbsp parsley, finely chopped
- Dash of salt



Preparation:

- 1. Add ingredients to a mixing bowl. Whisk to combine.
- 2. Drizzle over salad and toss.
- 3. Serve and enjoy.

Storage: Store in an airtight container in the refrigerator. Dressing will last 2-4 weeks with proper storage.

Nutrition Facts per serving:

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Calories 17.4

Total Fat 0.4g (1%) Saturated Fat 0 g (0%) Trans Fat 0g Cholesterol 0mg (0%) Sodium 199.7.mg (9%) Total Carbohydrate 3g (1%) Dietary Fiber 0.3g (1%) Total Sugars 2.4g Added Sugars 2.2g (4%) Protein 0.4g Vitamin D 0mcg (0%) Calcium 5.9mg (0%) Iron 0.2mg (1%) Potassium 23mg (0%)




