



#### Spring Newsletter KonAromaFarms.com

Welcome to Spring 2016!

The torrential rains of last fall which helped produce



KonAroma Growing Process

big beautiful beans for the 2015-2016 season came to a screeching halt this spring. As a result of the extremes of La Nina from torrents of rain rushing down the mountain to a lingering drought throughout February and March, coffee farmers in the Kona coffee region had a lot to worry about. It is a critical time as the flowering is in the beginning stages and needs daily moisture to thrive. Some farmers installed drip systems while others, KonAroma included, resorted to the old fashioned solution, hose after attached hose after attached hose!

With daily watering attention and an eye to the sky in the hopes of rainfall, all finally appears to be back on track.

Thank you again for your continued support as we continue to cultivate our precious beans and grow KonAroma to new levels!

Mahalo, Cindy & Dennis

**<u>CLICK HERE</u>** to order your KonAroma products!

# Ahhhh...Coffee Butter! What a TREAT!



Keep an eye out for it - KonAroma Topping - Coming soon.

### Springtime Package

The package includes:

- Two 8 ounce bags of KonAroma coffee
- Two 4 ounce packages of Winfrey's Chocolate



**Covered KonAroma Beans** 

- Two 8 ounce packages of Macadamia Nuts
- One Hawaiian coffee mug

#### \$66.00 <u>CLICK HERE to order</u> FREE SHIPPING in the USA!

*Springtime packages available only for the month of May* 

# The Importance of Honeybees to Coffee Farmers



Honeybees are perhaps the most important insect pollinator for agriculture in the world.

Unfortunately, honeybee populations are in decline, possibly due to a combination of pests, diseases, poor diet, and pesticides. Bee pollination is critical to the production of many important crops in Hawaii including, macadamia nuts and coffee. Fruit production can be increased 2 to 3 times with the introduction of hives to the orchards. When farmers hear the sound of hundreds of bees in the orchard we know things are all right in the world. Coffee fruit weight can increase up to 25 % through honeybee pollination!

Clean water sources are important for hard workers especially when it's dry. Bees go through an unbelievable amount of water! (The importance of water .... again!) Farmers need to provide shallow water dishes with rocks to drink from as they are poor swimmers.

### Mrs. Drowsy's Handy Hint:



Have a headache??

Take acetaminophen and wash it down with coffee. Pain pills will be 40% more effective washed down with coffee.

### Recipe: Bulletproof Coffee aka

### **Buttered Coffee**

Buttered coffee may not be something you've ever heard of before, but Tibetans



have been adding yak butter to their coffee for centuries. Thanks to people like Dave Asprey, a health conscious evangelist and author of The Bulletproof Exec, the beverage has become popular with people looking to maximize their energetic potential.

And the recipe for buttered coffee couldn't be any simpler. No need for gourmet shop ingredients and fancy techniques. All you need is a frother or a blender, 2 cups of KonAroma, and 1 heaping tablespoon of high quality butter. Optional: 1 tablespoon of agave and/or 1 tablespoon of coconut oil\*

Instructions:

- Heat the container you are going to froth your coffee and butter in with hot boiling water. Dump the water out.
- Put the coffee and the butter into a hot mug or hot blender.
- Wait 10-15 seconds for the butter to melt.
- If adding sweetener, add it before blending the beverage.
- Froth the coffee (either with a hand held frother or a blender).
- Serve immediately.

\*When you add the coconut oil and butter to

your coffee, it's called "Bulletproof KonAroma".

Ahhh yes..... that's KonAroma!

**EMAIL US** and let us know how yours comes out!

## The Song: Coffee Cantata by JS Bach



Enjoy a "High Brow" Coffee Break with Sumi Jo Take a listen!

We love to hear from our customers! Kindly, send us comments, pictures or even videos of you enjoying your KonAroma coffee products.

We are a home grown operation and appreciate the help to spread the word about our award winning coffee!

Keep sipping and never forget to grab life by the bean...

Contact us | Order Today