

Summer Newsletter-2018

KonAromafarms.com

#### Aloha KonAroma Customers!

The Kilauea Volcano on the Big Island of Hawaii has been in the news and on our minds. It continues to shock us with its daily power and destruction with still no end in sight. While the news coverage makes it sound as if the entire island will soon be covered by molten lava, hit with falling boulders and overwhelmed by deadly fumes, the truth is, everything is just fine in the Kona Coffee belt. The volcano is approximately 100 miles from the KonAroma Farm and we are happy to share that there are NO ISSUES with our coffee trees.



Kilauea Hawaii Eruption

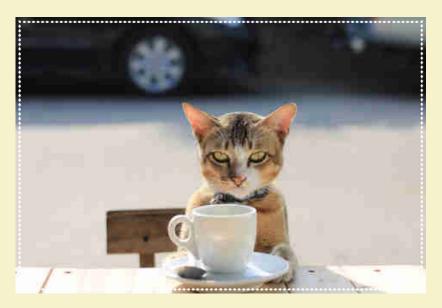
However, friends have recently had to evacuate their home and have been a part of the devastation that impacts so many in a few square miles.

They write: ""We marvel at the phenomenon happening in what was once a bay: hundreds of acres of inlets stretching out into the ocean, maybe even a new black sand beach, with the coastline changing daily. A 30-40 foot wall of lava continues to engulf our neighbors' homes as the flow keeps coming. Today we are among the few dozen left standing. There is no way to get in there to get our stuff out. Lava surrounds us on all sides right now."

Mahalo, Cindy & Dennis

# Myths About Coffee You Need To Stop Believing Immediately!

Myth: Coffee Stunts Your Growth



This myth has been around forever. However, the belief that coffee does stunt your growth is just another lie told to short people. It's unclear how this myth got started, but there's no scientific evidence supporting it.

Myth: Your Afternoon Cup Will Cause Rampant Insomnia



Caffeine is a stimulant. Obviously. But the caffeine you consume in your post-lunch cup of is processed through the liver at a fairly quick clip, and nearly all of it (roughly 75%) is flushed out of your body within four to seven hours. So, if you've been scared to drink that second or third cup at 2pm... well, you shouldn't be.

### **Biosphere 2: What Really Happened**



An excerpt from the Dartmouth Alumni Magazine:

"We reveled in simple pleasures. One delight was coffee made from beans from our young rainforest's coffee trees, which we could make only once every two or three weeks. We treasured each cup."

**<u>CLICK HERE</u>** to read the full article

**Coffee Comic** 



## Cutie Coffee Pic



#### Never Too Young to Sample KonAroma

## KonAroma Summer Special!

This summer, cross off "pick up coffee beans" on your to do list!

Sign up for KonAroma Auto Delivery:

- Pay once and place an order for the next 4 months.
- Two pounds of your selected roast will be shipped or locally delivered to your home or



business mid-month July, August, September & October.

An easy way to insure that KonAroma will be a constant staple in your home or office.

Free Shipping in the USA!

**<u>CLICK HERE</u>** to enroll today

## Order Your KonAroma Coffee Today



Coffee Beans Whole or Ground ORDER FREE SHIPPING Chocolate Covered KonAroma Beans ORDER FREE SHIPPING

### Recipe: Cookies & Cream Bark

#### Ingredients:

12 oz White Chocolate Chips or Chopped White Chocolate

18 Cream filled sandwich cookies (Oreos or similar cookies)



### **Directions:**

- Coarsely chop sandwich cookies until they are in small pieces.
- Microwave white chocolate chips in 30-second increments, stirring after every 30 seconds to prevent overheating. Heat until it is smooth and free of lumps.
- Stir the cookies into the white chocolate until they're completely coated.
- Scrape the candy out onto the prepared baking sheet and spread it into a thin, even layer.
- Sprinkle the remaining reserved cookies on top of the candy and gently press them down to adhere them to the chocolate.
- Refrigerate the tray to set the chocolate, for about 20 minutes. Once set, cut the bark into small squares or break it into irregular pieces by hand.

# We Leave You With One of Many Coffee Songs.....

Coffee Song by Johnny Cash: Just Stopped in for a Cup of Coffee Friend

