

## As Recommended...

# UltraMeal®

Medical Food

Over 50 million Americans have metabolic syndrome, which is characterized by central (abdominal) obesity, dyslipidemia (unhealthy blood lipid levels), hypertension, and insulin resistance or glucose intolerance. The UltraMeal medical food program is scientifically designed to nutritionally support the management of the underlying metabolic factors of these conditions, and also addresses the acquired lifestyle factors, such as excess body fat and physical inactivity.

UltraMeal is a soy-based medical food in powdered beverage form specifically formulated to nutritionally support those with conditions associated with metabolic syndrome, such as:

- ▲ Central Obesity
- ▲ Altered Body Composition
- ▲ Insulin Resistance

UltraMeal provides advanced nutrition to support healthy, lean body composition, and mixes easily to create a delicious and nutritious shake. UltraMeal shakes, in combination with a prescribed diet and simple exercise plan, have been clinically shown to **preserve lean muscle tissue while targeting fat loss**.

Unique product features:

- **PharmaSoy®**—a technologically advanced nutritional blend of superior soy protein, isoflavones, and dairy-free calcium
- **ActiFolate®**—a proprietary blend of active folates to support healthy methylation for cardiovascular health and more
- A clinically demonstrated low-glycemic-index to support healthy blood sugar levels
- A complement to restricted diets—formulated without dairy, gluten, wheat, lactose, egg, and yeast, as well as artificial flavorings, sweeteners, and colors
- Great taste in a variety of delicious flavors



### Each serving of UltraMeal provides:

- 15 grams of soy protein—diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk of heart disease
- 17 mg of soy isoflavones per serving to support healthy cholesterol levels and overall cardiovascular health
- 4-5 grams of dietary fiber per serving to support gastrointestinal health, healthy glucose regulation, cardiovascular health, and body composition management
- 600 mg of calcium to support bone health and healthy body composition
- Excellent nutritional support with comprehensive levels of essential vitamins and minerals



### Experience the great tastes of UltraMeal:

- ▲ Vanilla
- ▲ Raspberry
- ▲ Country Peach
- ▲ Mocha
- ▲ Strawberry Supreme
- ▲ Dutch Chocolate
- ▲ Banana Blast

*Your healthcare provider may also recommend:*

### UltraMeal® Bar

Soy-based medical food in ready-to-eat bar form. Equal to a full serving of UltraMeal, this convenient option also features a bioactive phytonutrient coating for multi-functional health support. Available in delicious Chocolate Raspberry, Chocolate Fudge, Chocolate Banana, Apple Cinnamon, and Lemon Zinger.



*UltraMeal and UltraMeal Plus medical foods can be used for individualized support for metabolic syndrome.*

*Whey and rice protein options are also available.*

### Comments or additional instructions:

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