

## **The 7<sup>th</sup> Tradition**

***“Every SAA Group should be fully self-supporting,  
declining outside contributions.”***

The 7th Tradition is a fundamental aspect of Sex Addicts Anonymous (SAA) that ensures the organization's self-support and the availability of resources for those seeking recovery. In this brief description we describe the significance of the 7th Tradition, its purpose, and provide insights on how much individuals should contribute to SAA to support the fellowship.

**Point #1: The Purpose of the 7th Tradition:** The 7th Tradition in SAA emphasizes the principle of self-support. It states that the fellowship should be fully self-supporting, declining outside contributions to preserve its autonomy and integrity. This tradition ensures that SAA remains free from any outside influences and maintains its primary purpose of helping addicts achieve and maintain sobriety.

**Point #2: Funding Essential Services:** Contributions made through the 7th Tradition play a vital role in supporting various essential services within SAA. These services include literature, public information efforts, meeting spaces, online resources, and supporting members in need of financial assistance to attend conventions or events. By contributing, individuals directly contribute to the fellowship's growth and accessibility.

**Point #3: A Symbol of Gratitude and Responsibility:** Contributing to the 7th Tradition is an expression of gratitude for the help received in SAA and a demonstration of responsibility towards the fellowship. It allows individuals to give back, ensuring that future generations can benefit from the same support and resources that helped them on their journey to recovery.

**Point #4: Contributing According to One's Means:** The amount individuals contribute to SAA through the 7th Tradition should be based on their financial ability and personal circumstances. There are no fixed rules or set amounts for contributions. Denton SAA emphasizes that each member should contribute according to their means, without causing financial strain or jeopardizing their personal obligations.

**Point #5: Balancing Personal Responsibility and Fellowship Support:** When deciding how much to contribute, individuals should consider their financial obligations and responsibilities outside of SAA. It is important to strike a balance between supporting the fellowship and ensuring personal financial stability. Contributing what feels comfortable and manageable demonstrates a responsible approach to both personal and SAA-related financial matters.

**Point #6: A Suggested Guideline:** While there is no specific recommended amount for contributions, Denton SAA suggests considering the equivalent of the cost of a drink, such

as a bottle of water or cup of coffee, per meeting attended. However, it's crucial to note that this suggestion is not a requirement or an expectation. Ultimately, the decision of how much to contribute is left to the discretion and financial situation of each member.

**Point #7: The Value of Regular Contributions:** Regular contributions, even if they seem small, can make a significant impact when combined with the contributions of others. Consistency in contributing fosters a collective effort that ensures the continued availability of resources and services within SAA.

The 7th Tradition in Sex Addicts Anonymous underscores the importance of self-support and individual contributions to sustain the fellowship and its vital services. By contributing according to one's means, individuals demonstrate gratitude, responsibility, and a commitment to supporting future generations of addicts seeking recovery. While there are no set amounts or obligations, each member is encouraged to contribute what feels comfortable and manageable, striking a balance between personal financial obligations and supporting the fellowship. Through regular contributions, individuals play an essential role in maintaining the accessibility and resources that have been instrumental in their own journey to sobriety and continue to help countless others in their pursuit of lasting recovery.