



Welcome to the Unity Center, we're glad you're here!

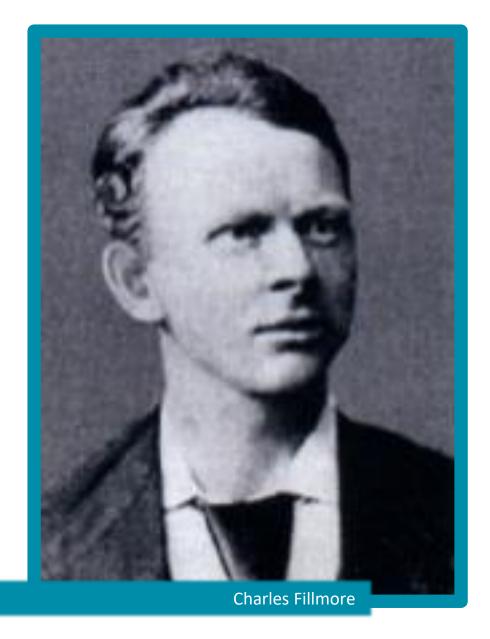
Unity Center of DSM 5/18/25 Kolbeck 1



Unity is a global, inclusive, spiritual community. We offer practical, uplifting resources to help people of all faiths apply positive spiritual principles to their lives.







Charles Fillmore (1854 - 1848)

- Born on Chippewa reservation in Minnesota
- Skating accident; multiple treatments
- Episcopalian, but with varied experiences
 loved philosophy
- Age 19 One way ticket down south
- Age 21 Meets sassy, red-headed schoolteacher named Myrtle

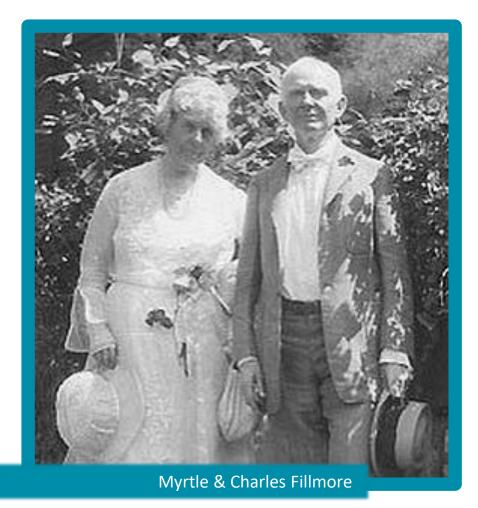




Myrtle Page (1845 - 1831)

- Born in Ohio, 8th of 9 children
- Strict Methodist Episcopal, no playing cards or dancing!
- 'Inherited' tuberculosis "fearfully sick" child, yet recognized her connection and oneness with nature
- Age 22 Oberlin College for teaching degree
- Age 30 Moved to Texas & met Charles





The Fillmore's (established 1881)

- Texas Colorado Missouri
- 3 sons who contributed unique skills, personality, and contributions to the Unity movement.



Myrtle and sons, Lowell, Rickert, and Royal Fillmore 1898



I am a child of God, therefore, I do not not inherit sickness.

- Attended lectures on anything spiritual or metaphysical
- Buddhism, Brahmanisn, Theosophy, Rosicrucianism, Christianity
- 1886 Dr. Weeks turning point for Myrtle
- Myrtle restored to health in two years by loving herself
- Charles, once a disbeliever, healed too



The birth of Unity!

- The Fillmore's did not plan to start an organization
- Myrtle prayed for seekers to heal through affirmative prayer
- 1889 'Modern Thought' publication to share learnings
- From doctrines & division... to Practical Christianity... using the Bible
- Movement evolved to be called 'Unity' upon Charles' revelation
- 650 Unity Churches/Centers, 1,700 licensed and ordained leaders



Price 10 cts.

KANSAS CITY, MO., APRIL, 1889.

Per Year, \$1

BELIEF AND ACTION.

"Can belief be an act of free-will; can a action and thought are free. Desire is the degment upon the truth or falsity of a parent of energy, and of life; and our and one with Him? Can

themselves It is not the possible nor the thing,-"Knowest thou any corner of the

changes possibilities or simple probabilities his fantasy is free, it can extend down into And although we cannot the infinite deeps of the invisible and he tainty, for conditi

possible good, brings good to me, I know appears to be a necessary condition of that is, the actual reality of God. that the law is general, because I am a part growth; to create man must be free. And is freedom lies in thought and action. Action goes farther than speculation; it Man cannot believe because he will; but act, this can be our duty

claim as certain the things of ideal good can and does body forth this invisible in which we believe possible, it is allowed us his life by beliving in the possibility of its to act as if they really exist. As it appears, existence

Why then is not man like God according to that belief; belief creates in universe is limitless.

Unity Center of DSM

5/18/25 Kolbeck



1929 First gatherings 6th & Locust, led by Mrs. Betty Stitt, Unity's first minister

1940 Moved to 42nd & Rollins; chapel seated about 125 people, Operated under the name 'Unity'

1947 Relocated to Cownie Mansion on Grand, became known as Unity Temple of Truth

1952 Renamed Unity Temple of Truth to Unity Church

1968 Moved to current location. Community spirit was vibrant: life, love, and connection evident

New addition to add office space, bookroom, and basement rooms for Youth Education. Staff included 10 part-time employees (excluding minister, administrator, cleaning services)

Another growth phase! Second story addition: added office space, a peace chapel, and a prayer tower. Membership reached 500, with 300 active members





We Welcome You to Our Church...Unity Church of Des Moin

nes

Join us for your Christmas worship experience. We have a meditation and lesson session at 9:00 and a full service at 10:30. Our Unity-Versity includes book discussion and other adult metaphysical learning opportunities at 9:30. The metaphysical bookstore is open from 9:30 until 12:30 every Sunday. Ours is a metaphysical service based upon Christ principles as a part of everyday living. Healing and prosperity are emphasized in our lessons.

Meeting at: Unity Church of Des Moines 414 31st Street Des Moines, IA 50310

CATHOLIC

a of Saint John University Avenue Kwy & Univ.)

EPISCOPAL

Cathedral Church of St. Paul

The Very Rev. Michael L. Barlowe, Dean
The Historic Metropolitan Parish of Des
Moines: A modern, evangelical, catholic

St. Luke's Episcopal Church

3424 Forest Ave 277-0875

EVANGELICAL FREE CHURCH OF AMERICA

Valley Evangelical Free Church

Meet at Westridge Elem School

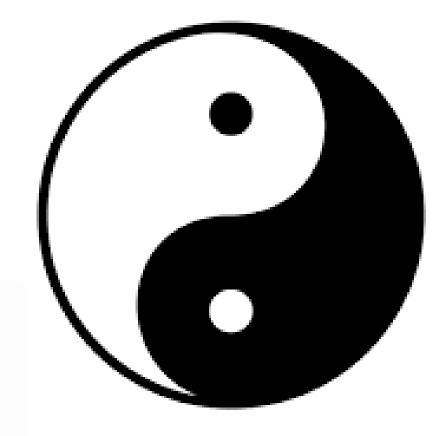
LUTHERAN (Evang Lutheran Church America)

Faith Lutheran Churc



Duality of Oneness (Unity)

 "We see the good in all religions and we want everyone to feel free to find the Truth for himself wherever he may be led to find it."



Unity does not stress differences, but the points of agreement.

We are all from One Source; We are all Love, We are all the Light of the World.



Love everyone...

"In regard to world conditions, we must keep our thought of God as over all. Let no thought of hatred or condemnation of any person or country take possession of us..."



Betty & Joe Stitt



Spiritual exploration, healing & growth – for ALL

Growth is happening here... again.

- The board is growing
- Involvement in the community is growing
- New visitors are coming
- Children's program is being revitalized
- Free Hugs ministry and lots of new things in the works...









Let there be peace on earth... and let it BEGIN with ME!

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Are you living with a Unity mindset? Getting honest...

- 1. Take a copy (or more) of the inner work exercise home with you.
- 2. Find some quiet time, intentionally remove distractions.
- 3. Read the questions and sit with yourself listen to your heart.
- 4. Identify what comes up. There are no wrong answers. We are where we are.
- 5. Practice UNITY!



