

Dear Client

By entering into an agreement with Twyford Therapy, you are acknowledging that we will work in partnership to resolve specific issues or difficulties you may be facing. The aim of your therapy will be to work towards goals or targets set by you following our initial discussions.

The specific therapy plan will be created in discussion and agreement with you and may include a range of strategies such as suggestion, visualisation, hypnoanalysis, EFT and NLP. It should be noted that whilst the majority of therapy leads to positive outcomes, there can be no guarantee. Therapy is a process that involves work from both the therapist and the client, to try and achieve the most favourable outcome. The number of sessions will vary according to the individual client’s needs. Ideally sessions should be weekly.

Sessions typically last 50 minutes for adults and 30 minutes for under 18’s, although this can be discussed or amended if required. Pricing will be discussed during the free consultation. All sessions must be paid for at the time of the session unless pre-paid in advance.

If you are unable to attend a booked session for any reason, or have need to cancel a booked session, please be aware **24 hours’** **notice** must be given. Failure to do so will result in full payment being required. If sufficient notice is given then all efforts will be made to re-schedule at a convenient time for both parties, or cancel the session if preferable.

Please sign below to confirm that you have read and understood the above information, and are willing to enter into therapy and comply with the terms stated.

Client Name (Print) ……………………………………………

Date ………………………………………………………………….

Signed ……………………………………………………………….