



## Instant Veneer Aftercare Instructions

Direct composite veneers

### 1. IMMEDIATELY AFTER TREATMENT:

Once you've had your new veneers placed it's really important to avoid any dark or brightly coloured food/drink for the first 3 hours. As the top layer of the veneer is prone to picking up stains in the first few hours, after 3 hours you can eat and drink whatever you'd like.

### 2. CLEANING YOUR NEW VENEERS:

Keeping your new veneers clean is very important, we recommend that you need to floss or interdental brush (TePe) between your veneers at least once a day. Other than this it's important to treat them like your normal teeth, and brush them twice a day.

### 3. TOOTHPASTES:

As the surface of the veneer is shiny we advise you to **avoid** using whitening toothpastes when brushing, as whitening toothpastes are more abrasive than sensitivity or normal toothpastes. The abrasive nature causes the surface of the veneer to become matte with time.

### 4. ANNUAL POLISHING:

To keep your veneers looking at their best, we recommend getting them polished at least once a year, and more often if you are a smoker. If you are a regular patient at G&S Dental for your routine check ups your dentist will use the latest in composite polishing technologies at each of your check ups, to make sure your veneers are in tip top condition.

### 5. REPAIRS:

It's rare but if you do get any chips or tarnishes on your Instant Veneers it's a very simple process to repair them, so give us a call on 01268 544838 and we will get you booked in and get them repaired for you. And remember your veneers are guaranteed for the first 12 months, so you won't be charged a penny for any repairs required in the guarantee period.

### 6. MOST IMPORTANT:

The most important thing to do with your new veneers is to **enjoy them!!** Get out there and smile. Congratulations on your new smile, and thank you for choosing G&S Dental