Hot Drinks

Pot of Tea £2.50/Large Pot £5.00
Fruit/Herbal Tea £2.80
Decaf Tea £2.80
Espresso £2.80/ Double Espresso £5.00
Latte £3.00
Cappuccino £2.90
Americano £2.80
Decaf Coffee £2.80

Cold Drinks

Water £1.70
Bottle Sparkling Water £1.70
Orange Juice/ Cranberry Juice £1.70
125ml Coke/ Diet Coke £2.25
Apple & Mango J20 £3.50
Orange & Passion fruit J20 £3.50
Apple & Raspberry J20 £3.50
Pago Apple Juice £3.45

Sandwich/Toast

Egg on Toast £3.50
Fried/ Poached/ Scrambled
Bacon Sandwich £3.95
Sausage Sandwich £3.95
Vegetarian Sausage Sandwich £3.95
Beans on Toast £3.00
Cheesy Beans on Toast £3.50
Jam/Marmalade with Toast £2.50



Bistro Bar

ALL OUR FOOD IS COOKED FRESH TO ORDER.

PLEASE TELL A MEMBER OF OUR TEAM IF YOU HAVE ANY TIME CONSTRAINTS

OR ALLERGIES BEFORE ORDERING.

IF YOU WOULD PREFER GLUTEN FREE PLEASE LET US KNOW

Full English £8.00

Locally Sourced Sausage, Bacon, Fried Egg, Baked Beans, Tomato, Mushrooms & Hash Brown Served with your choice of White or Brown Toast

Big Beach Breakfast £10.00

2 Locally Sourced Sausages, 2 Rashers Back Bacon, 2 Fried Eggs 2 Hash Browns, Baked Beans, Tomato, Mushrooms. Served with your choice of White or Brown Toast

Vegetarian £8.00

Vegetarian Sausage, Fried Egg, Baked Beans, Vine Tomatoes, Mushrooms and Hash Brown Served with your choice of White or Brown Toast

Vegan £8.00

2 Vegan Sausages, 2 Hash Brown, Vine Tomatoes Mushrooms & Baked Beans Served on Pump Street Toast

Avocado & Poached Egg £7.50
On Pump Street Toast

Eggs Benedict £7.50

Poached Eggs on a Toasted Muffin with Honey Roasted Ham & Hollandaise Sauce

Sautéed Mushrooms £4.95 on Sourdough Toast, or Granary Bread

Tk Breakfast £7.50

Smashed Avocado, Diced Cherry Tomatoes & Olive Oil on Sourdough or Granary Toast

Add Extra Items £1 each

Hash Brown, Bacon, Sausage, Vegan Sausage, Egg, Black Pudding, Fried Slice, Mushrooms, Vine Tomatoes

A discretionary 10% service charge will be added to your bill

Served Until 12 Noon



Crispy Bacon & Maple Syrup £5.99 Fresh Fruit & Yoghurt £4.99 Chocolate Sauce & Banana £4.99

Smoothie £5.00

BERRY-GO-ROUND

Strawberry, Raspberry, Blackberry
KALE KICK

Kale, Spinach, Mango

BIG 5

Strawberry, Mango, Pineapple, Kiwi BROCCOLI & THE BEAST

Passion fruit, Mango, Pineapple

STRAWBERRY SPLIT

Strawberry & Banana

COCO LOCO

Mango, Coconut, Lime, Pineapple, Mint

BROCCOLI & THE BEAST

Broccoli, Spinach, Cucumber, Pineapple Mango, Banana

BLUEBERRY THRILL

Raspberry, Blueberry, Banana, Flax Seed

DR BEET

Beetroot, Carrot, Mango

DETOX-ZING

AVO-GO-GO

Mango, Spinach, Broccoli, Avocado, Coconut, Ginger, Lime

24 CARROT GOLD

Mandarin, Sweet Potato, Turmeric, Carrot



Milkshakes £4.50

Made with Ice Cream Strawberry Chocolate Vanilla

Served from 12 Noon

Starters

Sour Dough **Bread** £2.50 with Virgin Olive Oil and Balsamic Vinegar

Soup of the Day £4.95 Served with SourDough **Bread** GF Avaialble

Classic **Prawn** Cockttail £6.95 with Crisispy Lettuce and Marie Rose Sauce

Breaded Mushrooms £5.50 with Garlic Mayonnaise

Burgers

Choose Brioche (vegan), or Gluten Free Bun.
With Lettuce, Tomato and Skinny Fries and
Side of Home-made Coleslaw. Our Beef
burgers are made on the premises and
contain no additives aside from salt & pepper

100% Beef Burger £11.00 100% Beef Cheeseburger £12.00

Mac & Cheese Beefburger £14.00 Macaroni burger and 100% Beef

100% Beef Dbl CheeseBurger 14.00

Fresh Chicken Breast £12.00 Chicken Breast & cheese £12.50 Fresh Cajun Chicken Burger £12.00

Amazing Vegan Burger £11.00 Allergens **Wheat, Barley** and **Soy**

With Vegan Cheese £12.00

(Bacon/Jalepenos/Fried Egg / Add £1)



Fancy a snack?

Please ask us for our great Mix & Match Snack Menu!

Bistro Bar

N.B ALL OUR FOOD IS COOKED FRESH TO ORDER.

PLEASE LET US KNOW IF YOU HAVE ANY TIME CONSTRAINTS OR ALLERGIES

BEFORE ORDERING.

Vegan

Vegan Chilli, Quorn Mince served with Basmati Rice £11.00

Spaghetti in a Spiced Mediterranean Tomato Sauce £9.50

3 x Vegan Sausages and Chips £11.95 with Beans or Peas & a jug of Gravy

Vegetarian

Spicy Cajun or Harvey's Beer Battered Halloumi £11.50 with Skinny Fries & Peas

Mains

Home-made Beer Battered Cod £11.00 Skinny Fries, Peas & Tartare Sauce

Fillet of Salmon cooked in a Foil Parcel £12.50

Dill, Onions, Mushroms, Tomatoes, White Wine, **Cream**,

Served with Basmati Rice or Salad

3 Cumberland Sausages and Chips £11.95 Peas or Beans & Jug of Gravy

Beach Green Ploughmans £10.00 Sourdough, **Cheddar**, Lettuce Tomato, Silverskin Onions, Cucumber, Apple, Branston, Lettuce & Coleslaw (Vegan Available)

Gammon, Fried Egg, Skinny Fries, Pineapple & Peas £10.50

Home-made Beef Chilli with Rice £ 11.00 Served with **Sour Cream**

Chicken & Mushroom Pasta £ 11.00 in a Creamy White Wine Sauce

Home-made Southern Fried Chicken £12.00 Skin On Fries and homemade Coleslaw

A discretionary 10% service charge will be added to your bill

Light Choices

Choice of Wrap, Sandwich or Ciabatta, Served with Crisps

Cheese £4.00

Cheese & Ham £4.50
Tuna Mayo £4.50
Tomato and Avocado £5.50
Sausage or Vegan Sausage & Tomato £5.00
Prawn and Marie Rose Sauce £5.50
Grilled Chicken & Bacon £7.00
Cajun Chicken £7.00

Loaded Fries Large Portion of Fries with

Cheese and Bacon £7.50
Pulled Pork with BBQ Sauce £7.50
Strip Steak. Pepper, Onion & Cheese £9.00
Pepper, Tomato, Chilli, Jalepeno £6.50

Small Sides

Skin on Fries £3.00 with Cheese £3.50
Garlic Bread £3.00 with Cheese £3.50
Vegan Garlic Bread £3.00 with V.Cheese £3.50
Lettuce tomato Side Salad £3.00

Desserts

Biscoff Cheesecake with Ice-Cream £4.95

Lemon & Blueberry Cake with Vegan Ice-Cream £4.95

Alabama Chocolate Fudge Cake & Cream £4.95

Fruit of the day Eton Mess £4.95 With Meringue and Fresh Cream

Waffle, Ice Cream & Chocolate Sauce £4.95

Ice-Cream £1.50 per scoop Vanilla, Chocolate, Strawberry

Vanilla & Oreo, Vanilla & Mini Egg

Sorbet 1.50 per Scoop Lemon, Mango. Orange