

## Hot Drinks

Tea £2.50, Large Pot £5.00

Fruit/Herbal Tea £2.80,

Decaf Tea £2.80

Espresso £2.80/ Double Espresso £5.00

Latte £3.00

Cappuccino £2.90

Americano £2.80

Decaf Coffee £2.80

## Cold Drinks

Water £1.70

Bottle Sparkling Water £1.70

Orange Juice/Cranberry Juice £1.70

125ml Coke/Diet Coke £2.25

Apple & Mango J2O £3.50

Orange & Passion fruit J2O £3.50

Apple & Raspberry J2O £3.50

Pago Apple Juice £3.45

## Sandwich/Toast

Egg on Toast £3.50

Fried/Poached/Scrambled

Bacon Sandwich £3.95

Sausage Sandwich £3.95

Vegetarian Sausage Sandwich £3.95

Beans on Toast £3.00

Cheesy Beans on Toast £3.50

Jam/Marmalade with Toast £2.50



# THE BISTRO BAR

*Breakfast - Served 8am-3pm*

**PLEASE ADVISE YOUR SERVER OF ANY ALLERGIES**

## Full English £8.00

Locally Sourced Sausage, Streaky Bacon, Fried Egg, Baked Beans, Cherry Tomatoes, Mushrooms & Hash Brown, served with White or Brown Toast

## Big Beach Breakfast £10.00

2 Locally Sourced Sausages, Streaky Bacon, 2 Fried Eggs, 2 Hash Browns, Baked Beans, Cherry Tomatoes, Mushrooms. Served with White or Brown Toast

## Vegetarian £8.00

Vegetarian Sausage, Fried Egg, Baked Beans, Cherry Tomatoes, Mushrooms and Hash Brown, Served with White or Brown Toast

## Vegan £8.00

2 Vegan Sausages, 2 Hash Brown, Vine Tomatoes, Mushrooms & Baked Beans, Served on Sourdough or Granary Toast

## Avocado & Poached Egg £7.50

Served on Sourdough or Granary Toast

## Eggs Benedict £7.50

Poached Eggs on Toasted Muffin, Honey Roasted Ham & Hollandaise Sauce

## Sautéed Mushrooms £5.50

on Sourdough or Granary Toast

## T K Breakfast £7.50

Smashed Avocado, Cherry Tomatoes, Olive Oil on Sourdough or Granary Toast

## Add Extra Items £1 each

Hash Brown, Bacon, Sausage, Vegan Sausage, Egg, Black Pudding, Fried Slice, Mushrooms, Vine Tomatoes

## Waffles

Crispy Bacon & Maple Syrup £5.99

Fresh Fruit & Yoghurt £4.99

Chocolate Sauce & Banana £4.99

## Sparkling Brunch

*Saturdays 11-1pm*

*Must be booked in advance*

*£25 per person*

*Full English or  
Vegetarian Breakfast or  
Vegan Breakfast or  
Choice of Waffle as above*

*Glasses of Prosecco or Mimosas  
T & Cs apply*



## Milkshakes £4.50

Made with Ice Cream  
Strawberry  
Chocolate  
Vanilla



## Starters

### Bruschetta £5.95

Toasted Garlic Ciabatta topped with Chopped Tomatoes, Sundried Tomato, Basil Leaves, Olive Oil and Shaved Parmesan  
*Request Vegan*

### Risotto Balls £6.95 GF

Stuffed with Mozzarella Cheese, Peas, Mint and Chilli.  
Covered in Panko Breadcrumbs and Deep Fried.  
Served with homemade Tomato Sauce

### Home made Chicken Liver Pate £7.50

Served with Toasted Bread and Caramelised Onions  
*Request GF Bread*

### Mussels £7.95 GF

White wine, Cream, Garlic, Shallots and Parsley

### Hummus Plate £5.95

Served with Toasted Bread and Olives  
*Request GF Bread*

### Deep Fried Halloumi Sticks £6.95 GF

Served with Homemade Aioli and Salad Garnish

## Small Sides

Garlic Bread £3.00  
*Request Vegan*

Onion Rings £3.95

Mixed Salad GF £4.95  
Tomato, Lettuce & Cucumber, Peppers

Homemade Coleslaw £3.00

Olives £3.00

## Loaded Fries

### Large Portion of Fries with

Cheese and Bacon £7.50

Pepper, Tomato, Chilli, Jalepeno £6.50

# THE BISTRO BAR

Served 12pm-8pm

PLEASE ADVISE YOUR SERVER OF ANY ALLERGIES

## Mains

### Pan Roasted Chicken Breast £14.95 GF

Roasted Rosemary, Sweet Potato, Spinach and Sweetcorn Puree with Chorizo Lentil Dressing

### Homemade Beer Battered Cod £11.95

Served with Homemade Skin on Chips, Peas and Tartare Sauce

### Pan Roasted Cod Fillet £17.95 GF

with Broccoli and Pea Puree, Mashed Potatoes, Spinach and Salsa Verde

### Salmon Fish Stew £18.95 GF

In Tomato Sauce with King Prawns, Mussels, Cod, Cherry Tomatoes, Courgette, Sautéed Spinach and Creamy Mash

### Chicken & Bacon Spaghetti £11.95

Chicken and Bacon with Garlic, Butter and Peas in a Cream and Basil Sauce

### Vegan Spaghetti £10.95

Roasted Mixed Peppers, Olives, Broccoli, Mushrooms and Spinach in a Basil Dressing

### Grilled Fillet Steak £24.95 GF

The best cut of 100% British Beef. Served with Homemade Skin on Chips, Grilled Mushrooms and Tomatoes

### Beef Stroganoff £17.95 GF

Strips of Fillet Beef with Onion, Mushrooms and Gherkins in a Brandy Cream Sauce. Served with Rice and Sautéed Broccoli

### Gourmet Fish Pie £12.95 GF

Cod, Salmon, Prawns and Peas in a Cream White Wine Fish Stock. Topped with Mashed Potatoes and Parmesan Cheese

### Roast Lamb Shank £17.95 GF

Slow Cooked Roast Lamb Shank with Mashed Potatoes, Sautéed Spinach and a Red Wine Jus

### Classic Burger £12.95

100% Beef Burger with Cheese, Lettuce, Tomato, Red Onion & Burger Sauce in a Brioche Bun served with Homemade Skin on Chips  
*GF bun available*

### Halloumi Burger £11.95

Chargrilled Red Peppers, Hummus, Red Onion and Lettuce in a Brioche Bun, served with Aioli and Homemade Skin on Chips  
*GF bun available*

### Vegan Burger £11.95

Served in a Brioche Bun with Homemade Vegan Coleslaw and Home made Skin on Chips. *GF bun available*

## Light Bites

Served from 12-4pm

All Sandwiches and Wraps with either Home made Skin on Chips or Sweet Potato Chips

### Prawn Cocktail Sandwich £7.00

On White or Brown

### Club Sandwich £7.00

On White or Brown

### Gourmet Fish Finger Sandwich £7.00

Home made Fish Goujons & Tartare Sauce

### Grilled Chicken and Bacon Wrap £7.50

With Lettuce and Mayo

## Kids £5.99

Served with either homemade Skin on chips or Home made Sweet Potato chips

Fresh Chicken Goujons

Fresh Fish Goujons

Bacon & Tomato Spaghetti

Vegan Burger

### Add Sides £1 each

Beans, Peas

Carrot & Cucumber Sticks

Homemade Hummus

## Desserts

### Chocolate Fondant £5.95

with Vanilla Ice-Cream

### Crème Brûlée £5.95

with Short Bread Biscuit

### Homemade Banoffee Pie £5.95

### Vegan Lemon Cake with Pumpkin Seeds

£5.95

with Lemon Sorbet

### Ice-Cream £1.50 per scoop

Vanilla, Chocolate, Strawberry

### Ice-cream £2.00 per scoop

Vanilla & Oreo, Vanilla & Mini Egg

### Sorbet 1.50 per Scoop

Lemon, Mango, Orange