Alexander in Education Resources and Books:

Websites:

Alexander in Education: <u>https://education.alexandertechnique.co.uk/</u> STAT Education page: <u>http://alexandertechnique.co.uk/benefits/education-and-children</u> Sue Merry : <u>http://www.ed2k.org.uk</u> Peter and Judith 's website,: <u>www.Alexandernow.org</u> Robert Rickover :<u>http://www.alexandertechnique.com</u> Ted Dimon :<u>http://dimoninstitute.org</u> Marion Goldberg www.alexandercenter.com/jd/johndeweyhabits.html

Face book groups:

Alexander in Education Page

Alexander in Education Forum Group (closed group for AT teachers)

For AT teachers:

Practical Ideas for Working with Primary Schoolchildren. A Guide for Classroom Teachers and Alexander Teachers by Sue Merry

Beginning form the Beginning by Joan and Alex Murray

Direction, Education issue

Playing with Posture, Positive Child Development using the Alexander Technique by Sue Holladay.

Workbook for Children Learning in Schools, by Sue Holladay

How are we Living our lives by Grethe Laub

Human Nature and Will by John Dewy

For School Teachers:

The Thinking Teachers Body by Harriet Anderson Alexander Technique Handbook for Music Teachers by Susan Holladay Making Links with Children's Education, from International Congress 1988

For Primary age:

Sue Merry's books, The Labyrinth of Gar, The Story of Terry Tall and Digby Down Befiddled by Pedro de Alcatara, Zac by Bridgit belgrave The Journey by Ann Whitehead

For Teens and Tertiary

Be in Balance by Angela Bradshaw

The Alexander Technique for Musicians by Judith Kleinman and Peter Buckoke

Physical expression on Stage and Screen by Bill Connington

Related books,

The Talent Code by Daniel Coyle

How Children learn by John Holt

The Well Balanced Child, Movement and early learning by Sally Goddard Blythe

Smart Moves, why learning is not all in your head by Carla Hanniford

Related organizations,

Philosophy For Children P4C,

Mindfullness for Children,