



Sofia's Specials Menu

Salads

Fennel Salad with mixed greens, orange, carrots, cherry tomatoes, raspberries, feta cheese, apple vinegar dressing.

Beet Salad arugula, goat cheese, celery, onions, crispy almonds in red wine vinaigrette.

Three Bean Salad with cannellini beans, red beans, chickpeas, celery, onions, basil, garlic in red wine vinaigrette dressing

Chop Salad salami, ham, provolone cheese, tomatoes, onions, olives, iceberg lettuce in italian dressing

Romaine Salad cucumbers, tomatoes, onions, apple honey lemon vinaigrette

Appetizers

Rice Ball with chopped meat, melted mozzarella on top in red sauce.

Stuffed Zucchini with sausage, melted mozzarella cheese on top in pink sauce.

Grilled Octopus arugula, roasted peppers, fingerling potatoes, capers in chives dressing.

Stuffed Artichoke with bread crumbs, parmigiano cheese, capers, anchovies in lemon sauce.

Burrata Cheese arugula, grilled asparagus, tomatoes in EVO & Chive dressing.

Entrees

Grilled Filet Mignon and Shrimp Scampi served with mashed potatoes and broccoli rabe.

Grilled Rack of Lamb with baked sweet potato, asparagus in rosemary sauce.

Pan Seared Scallop over yellow risotto with pesto sauce on top.

Grouper Livornese Sauce with shrimp lite tomatoes, olive oil, garlic, capers, and black olives.

Baked Chilean Sea Bass Scampi with shrimp served with broccoli rabe baked sweet potato.

Grilled Swordfish and Shrimp over sauteed mushrooms, artichokes, broccoli rabe, sun dried tomatoes with pesto sauce on top.

Grilled Ribeye Steak in red wine reduction sauce with gorgonzola cheese on top over roasted potatoes, asparagus with hot sausage.

Grilled Pork loin over sautéed over sautéed cauliflower, applesauce, and cabbage.

Stuffed Shell Bolognese

Cheese Tortellini Alfredo with grilled shrimp

Chicken Saltimbocca with prosciutto, provolone in brown sage sauce over sauteed escarole and boiled egg

Chicken Balsamic on the Bone with sausage, long hot peppers and potatoes