



# AREOLA TATTOO AFTER CARE

- LEAVE YOUR BANDAGE ON FOR THE FIRST 24 HOURS FOLLOWING YOUR PROCEDURE. FLUID WILL BUILD UP INSIDE THE BANDAGE. THIS IS NORMAL.
- ONCE BANDAGE IS REMOVED. LIGHTLY CLEANSSE THE AREA WITH LUKE WARM WATER AND A CLEAN PAPER TOWEL. CONTINUE DOING THIS EVERY 15 MINUTES UNTIL THE "WEEPING" FROM THE FLUID STOPS.
- YOU CAN NOW BEGIN CLEANSING YOUR TATTOO WITH AN ANTIBACTERIAL SOAP AND LUKE WARM WATER USING ONLY YOUR FINGER. NO WASH CLOTHS.
- ALLOW THE AREA TO COMPLETELY DRY BEFORE ADDING A THIN LAYER OF OINTMENT. REPEAT CLEANSING AND APPLYING OINTMENT FOR THE NEXT 7 DAYS.
- BE SURE NOT TO WEAR TIGHT BRAS AND COVER YOUR TATTOO WITH BANDAGES OR SOFT GAUZE.
- DO NOT PICK, RUB OR SCRATCH YOUR HEALING TATOO.
- REFRAIN FROM DIRECT SUNLIGHT, HOT TUBS, SWEATING, SAUNAS, EXERCISE, MASSAGES, DIRECT WATER PRESSURE, SPRAY TANS FOR 2 WEEKS.