



General Indications

Body Fat Mass: Excess levels are associated with negative health outcomes

Recommended support:

- FirstLine Therapy® Program

Total Body Water (TBW)/Total Weight:

Estimates overall hydration percentage.

Recommended support:

- Multivitamin/Mineral
- Electrolytes

ECW/TBW: Estimates water percentage in the extracellular space.

Recommended support:

- Fatty Acids
- Multivitamin/Mineral
- Detoxification Program
- Electrolytes