

Desired Biomarkers for labwork - Female

|                             |                                 |  |
|-----------------------------|---------------------------------|--|
| Glucose                     | ALT (SGPT)                      | C-Reactive Protein                       |
| Hemoglobin A1C              | LDH                             | ESR - Female                             |
| Insulin - Fasting           | Bilirubin - Total               | Homocysteine                             |
| Fructosamine                | Bilirubin - Direct              | Fibrinogen                               |
| C-Peptide                   | Bilirubin - Indirect            | Creatine Kinase                          |
| BUN                         | GGT                             | Vitamin D (25-OH)                        |
| Creatinine                  | Iron - Serum                    | Vitamin B12                              |
| BUN/Creatinine Ratio        | Ferritin                        | Folate                                   |
| eGFR Non-Afr.<br>American   | TIBC                            | DHEA-S - Female                          |
| eGFR African American       | % Transferrin saturation        | Testosterone Total -<br>Female           |
| Sodium                      | Cholesterol - Total             | Testosterone Free -<br>Female            |
| Potassium                   | Triglycerides                   | Testosterone -<br>Bioavailable Female    |
| Sodium/Potassium Ratio      | LDL Cholesterol                 | Sex Hormone Binding<br>Globulin - Female |
| Chloride                    | HDL Cholesterol                 | Estradiol - Female                       |
| CO2                         | VLDL Cholesterol                | Progesterone - Female                    |
| Anion gap                   | Cholesterol/HDL Ratio           | Total WBCs                               |
| Uric Acid - Female          | Triglyceride/HDL Ratio          | RBC - Female                             |
| Protein - Total             | TSH                             | Hemoglobin - Female                      |
| Albumin                     | Free T3                         | Hematocrit - Female                      |
| Globulin - Total            | Total T3                        | MCV                                      |
| Albumin/Globulin Ratio      | Free T4                         | MCH                                      |
| Calcium                     | Total T4                        | MCHC                                     |
| Calcium/Albumin Ratio       | T3 Uptake                       | Platelets                                |
| Phosphorus                  | Free Thyroxine Index<br>(T7)    | RDW                                      |
| Calcium/Phosphorus<br>Ratio | Reverse T3                      | Neutrophils                              |
| Magnesium                   | Thyroid Peroxidase<br>(TPO) Abs | Bands                                    |
| Alk Phos                    | Thyroglobulin Abs               | Lymphocytes                              |
| AST (SGOT)                  | Hs CRP - Female                 |  |

## Desired Biomarkers for labwork - Female

Monocytes

Eosinophils

Basophils

Collagen Cross-Linked  
NTx

Cortisol - AM

Cortisol - PM

Creatinine Clearance

Leptin - Female

Gastrin

Reticulocyte count