

MAMASTECALM'S WELLNESS PACKAGES

Because You Deserve it!

MAMASTECALM COACHING

MAMASTECALM PRICE SUMMER 2022 DISCOUNT

(4) - 1 hour coaching calls

\$599

\$539

MAMASTECALM COACHING PLUS

(6) - 1 hour coaching calls and Unlimited Text Support

\$999

\$799

MAMASTECALM YOGA

(4) Private Customized Yoga Classes PLUS
Acupressure, Myofascial Release, and EFT Techniques

\$499

\$449

MAMASTECALM PREMIUM WELLNESS PACKAGE

MAMASTECALM COACHING PLUS + MAMASTECALM YOGA

\$1199

\$960

Please ask about how all our packages can become
group packages!