

# Notice of Privacy Practices

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**Kansas City Psychology Center, LLC**

**Effective 01-01-26**

As required by the privacy regulations created as a result of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

**This notice describes how health information about you (as a patient or client of this practice) may be used and disclosed and how you can get access to your individually identifiable health information.**

**Please review this notice carefully.**

**A. Commitment to your privacy:**

This practice is dedicated to maintaining the privacy of your individually identifiable health information (also called *protected* health information, or PHI). In conducting business, records will be created regarding you and the services you are provided. This agency is required by law to maintain the confidentiality of health information that identifies you. It is also required by law that you are provided with this notice of the legal duties and privacy practices that are utilized to maintain your PHI. By federal and state law, this practice must follow the terms of the Notice of Privacy Practices that it has in effect at the time.

These laws are complicated; you must be provided with the following important information:

- How this practice may use and disclose your PHI,
- Your privacy rights in your PHI,
- This practice's obligations concerning the use and disclosure of your PHI.

**The terms of this notice apply to all records containing your PHI that are created or retained by this practice. This practice reserves the right to revise or amend this Notice of Privacy Practices. Any revision or amendment to this notice will be effective for all of your records that this practice has created or maintained in the past, and for any of your records that it may create or maintain in the future. This practice will post a copy of its current Notice in its offices in a visible location at all times, and you may download a copy of this Notice at any time from [www.kcpsychology.com](http://www.kcpsychology.com).**

**B. If you have questions about this Notice, please contact:**

**Dr. Shawn McDaniel**

**605 SW US Hwy 40, Suite 159  
Blue Springs, MO 64014  
(816) 301-7916**

**C. This practice may use and disclose your PHI in the following ways:**

The following categories describe the different ways in which this practice may use and disclose your PHI.

**1. Treatment.** This practice may use your PHI to treat you. For example, you may be asked to participate in psychological testing, and the practice may use the results to help reach a diagnosis. Your PHI may be used or disclosed in order to treat you or to assist others in your treatment. Additionally, your PHI may be disclosed to others who may assist in your care, such as your spouse, children, or parents. Finally, your PHI may be released to other health care providers for purposes related to your treatment.

**2. Payment.** This practice may use and disclose your PHI in order to bill and collect payment for the services and items you may receive from this practice. For example, your health insurer may be contacted to certify that you are eligible for benefits (and for what range of benefits), and this practice may provide your insurer with details regarding your treatment to determine if your insurer will cover, or pay for, your treatment. This practice may also use and disclose your PHI to obtain payment from third parties that may be responsible for such costs, such as family members. Also, we may use your PHI to bill you directly for services and items. This practice may disclose your PHI to other health care providers and entities to assist in their billing and collection efforts.

**3. Health care operations.** This practice may use and disclose your PHI to operate its business. As examples of the ways in which it may use and disclose your information for its operations, this practice may use your PHI to evaluate the quality of care you received, or to conduct cost-management and business planning activities for the practice. This practice may disclose your PHI to other health care providers and entities to assist in their health care operations.

**4. Appointment reminders.** This practice may use and disclose your PHI to contact you and remind you of an appointment.

**5. Treatment options.** This practice may use and disclose your PHI to inform you of potential treatment options or alternatives.

**6. Health-related benefits and services.** This practice may use and disclose your PHI to inform you of health-related benefits or services that may be of interest to you.

**7. Release of information to family/friends.** This practice may release your PHI to a friend or family member that is involved in your care, or who assists in taking care of you. For example, parents or guardians may ask that a babysitter take their child to the office for an appointment. In this example, the babysitter may have access to this child's medical information.

**8. Disclosures required by law.** This practice will use and disclose your PHI when we are required to do so by federal, state or local law. This may include, but not be limited to, mandated reporting of abuse or neglect, court order, or situations involving a risk of harm to self or others.

**8. Disclosures for Third-Party evaluations.** This practice will use and disclose your PHI when you consent to an evaluation mandated by a third-party, such as employment-related or campus-safety related evaluations requested by other agencies.

**D. Use and disclosure of your PHI in certain special circumstances:**

The following categories describe unique scenarios in which we may use or disclose your identifiable health information:

**1. Public health risks.** This practice may disclose your PHI to public health authorities that are authorized by law to collect information for the purpose of:

- Maintaining vital records, such as births and deaths,
- Reporting child abuse or neglect,
- Preventing or controlling disease, injury or disability,
- Notifying a person regarding potential exposure to a communicable disease,
- Notifying a person regarding a potential risk for spreading or contracting a disease or condition,
- Reporting reactions to drugs or problems with products or devices,
- Notifying individuals if a product or device they may be using has been recalled,
- Notifying appropriate government agency(ies) and authority(ies) regarding the potential abuse or neglect of an adult patient (including domestic violence); however, this practice will only disclose this information if the patient agrees or if the practice is required or authorized by law to disclose this information,
- Notifying your employer under limited circumstances related primarily to workplace injury or illness or medical surveillance.

**2. Health oversight activities.** This practice may disclose your PHI to a health oversight agency for activities authorized by law. Oversight activities can include, for example, investigations, inspections, audits, surveys, licensure and disciplinary actions; civil, administrative and criminal procedures or actions; or other activities necessary for the government to monitor government programs, compliance with civil rights laws and the health care system in general.

**3. Lawsuits and similar proceedings.** This practice may use and disclose your PHI in response to a court or administrative order, if you are involved in a lawsuit or similar proceeding. Your PHI may also be disclosed in response to a discovery request, subpoena or other lawful process by another party involved in the dispute, but only if this practice has made an effort to inform you of the request or to obtain an order protecting the information the party has requested.

**4. Law enforcement.** This practice may release PHI if asked to do so by a law enforcement official:

- Regarding a crime victim in certain situations, if the practice is unable to obtain the person's agreement,
- Concerning a death the practice believes has resulted from criminal conduct,
- Regarding criminal conduct at the practice's offices,
- In response to a warrant, summons, court order, subpoena or similar legal process,
- To identify/locate a suspect, material witness, fugitive or missing person,
- In an emergency, to report a crime (including the location or victim(s) of the crime, or the description, identity or location of the perpetrator).

**5. Deceased patients.** This practice may release PHI to a medical examiner or coroner to identify a deceased individual or to identify the cause of death. If necessary, this practice also may release information in order for funeral directors to perform their jobs.

**6. Research.** This practice may use and disclose your PHI for research purposes in certain limited circumstances. This practice will obtain your written authorization to use your PHI for research purposes **except** when an Internal Review Board or Privacy Board has determined that the waiver of your authorization satisfies all of the following conditions:

(A) The use or disclosure involves no more than a minimal risk to your privacy based on the following: (i) an adequate plan to protect the identifiers from improper use and disclosure; (ii) an adequate plan to destroy the identifiers at the earliest opportunity consistent with the research (unless there is a health or research justification for retaining the identifiers or such retention is otherwise required by law); and (iii) adequate written assurances that the PHI will not be re-used or disclosed to any other person or entity (except as required by law) for authorized oversight of the research study, or for other research for which the use or disclosure would otherwise be permitted;

(B) The research could not practicably be conducted without the waiver,

(C) The research could not practicably be conducted without access to and use of the PHI.

**8. Serious threats to health or safety.** This practice may use and disclose your PHI when necessary to reduce or prevent a serious threat to your health and safety or the health and safety of another individual or the public. Under these circumstances, this practice will only make disclosures to a person or organization able to help prevent the threat.

**9. Military.** This practice may disclose your PHI if you are a member of U.S. or foreign military forces (including veterans) and if required by the appropriate authorities.

**10. National security.** This practice may disclose your PHI to federal officials for intelligence and national security activities authorized by law. This practice may also disclose your PHI to federal officials in order to protect the President, other officials or foreign heads of state, or to conduct investigations.

**11. Inmates.** This practice may disclose your PHI to correctional institutions or law enforcement officials if you are an inmate or under the custody of a law enforcement official. Disclosure for these purposes would be necessary: (a) for the institution to provide health care services to you, (b) for the safety and security of the institution, and/or (c) to protect your health and safety or the health and safety of other individuals.

**12. Workers' compensation.** This practice may release your PHI for workers' compensation and similar programs.

#### **E. Your rights regarding your PHI:**

You have the following rights regarding the PHI that this practice maintains about you:

**1. Confidential communications.** You have the right to request that this practice communicate with you about your health and related issues in a particular manner or at a certain location. For instance, you may ask that we contact you at home, rather than work. In order to request a type of confidential communication, you must make a written request to the privacy officer listed in this notice, specifying the requested method of contact, or the location where you wish to be contacted. This practice will attempt to accommodate **reasonable** requests. You do not need to give a reason for your request.

**2. Requesting restrictions.** You have the right to request a restriction in this practice's use or disclosure of your PHI for treatment, payment or health care operations. Additionally, you have the right to request that this practice restrict our disclosure of your PHI to only certain individuals involved in your care or the payment for your care, such as family members and friends. **This practice is not required to agree to your request;** however, if it does agree, the practice is bound by the agreement except when otherwise required by law, in emergencies, or when the information is necessary to treat you. In order to request a restriction in this practice's use or disclosure of your PHI, you must make your request in writing to the privacy officer listed in this notice. Your request must describe in a clear and concise fashion:

- The information you wish restricted,
- Whether you are requesting to limit this practice's use, disclosure or both,
- To whom you want the limits to apply.

**3. Inspection and copies.** You have the right to inspect and obtain a copy of the PHI that may be used to make decisions about you, including medical records and billing records, but not including psychotherapy notes. You must submit your request in writing to the privacy officer identified in this notice in order to inspect and/or obtain a copy of your PHI. This practice may charge a reasonable fee for the costs of copying, mailing, labor and supplies associated with your request. This practice may deny your request to inspect and/or copy in certain limited circumstances; however, you may request a review of the denial. Another licensed health care professional chosen by this practice will conduct reviews. No right exists when you agree to a third-party evaluation where the hiring agency is the actual legal client and you consent to the evaluation.

**4. Amendment.** You may ask this practice to amend your health information if you believe it is incorrect or incomplete, and you may request an amendment for as long as the information is kept by or for this practice. To request an amendment, your request must be made in writing and submitted to the privacy officer listed in this notice. You must provide a reason that supports your request for amendment. This practice will deny your request if you fail to submit your request (and the reason supporting your request) in writing. Also, this practice may deny your request if you ask the practice to amend information that is in the opinion of this practice to be: (a) accurate and complete; (b) not part of the PHI kept by or for the practice; (c) not part of the PHI which you would be permitted to inspect and copy; or (d) not created by this practice, unless the individual or entity that created the information is not available to amend the information.

**5. Accounting of disclosures.** All patients have the right to request an "accounting of disclosures." An "accounting of disclosures" is a list of certain non-routine disclosures our practice has made of your PHI for purposes not related to treatment, payment or operations. Use of your PHI as part of the routine patient care in this practice is not required to be documented – for example, the clinician sharing information with the administrative assistant for scheduling or the billing department using your information to file your insurance claim. In order to obtain an accounting of disclosures, you must submit your request in writing to the privacy officer listed in this notice. All requests for an "accounting of disclosures" must state a time period, which may not be longer than six (6) years from the date of disclosure and may not include dates before April 14, 2003. The first list you request within a 12-month period is free of charge, but this practice may charge you for additional lists within the same 12-month period. This practice will notify you of the costs

involved with additional requests, and you may withdraw your request before you incur any costs.

**6. Right to a paper copy of this notice.** You are entitled to receive a paper copy of this practice's notice of privacy practices.

**7. Right to file a complaint.** If you believe your privacy rights have been violated, you may file a complaint with this practice or with the Secretary of the Department of Health and Human Services. To file a complaint with our practice, contact the privacy officer listed in this notice. All complaints must be submitted in writing. **You will not be penalized for filing a complaint.**

**8. Right to provide an authorization for other uses and disclosures.** This practice will obtain your written authorization for uses and disclosures that are not identified by this notice or permitted by applicable law. Any authorization you provide to us regarding the use and disclosure of your PHI may be revoked at any time *in writing*. After you revoke your authorization, this practice will no longer use or disclose your PHI for the reasons described in the authorization. *Please note:* this practice is required to retain records of your care.

Again, if you have any questions regarding this notice or our health information privacy policies, please contact:

**Dr. Shawn McDaniel**  
**605 SW US Hwy 40, Suite 159**  
**Blue Springs, MO 64014**  
**(816) 301-7916**