

Australian-Filipino Community Services



Annual Report 2023-2024



Purpose

Australian-Filipino Community Services is Community Service Organisation (CSO) and Registered Charity supporting Filipinos in Australia.

Our aims are:

- 1.** To promote Filipino migrants' wellbeing and their rights to better economic, cultural and political life in Australia;
- 2.** To provide services to disadvantaged community members;
- 3.** To support and assist Filipino community groups;
- 4.** To establish partnerships with other relevant organisations on issues of common concern to benefit the Filipino community;
- 5.** To facilitate assistance to activities and projects in the Philippines.

Australian-Filipino Community Services **Strategic Plan** 2022-2026



**CLINICAL
GOVERNANCE**

**EXPAND SERVICES
AND SUPPORT
TO FAMILIES AND
YOUNGER PERSONS**



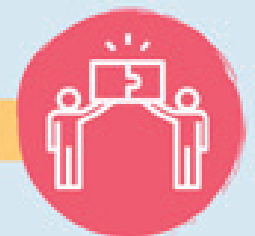
**CELEBRATE
FILIPINO
CULTURE AND
HERITAGE**

**BUILD
OUR CHARITY**



**SERVICE
SUSTAINABILITY**

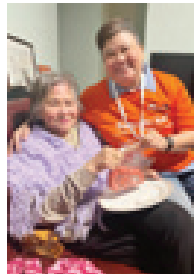
**STRATEGIC
PARTNERSHIPS**



**EFFECTIVE
MARKETING**



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Chairperson's Message

Greetings to all!

It gives me great honour and privilege to express my gratitude for this opportunity to serve the community together with our staff, volunteers and participants. The Australian Filipino Community Services (AFCS) will continue to uphold our values, ideals and the principles we believe, in giving wholehearted support and the acts of goodwill to all.

Throughout the year we have enjoyed the activities and services that AFCS coordinated and delivered. We endeavour to expand the work and provide avenues of services, benefits and common interests to all participants.

The launch of Maharlika Lodge Respite home in July 2023- overnight stay for carers and recipients is another milestone in AFCS' active pioneering work. A realization of years of planning and working together for the welfare of many now, and the succeeding generations.

We communicated with and hosted the official delegation from the Philippine Government representing the Department of Social Welfare and Development (DSWD) and the Commission on Filipinos Overseas (CFO). We valued and exchange ideas on how to enhance and effectively share resources and professional expertise in relation to our health promotion program in the Philippines.

The first Senior's Walk held at the Quezon City Memorial Circle in October 2023 welcomed the presence of Ms. Hae Kyong Yu-current Australian Ambassador to the Philippines with her key staff, Ms. Maina Walkley-former Honorary Consul in Melbourne & now Secretary-Treasurer of AFCS, Mr Mel Robles-CEO of the Philippine Sweepstakes Office, Mrs. Minda T. Cruz-former Philippine Ambassador to Australia, Mr. Luis Cruz-current

Special Envoy from the Department of Foreign Affairs and Secretary Romulo Arugay of the Commission on Filipinos Overseas.

To DSWD and CFO leadership and members we send our esteemed thanks and appreciation for our enduring partnerships. I extend our accolades to all involved in the preparation and delivery of these worthy and lasting experiences.

To all AFCS members, staff and volunteers I convey my personal and sincere thanks for all your loving concern in the community and willingness to enjoy life's journey. United, we will work hand in hand to lift and be a part of the enrichment and nourishment of each other's lives, and with the blessings and unconditional love from our Heavenly Father we hope to bless many more in the coming years.

On behalf of the AFCS Board, I will always cherish your endearing dedication and participation to the larger scope of our work.



Gerardo Ocampo

Gerardo Ocampo
Chairperson

Throughout the year we have enjoyed the activities and services that AFCS coordinated and delivered. We endeavour to expand the work and provide avenues of services, benefits and common interests to all participants.

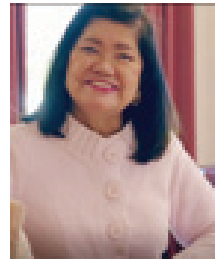
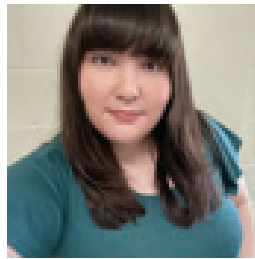
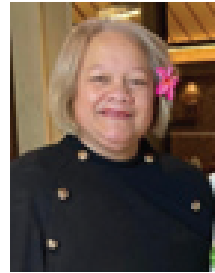


Inaugural Seniors Walk 6 October 2023 at Quezon City Memorial Circle featuring the Australian Ambassador to the Philippines Her Excellency HK Yu.

Thank You AFCS Team

We extend our heartfelt thanks to the incredible team at AFCS for their dedication in ensuring the smooth operation of our organisation and for delivering high-quality services and support to the community. Our team work across a range of roles including:

- Management
- Administration
- Service Development and Philippines Outreach
- Group Social Support and Activity Coordination
- Individual Social Support Coordination
- Crisis Support
- Access Support
- In-Home Aged Care Service Coordination
- Care Workers Delivering In-Home Care
- Transport Support
- Spiritual Care
- Volunteer Coordination
- Community Engagement
- IT Support
- Bookkeeping and Finance
- Marketing and Promotion
- Activity and Event Support
- Human Resources



Message from the Victorian Multicultural Commission



Message from Vivienne Nguyen AM Chairperson, Victorian Multicultural Commission

2023/2024 Annual Report of Australian-Filipino Community Services

On behalf of the Victorian Multicultural Commission, I extend my heartfelt congratulations to the Australian-Filipino Community Services (AFCS) Board, Executive team, staff and volunteers for yet another remarkable year of service to the Filipino community in Victoria.

The work of AFCS is truly commendable, particularly its culturally sensitive programs that offer invaluable support to Filipinos living with dementia and their families. These initiatives address the unique needs of the community with both compassion and respect, ensuring that individuals facing such challenges are provided with the care, understanding, and culturally appropriate services they need. The positive impact of these programs on the wellbeing of families cannot be overstated.

I am also delighted to learn about AFCS's recent expansion into the northern and western suburbs, marked by the opening of a new office in St Albans in 2023. This growth will allow even more members of the Filipino community to access these services, strengthening the reach of your organisation's work and enhancing its positive contribution to multicultural Victoria.

It is a true honour to share my best wishes for this year's annual report. I look forward to witnessing AFCS's continued success and am confident that your organisation will keep playing a key role in fostering the well-being, inclusion, and empowerment of the Filipino community in the years to come.

Yours sincerely

A handwritten signature in black ink, appearing to be "V. Nguyen", written over a light blue horizontal line.

Vivienne Nguyen AM
Chairperson
Victorian Multicultural Commission

13 September 2024



Volunteering

AFCS' dedicated team of volunteers and placement students comprise of Centrelink volunteers, placement students studying VET or tertiary education, and general volunteers dedicating their free time to serve the community.

Our team of volunteers worked to improve the quality and effectiveness of services for younger people in the Home and Community Care Program for Younger Persons (HACC PYP) program, which supports individuals aged 16-64 with a disability, frailty, and mental health conditions that impact daily living tasks. Volunteers played a key role by helping with meal preparation, providing social support through wellness calls, home visits and friendly chats at local coffee shops, as well as assisting in the facilitation of service information sessions for HACC PYP participants. The HACC PYP program is funded by the Victorian Department of Health.

Our team of volunteers also plays a vital role in enhancing our aged care services and charity initiatives. They assist with tasks such as setting up and packing down events, helping in the kitchen, serving meals to the community, providing transport support, and delivering friendly calls and visits.

This financial year, we hosted a total of 60 students from VET and tertiary studies including Community Services, Aged Care and Social Work. As part of their training, students received cultural awareness education focused on supporting Filipino clients, which included learning the respectful use of terms such as 'tita', 'tito', and 'po'. Students had opportunity to gain hands-on experience in providing community-based support that is tailored to individual needs, focused on reablement, and designed to enhance a sense of belonging in the community.

We thank all our volunteers and placement students for their dedication, talents and compassion in supporting the community.



Volunteer Eric Maliwat in Sydney broadcasting on AFCS' Kalingang Pinoy Radio in partnership with TripleO Radio.

**60
placement
students**

**Over
7,000
placement
hours**



Teaching seniors digital skills through the Be Connected program



CEO's Report

I am humbled to present this year's annual report as AFCS' first CEO—a milestone for the organisation in its commitment to enhancing services and support to the Filipino community in Victoria.

The Board and Management have worked collaboratively in continuing to build AFCS' organisational infrastructure. This includes staffing, regulatory compliance and improved management of the organisation's operations. Our growth as an organisation will be instrumental in the expansion of our services, and adopting the changes brought on by the Aged Care Reform in the near future.

This year we grew our team to 8 full-time staff, 11 part-time staff and 37 casual staff.

We engaged 46 volunteers and 60 placement students to support our services, activities and events.

Our growing team is a direct response to the growing needs of the community. I am incredibly proud of our team's efforts in providing services and support met with quality care and professionalism.

In June 2024, our team underwent AFCS' first quality audit conducted by the Aged Care Quality and Safety Commission for Commonwealth Home Support Programme services, and we successfully passed the audit. This achievement underscores the commitment and dedication of our team to maintaining high standards of care and support for our clients, ensuring that our quality of service meets or exceeds the National Aged Care Quality Standards.

We have continued to work in delivering on the strategies outlined in AFCS' 5-Year Strategic Plan. A few highlights are:

- The implementation of our Clinical Governance Framework and supporting policies, procedures and standard of practice across our personal care services.
- Expansion in the delivery of culturally appropriate crisis support and case work for men, women and families.
- We delivered carer support activities (carers include family and friends of those living with chronic conditions, cancer, dementia, disabilities and frailty)
- Provision of cultural activities and events that fostered cultural learning, celebration and appreciation. This included our 3rd Annual Celebrate Filipino Community Gathering, the 2nd Annual Filipino Fiesta at the Point Cook Pop Up Park, and the Colours of the Philippines Cultural Show.

- Increased our support with meal donations, crisis support, short-term crisis accommodation at our Filipino Charity House.
- Increased funding sources including fundraising efforts and calls for donations.
- Employed more staff, and invested in the training and development of staff and volunteers.
- Expanded the number of education partners to deliver more student placement opportunities. This opened up more opportunities to employ past students and increase our workforce.
- Increased partnerships with local businesses and organisations to support the delivery of community services and activities.
- Expanded our social media platforms and efforts to deliver more and diverse types of content, as well as reach different age groups in the Filipino community.



As we continue to grow our reach in the community, I am encouraged by the growing support from local, state and federal governments in funding us and collaborating with us with the provision of community activities and services.

I sincerely thank and commend our dedicated staff and volunteers, who are truly the driving force behind the continued success of AFCS. Their passion, hard work, and commitment are the backbone of our ability to provide high-quality, meaningful services to the community. It is through their tireless efforts that we are able to uphold our mission and make an impactful difference in the lives of those we serve.

I also thank the Board of Directors for your leadership and vision. Your guidance is vital to AFCS' growth and success as a trusted community service provider. I deeply appreciate your contributions to building a stronger future for the Australian-Filipino community.

A handwritten signature in black ink that reads "Corina Dutlow". The signature is written in a cursive, flowing style.

Corina Dutlow
Chief Executive Officer



CEO Corina Dutlow led the creation of the 10-week Casey Women's Aqua Exercise program, developed from the City of Casey and Federation University Australia's research on improving physical activity for women. The program gathered feedback from the Casey women on their barriers to staying active, and ideas to overcome these.

“ I sincerely thank and commend our dedicated staff and volunteers, who are truly the driving force behind the continued success of AFCS. ”



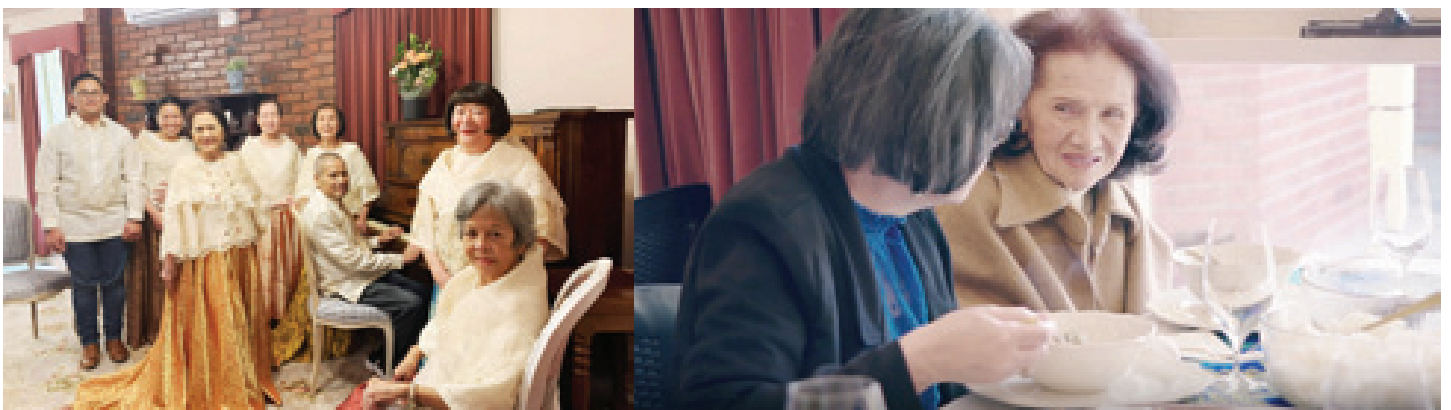
AFCS is a member organisation of the Voice of the Outer South East (VOSE), the offshoot organisation of ECCV to support ethnic communities in Melbourne's south east. As a representative of AFCS, Corina was appointed Chairperson of VOSE in December 2023. In February 2024, she led the Board in their first strategic planning meeting.

Introducing Maharlika Lodge™ Respite Home

Maharlika Lodge is Australia's first dementia-friendly Filipino respite home, designed to cater specifically to the cultural and care needs of Filipinos living with dementia and their carers across metropolitan Melbourne and regional Victoria. AFCS was awarded \$1,162,500 funding under the Improving Respite Care for People with Dementia and Their Carers Grant (2023-26), the Maharlika Lodge Overnight Respite for Filipinos Living with Dementia and Their Carers Program is an innovative and specialised model of respite care offers Filipino-speaking staff, culturally authentic meals, and activities that celebrate Filipino heritage, ensuring a comforting and familiar environment for our participants.

AFCS acquired the property in March 2023 under a commercial lease and commenced works and curated the property to be safe, accessible, dementia friendly, and culturally immersive. AFCS piloted respite activities from May 2023. In July, we began providing overnight respite care to Filipinos living with Dementia and their carers in July 2023. Since then, we have had 120 carers and seniors living with dementia stay at Maharlika, with over 80 of them accessing respite care for the very first time!

During the respite stays, participants engaged with Filipino health professionals and clinicians in a community rather than clinical setting. The approachable environment supported conversations about the health and support needs for people living with dementia, as well as their carers. Our team worked with participants and their families/carers to plan and support them for when receiving respite care at Maharlika Lodge. In between stays, we continued contacting participants and supporting them with carer information, referrals for services, and assessment.





Maharlika Lodge Respite Home is also used in providing other respite support:

Flexible Respite under the Commonwealth Home Support Programme (CHSP) which may be day or overnight respite.

Centre-Based Respite in partnership with Alfred Health Carer Services under the CHSP (see page 16).

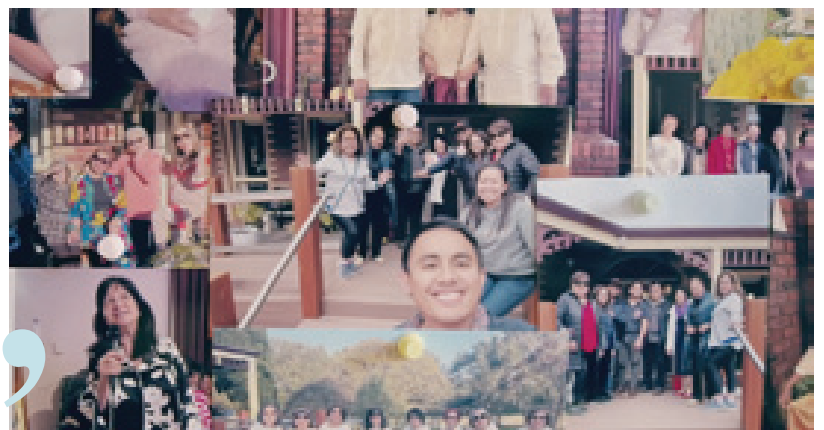
Home Care Package Respite utilising of HCP recipients’ funding for day or overnight respite.

NDIS Respite utilising of NDIS recipients’ funding for day or overnight respite

Maharlika Lodge has become a place where learning, care, and community come together.

Through our partnered education institutes and training organisations, students are immersed in what culturally specific care looks and feels like, and gain invaluable hands-on experience in delivering compassionate, individualised support.

“ *The approachable environment supported conversations about the health and support needs for people living with dementia, as well as their carers.* ”



Philippine Government Dignitaries Visit Maharlika Lodge™

On March 21, 2024, AFCS hosted a warm and welcoming luncheon at Maharlika Lodge™ with guests Secretary Romulo V. Arugay of the Commission on Filipinos Overseas (CFO), his wife Mrs Cecilia Arugay, Philippine Consul General Maria Lourdes Salcedo of the Philippine Consulate General Melbourne, and

Ms Maria Carmela Rivera and Ms Maryvelle Penano also from the CFO. Upon arrival, our guests from the Philippine Government were greeted with welcome dances by seniors from our Knox Wellness Group.

Our CEO and Board Members provided a tour around Maharlika Lodge™, sharing the various activities and support provided at Maharlika Lodge™ to Filipino seniors, carers, and those living with dementia.

Our guests enjoyed an Aussie and Filipino lunch with delicious barbeque lamb and steaks.

During lunch, AFCS Staff and Board Members shared about their migration journeys and challenges in Australia. Community Champions Tita Lourdes 'Ludy' Dellamas and Tita Violeta 'Letty' Lorenzana shared about their fun and meaningful experiences at Maharlika Lodge™ and the impact AFCS' support has had on their health, wellbeing and connection to the Filipino community in Australia.

Board Members Gerry and Maina, and Sec. Arugay were able to look back on their first meeting in October 2023 when AFCS initiated the first-ever Seniors Walk 'Healthy Brain Healthy Life' event in

AFCS hosted a special Aussie breakfast to meet and welcome to Australia members of the Presidential Team of the Philippines at Maharlika Lodge™ Respite Home on Tuesday 5 March 2024, while in Melbourne as part of the Philippine Delegation led by His Excellency President Ferdinand R. Marcos Jr. for the ASEAN-Australia Special Summit (3-6 March).

The Board with staff and volunteers welcomed Sec Rex Gatchalian, Dept of Social Welfare and Development; Undersecretary Adonis Sulit; Ms Evelyn Aribon, Chief of Staff; Ms. Hannah Giray; and Consul Jan Sherwin Wenceslao.

During breakfast, our CEO Corina Dutlow shared about the 'Overnight Respite at Maharlika Lodge™ for Filipinos Living with Dementia and their Carers' project. Board members Maina and Gerry further shared about AFCS' other services and activities in the community and our Philippines Outreach Projects in the dementia awareness space and building sustainable partnerships with NGOs to continue supporting ageing Filipinos in the Philippines.

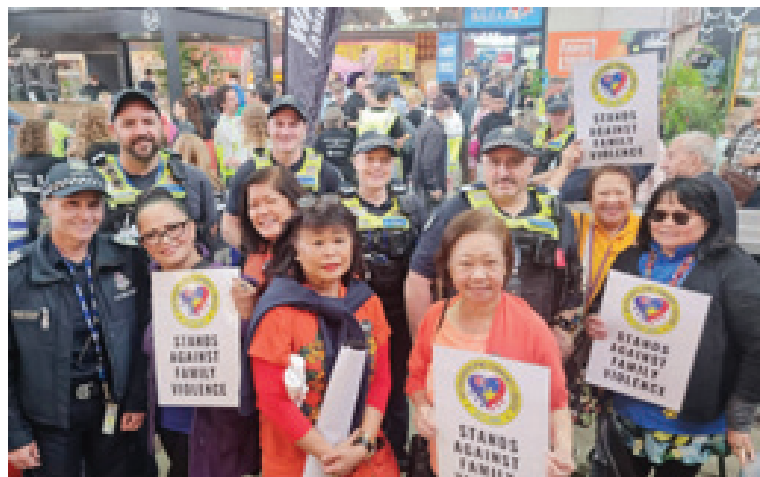
partnership with the Quezon City Government and the Commission on Filipinos Overseas, attended by more than 500 people to celebrate Filipino Seniors Week 2023 (1-7 October 2023).



AFCS Takes a Stand Against Family Violence

AFCS joined thousands of Australians on 24 November 2023 in a sea of people wearing orange calling for supporters and communities to end violence against women, children and families in a march from the steps Parliament to Carlton Gardens.

A few days later on 27 November 2023, AFCS participants, volunteers and staff are here at Annual Walk Against Family Violence in Dandenong.



**FILIPINOS PREVENT
FAMILY VIOLENCE**



Commonwealth Home Support Programme

During the 2023-2024 period, AFCS successfully served the community at optimal levels, free from the constraints of the COVID-19 pandemic.

During the pandemic, AFCS had been working with clients for assessment of services for CHSP and Home Care. Many of these clients started using our services and maximising their attendance in 2023-2024.

Last May 2023, AFCS grandfathered an additional 278 clients to My Aged Care with more than 550 services to be put in place from July 2023. These clients were an accumulation of pre-existing clients not yet on the My Aged Care system and new clients wishing to avail AFCS services.

This year, the Department of Health and Aged Care's recurrent funding of \$750,686 to provide culturally specialised services for Filipino seniors over 65, to remain living in their homes independently, and remain active and engaged with family, friends and the community.

We delivered the funded services in the following regions:

Southern Metro

- Social Support Group (Cranbourne Wellness Group, Carrum Downs Wellness Group and Barkadang Young Once [BYO] Men's Group)
- Social Support Individual (friendly calling and visiting, and accompanied shopping and medical appointments)
- Personal Care (personal grooming and personal care assistance)
- Home Maintenance (garden maintenance)
- Domestic Assistance (unaccompanied shopping, and general house cleaning)
- Specialised Support Services (in-language support and information for dementia, incontinence, vision impairment and hearing loss)
- Flexible Respite
- Meals

Eastern Metro

- Social Support Group (Knox Wellness Group)
- Social Support Individual (friendly calling and visiting, and accompanied shopping and medical appointments)
- Personal Care
- Home Maintenance (Garden Maintenance)
- Domestic Assistance (Unaccompanied Shopping, and General House Cleaning)
- Specialised Support Services (in-language support and information for dementia, incontinence, vision impairment and hearing loss)
- Flexible Respite





Western Metro

- Social Support Group (St Albans Wellness Group)
- Social Support Individual (friendly calling and visiting, and accompanied shopping and medical appointments)

Northern Metro

- Social Support Group (Sunbury Wellness Group)
- Social Support (Craigieburn Wellness Group)

Gippsland

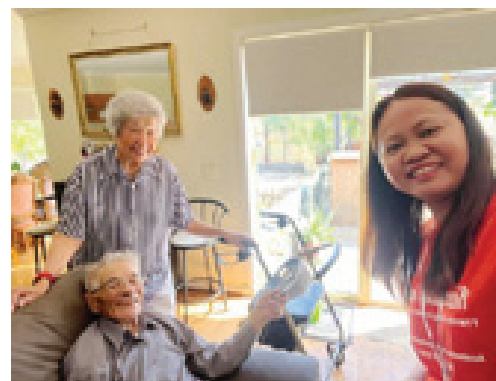
- Social Support Group (AFCS Aqua Exercise program in Morwell, and supporting monthly social outings in partnership with Filipino Seniors and Carers Support Group of Gippsland Inc)



Aged Care Volunteer Visitors Scheme

The Aged Care Volunteer Visitors Scheme (ACVVS), previously known as Community Visitors Scheme is a Commonwealth funded program that provides companionship to older people through friendly visits by volunteers. The program aims to supplement the connection to community for seniors with Home Care Packages. AFCS received \$46,273.50 to deliver friendly visits by volunteers to seniors with Home Care Packages living in Melbourne’s south, north, west and Gippsland regions.

This year we had 10 dedicated volunteers deliver 522 face-to-face visits to seniors in their homes, go out for coffee at the local shopping centre and going for a walk near home. Volunteers also brought Filipino games to seniors’ homes, delicious Filipino snacks and goodies.



Centre-Based Respite and Carer Support

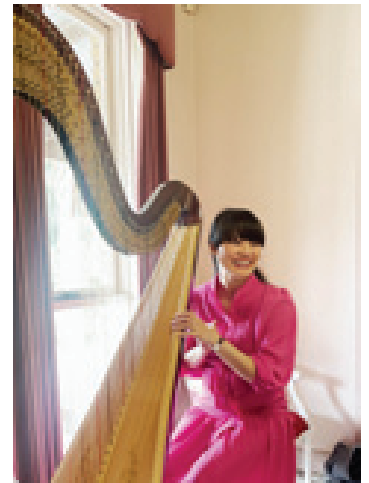
Partnering with Alfred Health Carer Services to Support Carers and Older People

AFCS has continued to be in partnership with Alfred Health Carer Services (since 2022) to deliver regular Centre-Based Respite (CBR) activities to seniors 65+ to give their carers a break from their caring roles. Moreso, our respite support for Samoan seniors has continued, in partnership the Victoria Australia Samoa Seniors Inc (VASSI) who we have been delivering other aged care services and had employed a Samoan-speaking activity coordinator. Alfred Health Carer Services has supported this partnership with \$251,965 in funding.

During the year we delivered our Musikahan music-oriented activity, and Community Fun Day. The Samoan seniors group gathered twice weekly for activities that included exercise, singing, card games, and dancing.

In August 2023, we launched a new pilot program called SaYaweh Dance Worship facilitated by Pastor Eric Maliwat and Tita Ebony Farquhar. This culturally specific program focuses on the spiritual and cultural wellbeing of aging Filipinos, incorporating what we term 'culturo-spiritual wellbeing.'

AFCS received funding of \$7,200 to deliver an event for carers. We held our 2nd Annual Philippines and Samoa Independence Days event and had guest speakers from Alfred Health Carer Services come and speak about services available for carers.



“During the year we delivered our Musikahan music-oriented activity, and Community Fun Day.”

Home Care Services

The Commonwealth Government's Home Care Package program supports older people with increased care needs, to live independently in their homes. AFCS is partnered with various Home Care Package Providers by which we provide Filipino Care Workers in order to deliver home care services. These partnerships increase access to culturally appropriate aged care to older Filipinos, and provides employment opportunities to Filipino aged care qualified workers to utilise their language and cultural traits to support ageing Filipinos.

AFCS Care Workers have assisted seniors with in-home support and companionship that includes cleaning, preparing delicious and nutritious Filipino meals, providing personal care, as well as taking seniors on outings, shopping, and to attend Medical Appointments. Seniors with Home Care Packages have also accessed overnight respite at Maharlika Lodge, in-home respite care, and day respite activities.



31 care workers employed providing culturally appropriate care
28 home care package clients
More than **5,000** hours of services delivered
8 Home Care Package Provider Partners

Careers for Carers

AFCS is grateful for the partnership with APEX Institute, Australian Multicultural Services, Stirling Institute of Australia and Jobs Victoria for this life changing project and career development opportunity offered to carers.



"As a carer, I never thought a career change will happen to me... but I did it!" shared Norma Patrizi, a retired corporate manager. Norma completed her Cert IV in Aged Care and Disability together with 15 other mature aged carers. AFCS partnered with Stirling Institute of Australia to help carers start a new career while supporting their families through their caring role.

Philippines Outreach - Dementia Awareness and Support

Summary of Services/Activities

July-September 2023 – planning and consultation about dementia awareness in partnership with the Commission on Filipinos Overseas. Our Chairperson Gerry Ocampo, Maina Walkley and Chaplain Norminda Forteza met and planned with Secretary Romulo Arugay to conduct the first Healthy brain, healthy life! Seniors Walk.

The local government of Quezon City accepted the partnership and organised their team for the event. More than 500 seniors and volunteers participated. Our Australian Ambassador HK YU, came to walk with our seniors in the iconic Quezon City Memorial Circle. In her speech she said, 'I am so proud of these wonderful people from AFCS who organised a fantastic event to educate the community on how to reduce the risk of dementia, what a fabulous initiative.

November 2023 - Consultation with the Luzon Convention Southern Baptist Church highlighted the need for a built environment to support mental health and memory clinic. It is proposed to build a portable home/clinic/retreat house for ageing pastors and workers. It can also be used for members of the community as part of awareness program.

December 2023 - Consultation with Paco Baptist Church highlighted the need to support their Seniors Wellness Centre that I to offer centre based activities to promote healthy ageing.

January 2024 - AFCS hosted Healthy brain healthy life during the Lide-Walker Conference attended by 250 theologians, pastors and workers. Guest speakers were from local church whom we trained as Community Educators. Other special guests were Dr Bong Sanosa, Precy Cruz from Dementia Society of the Philippines. The session highlighted the need for a Preventing Dementia Approach in Community Awareness.



AFCS Respite House, Baguio

Impact of this Respite House Improvement project: it is shaping up to be a place for seniors meeting, training, and for indigent cancer patients needing a place to stay while waiting for their treatment at Baguio General Hospital.

We signed a one-year lease of a three- bedroom house owned by the Philippine Baptist Theological Seminary for Seniors and Carers Respite activities and short term housing for cancer patients. Cost per month (20,000 pesos) plus utilities. Furnitures are needed such as 3 single bed and mattress, 1 double bed, TV Monitor, fridge, couches, dining chairs. Improvement done on selected areas of the house as per priorities identified: disability access ramp and installation of grab rails in toilets and lounge area for safety.

Raise awareness of elderly care and "what is respite". Respite is a foreign term in the Philippines. The idea of rest is usually taken for granted by carers and families. Through the respite home, we are able to promote the idea of respite. At present we have serviced 11 families who are cancer patients





The Wicking Dementia Research and Training Centre Australia training to be effective community facilitators. To date, we have 13 community facilitators who have completed the foundational training.

February 2024 - Luzon Women's missionary Union Healthy Brain, Healthy life awareness session held in Bulacan was attended by 185 women leaders. The session highlighted the need for town by town training of community educators to inform and empower the community about dementia and its challenges in collaboration with Barangay leaders. It was also highlighted the need for a formal training in spiritual care for our volunteer community educators. Thus the Chaplaincy Training was offered. There were religious ministers interested who requested for scholarship grant. We offered 6 places Estimated cost \$600 per unit per person.

March 2024 - Recruitment and Training of the first batch of Senior Adults Ministry Community Educators was held in Selah Hotel and Baguio City. 15 trainees completed the understanding the older person, what is Dementia and risk reduction. In consultation with our AFCS trained community educators, the first Senior Adult Ministry Leadership Camp will be held in October to coincide with the Seniors Week.

Impact of this project: Community Educators Training session was developed to recruit volunteer educators. As of June we have recruited 11 community educators and 8 Chaplains, and 3 volunteer coordinators.

April 2024- Healthy brain healthy life in Partnership with Central Visayas Convention of Southern Baptist Churches was attended by more than a hundred leaders and seniors. This ground breaking work will promote dementia awareness, leadership training to Central Visayas.

May 2024 - A Strategic Partnership meeting with the Secretary Romulo Arugay, Chair of the Commission on Filipinos Overseas was held in their new office in Quezon City following the success of 2023 Seniors Walk. We agreed to partner with 3 local governments: Bulacan, Cavite, Baguio targeting 500 seniors and Carers in each municipality.

Bulacan wide Adult Milk Program Timetable

Schedule of Seminar in "Healthy Brain Healthy Life".

Date: June 01, 2024 Saturday
 Time: 9am - 11am
 Venue: Caingin Christian Baptist Church - 100pax
 Time: 2pm - 4pm
 Venue: World Changers Church, Chaplain Dan Abangco - 25 pax
 Date: June 02, 2024 Sunday
 Time: 2pm - 4pm
 Venue: Daungan Church - Chaplain Nato E. 25 pax



AFCS offered free memory screening to seniors in the community led by Miss Precy Cruz, a dementia specialist nurse and former Memory Centre Coordinator at St Luke's Hospital, Quezon City trained our chaplains how to conduct cognitive assessment and then they offered free memory testing to seniors in Bulacan.



June 2024 - Healthy brain, healthy life, MINDORO follow up. A follow up meeting with Bethany Community of Faith, Mindoro Occidental - this is our second year of working with them, the need to address poverty and lack of purposeful activities for seniors was discussed on June 8 attended by 30 participants. A livelihood program called "Eggs for Growth: Backyard Egg Laying Chicken program" has been planned with Dr Asuncion Beltran, Australian Educated Scholar to manage and implement servicing 10 families and providing 20 chickens they will grow and multiply.

Completed Chaplaincy Training and Dementia Online course with the University of Tasmania Wicking Dementia Research and Training Centre Australia.

Impact of this training: The following are trained chaplains that are now ready to serve and conduct healthy brain healthy life sessions as well as offer short term counselling to seniors.

Clinically trained Chaplains:

- Pangasinan - Rev Junel Chavez
- Bulacan - Chaplain Ditas Leonardo
- Bulacan - Chaplain Hanna Ducos
- Bulacan - Chaplain Rev Dan Abangco
- Bulacan - Chaplain Gina Ventura
- Muntinlupa - Chaplain Becky Gambuta
- Baguio - Chaplain Marie Bildan

- Baguio/Tarlac - Chaplain Joyce Vytiaco
- Baguio - Chaplain Freda Tagtag
- Palawan - Chaplain Urduja Saspa
- Palawan - Chaplain Gloria

The following are trained community educators through the Tasmania University - Wicking Dementia Research and Training Centre Australia Massive Open Online Course "Understanding Dementia"

- Thess Yambao
- Dr Marian Lynn DeLaza
- Chaplain Norminda Forteza
- Rev Chaplain Junel Chavez
- Fe Galao
- Pastor Paul Galao
- Chaplain Ditas Leonardo

Challenges and Areas to Improvement

Areas for Improvement: Baguio Respite needs improvement to be operational: furnitures, beds, kitchen, decors, working fridge, tv monitor for training, and sitting and dining furnitures. Computer and printer for training use.

Challenges: Fundraising for operational funds and activities

Travel time: Very long due to traffic



CFO Sec Romulo V Arugay with AFCS staff and board.

Filipino Charity House

We continued the provision of crisis support accommodation at the Filipino Charity House in Doveton (since 2020), to support individuals and families in the Filipino community experiencing domestic violence, elder abuse or at risk of homelessness. The Filipino Charity House is an unfunded initiative that AFCS as a charity provides to vulnerable members in the Filipino community, relying on donations, fundraising, and other income to support costs. This year we supported 10 individuals and 1 family with short-term accommodation. In conjunction with this support, we provided crisis support case work by qualified Social Workers to assist in accessing mainstream support services including My Aged Care, Services Australia, Victoria Police, Department of Home Affairs, Local Government, and the Victorian Department of Families, Fairness and Housing and non-government organisations.

We thank Doveton Baptist Church for partnering with us and leasing their residential property to support the delivery of this valuable benevolent service.



Tita Bernadita Barr shows off her beautiful flowers at the Filipino Charity House.

Reminiscing Garden



The Filipino Charity House provides even more support to the community with its backyard area converted into a beautiful garden. This year, the garden hosted a World Alzheimer's Day lunch on 21 September 2023, to increase the awareness of Alzheimer's and have constructive conversations with seniors and carers.

On 8 November 2023, we delivered a Prayer Day at the garden, encompassing the spiritual wellness of our seniors. Guest speaker Elissa Macpherson from the Baptist Women of the Pacific joined via online.

On Thursday 25 January 2024, our staff and volunteers hosted the AFCS Financial Members' Australia Day BBQ. Members had a chance to mingle with fellow members and meet our growing team of staff and volunteers.



Active Youth and Families

Filipinas in Sport

Our Filipinas in Sport girls went to the Australian Open for Kids Tennis Day on 13 January 2024.

It was a fun-filled family day, packed with activities that introduced the basics of tennis. Children enjoyed building new friendships, while parents had the opportunity to strengthen their bonds with their kids through sport.

Our Filipinas in Sport initiative supports Filipino girls and women in being physically active and trying different sports, and is part of our health promotion campaign launched mid-2023. The campaign-turned-program aims to inspire Filipino women and girls to lead healthy, active lives, and provide opportunities to celebrate the achievements of Filipino sportswomen and girls.



Guard of Honour with Filipino Families

AFCS was invited by Melbourne Football Club and the City of Casey to offer families and community members the chance to experience the Guard of Honour during the Melbourne Demons and Adelaide Crows game on 23 July 2023 at the MCG. Families received flags, scarves and a Guard of Honour lanyard as they travelled through the MCG on to the pitch, ready to cheer the players as they entered. The moment was captioned on national television.

On 16 September 2023, we were given the opportunity to have our Tinikling performance play on the big screen during quarter time, and have participants from our Tinikling program be interviewed about being involved in the cultural dance program. Our CEO was also invited to do the coin toss.



Filipino Family Footy Fun!

AFCS partnered with Casey Demons Football Club for the second year to deliver the Filipino Family Footy Fun! Event. The event provided an opportunity for the Casey Demons VFLW team to engage the Filipino community and deliver a family friendly footy clinic. During the break, participants and players engaged in a cultural exchange over a yummy Filipino lunch. The children and players also had some fun making a TikTok video. We thank the Casey Demons VFLW team and the Club for accommodating us, and thank all participants, staff and volunteers involved in making the event happen.

City of Casey Community Game Day 2024

On 18 May 2024, families involved in the Filipino Family Footy Fun! activities joined for a yummy lunch at the City of Casey Community Game Day function at Casey Fields. The club shared their collaborative efforts with the City of Casey in delivering the #CaseyGirlsCan Women's Football and Exercise program. Our CEO Corina Dutlow was invited to speak on the community collaboration with AFCS to deliver community clinics for the Filipino community 'Filipino Family Footy Fun!' over the last 2 years.



On Saturday 23 March 2024, Team Philippines a.k.a The Kalabaws played in the Australian Football International's Touch Footy World Cup 2024 at Box Hill Rugby Club. The Kalabaws team is an opportunity for Filipinos to connect through sport and learn Australia's national sport of AFL football. The team trained at a local park in Narre Warren on weekends to play friendly matches against other country teams. Other country teams in various divisions included Solomon Islands, China, Switzerland, United Nations, Netherlands, Zimbabwe, Colombia, El Salvador and Mexico.





Let's Tinikling! Community Dance Class

In early August 2023, we launched our 'Let's Tinikling' community dance classes at the Doveton Baptist Church hall. The classes welcomed families and individuals of all ages and abilities, offering a fun and engaging way to learn the traditional Filipino dance, Tinikling. The program aims to connect Filipinos in the local community, foster positive relationships within Filipino families, and help preserve Filipino culture and heritage. Supported by the City of Casey, the program was led by our dedicated volunteer teachers, Mama Ludy Dellamas, Tita Babie Grant, and Tita Ebony Farquhar, with additional support from program staff.

The children in our Tinikling class took a significant step in their journey by performing for the first time at our Colours of the Philippines Fundraiser Lunch Cultural Show on 25 November 2023. As they continued to build their confidence into the new year, they showcased their growing skills at several other community events, including:

- The Sinulog sa Cranbourne at Agatha's Catholic Parish in January
- Ube Festival at Queen Victoria Market in February
- AFCS' Celebrate Filipino Community Gathering at Wilson Botanic Park Berwick in March
- The Casey Kids Carnival at the Old Cheese Factory Berwick in April
- The Filipino Fiesta at Point Cook Pop Up Park in April

Each performance marked a milestone in their development and helped share the rich traditions of Filipino culture with the wider community.

Sharing Filipino Culture in Schools

On 20 March 2024, members of our Let's Tinikling! class participated in the Harmony Day celebration and assembly at Rivercrest Christian College. During the event, one of our Tinikling students, alongside our staff, performed for the ELC to Grade 5 students and invited both students and teachers to try the Tinikling dance themselves.

As part of our school engagement efforts, we began offering school workshops from May 2023, when we delivered three 60-minute sessions to 80 primary school students each session, at Knox Park Primary School's Asian Cultural Day.

Filipino Fiesta at Point Cook Pop Up Park

The Filipino Fiesta at Point Cook Pop Up Park, held on 13 April 2024, was a lively celebration of Filipino culture, in partnership with CoLocal and supported by Stockland and Wyndham City Council. The event featured a variety of activities, including children's entertainment and cultural dance performances from AFCS' dance groups, including the Sunbury Wellness Group, the Let's Tinikling! class, and AFCS Cultural Ambassadors.

Other highlights included indigenous dances from the Cordillera Victoria Igorot Organisation, cultural performances by the Maharlika Social Group of Victoria, and a singing performance by Ericka May Bait. Filipino businesses, community groups, and organisations were also featured, creating a vibrant atmosphere that brought the community together.

A standout activity was a yoga session by Melissa Thomas, welcoming attendees of all ages to join in and enjoy a moment of relaxation. Additionally, children were entertained with storytelling sessions in both Filipino and English by Anna Manuel, and the Let's Tinikling! class led a community workshop to teach the traditional Tinikling dance, with plenty of community-led dancing throughout the day.

“The event featured a variety of activities, including children's entertainment and cultural dance performances from AFCS' dance groups...”



Photos by: David Mullins Photography



Celebrate Filipino! Community Gathering

On Saturday 16 March 2024, we held our 3rd annual Celebrate Filipino! Community Gathering at Wilson Botanic Park Berwick, attracting approx. 600 people and showcasing AFCS' growing Filipino performing arts efforts across generations and regions in Victoria. Iconic to the Gathering, we hosted our 'Free Lechon Lunch', sharing Filipino culture through food. The event was supported by the City of Casey.

In its third year, the event observed National Neighbour Day (31 March) with the focus in connecting local Filipinos to local services and information about the community.

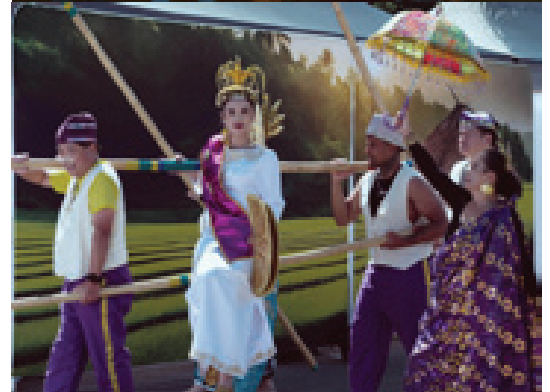
This year was filled with family-friendly activities including face painting, Filipino games, the Wilson Botanic Park Berwick Scavenger Hunt with Filipino translation (courtesy of AFCS), AFL footy games, and who could forget our annual TINIKLING CHALLENGE! This year's AFCS Tinikling Challenge reached new heights with more members of the community giving the Tinikling a try and learning about its cultural significance. We launched our Tinikling Challenge on TikTok in our efforts to promote the fun and joy the Tinikling dance brings.

We had the inaugural children's Tinikling performance at the Community Gathering - a success from last year's Community Gathering that sparked community interest by families wanting to enrol their children to learn the Tinikling. With the funding support from the City of Casey, we were able to establish the 'Let's Tinikling! Community Class' in July 2023. The event also showcased AFCS cultural ambassadors who performed the Singkil and Fan Dance.

Our guests and speakers at the event were Brad Battin MP for Berwick, Consul General Ma. Lourdes Salcedo and Consul Ralph Abarquez from the Philippine Consulate General Melbourne, Ann-Marie Hermans MP for Southern Metropolitan Region, and Damien Rosario, former Deputy Mayor of City of Casey.

AFCS had an information and fundraising stall to provide service information about what we do to support the community, and the selling of Filipino cultural attire as part of our fundraising efforts. AFCS set up an information and fundraising stall to share details about our community support services and sold Filipino cultural attire. Funds raised went towards the Filipino Charity House, to support the provision of short-term accommodation for Filipinos in crisis.

“ We launched our Tinikling Challenge on TikTok in our efforts to promote the fun and joy the Tinikling dance brings. ”



Cultural Enrichment & Celebration

AFCS provides many opportunities throughout the year for cultural learning, sharing and celebration. We embed this in our aged care social support and respite services including Musikahan and Community Fun Day Centre Based Respite activities, and our Knox, Sunbury, St Albans, Carrum Downs and Cranbourne Wellness Groups.

This year we have celebrated and observed culturally significant days including Flores de Mayo, Easter, Philippine Independence Day, Undas, and Christmas.

Pasko sa Casey

We collaborated during Christmas with Young Generation Filipino Senior Citizens Club of the South East to deliver the very first 'Pasko sa Casey' at John Pandazopolous Hall on 17 December 2023. The event was filled with performances, children's activities, community raffles, gift-giving from Santa, games delicious food, and lots of community dancing. The event had a spiritual focus on the birth of Jesus and community spirit of harmony.



Colours of the Philippines Cultural Show

Saturday 25 November, we had our Colours of the Philippines Fundraiser Lunch & Cultural Show, raising funds for our outreach projects in the Philippines to support seniors living with dementia.

We had various performances by AFCS, international classical guitarist Bernard Soler, and musical duo Maribeth Ramos and Noel Paul. The dance performances were organised and choreographed by Mama Ludy Dellamas and Tita Babie Grant.



Australian Filipino Community Services Inc

ABN: 72 796 896 282

Statement of Profit or Loss

For the Year Ended 30 June 2024

	2024	2023
	\$	\$
Revenue	2,141,660	1,591,785
Employee benefits expense	(1,360,400)	(822,357)
Project expenses	(568,526)	(425,015)
Rental expense	(167,695)	(77,264)
Advertising and Promotion	(17,520)	(45,036)
Depreciation and amortisation expense	(2,007)	(2,727)
Other expenses	(221,723)	(124,876)
Surplus / (deficit) for the year	(196,315)	94,510

The accompanying notes form part of these financial statements.

1

Australian Filipino Community Services Inc

ABN: 72 796 896 282

Statement of Financial Position

As at 30 June 2024

	2024	2023
	\$	\$
ASSETS		
CURRENT ASSETS		
Cash and cash equivalents	14,232	114,518
Trade and other receivables	138,642	179,775
Other assets	2,446	-
TOTAL CURRENT ASSETS	155,320	294,293
NON-CURRENT ASSETS		
Property, plant and equipment	109,858	6,639
TOTAL NON-CURRENT ASSETS	109,858	6,639
TOTAL ASSETS	265,178	300,932
LIABILITIES		
CURRENT LIABILITIES		
Trade and other payables	235,118	101,535
Employee benefits	103,997	77,019
TOTAL CURRENT LIABILITIES	339,115	178,554
NON-CURRENT LIABILITIES		
TOTAL LIABILITIES	339,115	178,554
NET ASSETS	(73,937)	122,378
EQUITY		
Retained earnings	(73,937)	122,378
TOTAL EQUITY	(73,937)	122,378

The accompanying notes form part of these financial statements.

2

Australian Filipino Community Services Inc

ABN: 72 796 896 282

Statement of Changes in Equity

For the Year Ended 30 June 2024

2024

	Retained Earnings	Total
	\$	\$
Balance at 1 July 2023	122,378	122,378
Deficit for the year	(196,315)	(196,315)
Balance at 30 June 2024	(73,937)	(73,937)

2023

	Retained Earnings	Total
	\$	\$
Balance at 1 July 2022	27,868	27,868
Profit for the year	94,510	94,510
Balance at 30 June 2023	122,378	122,378

The accompanying notes form part of these financial statements.

3

Australian Filipino Community Services Inc

ABN: 72 796 896 282

Statement of Cash Flows

For the Year Ended 30 June 2024

	2024	2023
	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES:		
Receipts from customers	2,385,104	1,593,948
Payments to suppliers and employees	(2,380,164)	(1,572,531)
Net cash provided by/(used in) operating activities	4,940	21,417
CASH FLOWS FROM INVESTING ACTIVITIES:		
Purchase of property, plant and equipment	(105,226)	-
Net cash provided by/(used in) investing activities	(105,226)	-
CASH FLOWS FROM FINANCING ACTIVITIES:		
Net cash provided by/(used in) financing activities	-	-
Net increase/(decrease) in cash and cash equivalents held	(100,286)	21,417
Cash and cash equivalents at beginning of year	114,518	93,101
Cash and cash equivalents at end of financial year	14,232	114,518

The accompanying notes form part of these financial statements.

4

The information above is extracted from our audited financial statements for the year ended 30 June 2024. A full version of the statements can be access on the Australian Charities and Not-for-profits Commission (ACNC) website or at our main office upon request.

Secretary-Treasurer's Report

I present the audited financial report for the financial year ended 30 June 2024 for the Australian-Filipino Community Services Inc. For the year, AFCS generated \$2,141,660 in revenue. That's a 34.5% increase, or \$549,875 more than the previous year, which is a fantastic result. The increased funding has allowed us to provide more services, expand our reach, and continue delivering charity initiatives that align with our mission to support the Australian-Filipino community. We also saw an increase in Client Contributions of \$75,073 and received overwhelming community support in donations (\$46,983.54) and fundraising (\$16,289.15). This success is the result of a lot of hard work on our fundraising efforts, as well as the generous support from individuals, businesses, and community partners. I am grateful to everyone who contributed and helped us in our charity initiatives.

Our total spending for the year was \$2,337,975. This included our operational and overhead costs, staffing and employee entitlements, as well as the costs associated with delivering services to our clients and promoting our work to the community. These expenses were necessary to ensure that we could meet the growing demand for our services and continue providing the high-quality care our clients expect.

As of October 2024, the Current Liabilities was \$339,115, which has been reduced to \$178,984 in the first quarter of the new financial year. We ended the year with \$265,178, which helped support our liabilities and reflects the resources we have available towards our financial obligations.

We finished the year with a deficit of \$196,315. The key reasons attributing to this deficit are:

1. Adaptation to Remote Work: During the pandemic, our team moved to remote work arrangements so they could continue working. While this was beneficial for staff well-being and work productivity, it also meant reduced use of annual and sick leave. These costs carried on into the 2023-24 year.

2. Enhanced and Increased Service Delivery: Our dedicated staff proactively expanded programs and services, ensuring that community engagement and support remained strong. We delivered emergency crisis support to vulnerable members in our community that were not funded under any government programs and supported by our charity funds and other income sources.

Additional services were delivered during weekends and afterhours.

3. Increased Community Awareness We delivered more community events on weekends which has heavily supported the growth and awareness of AFCS as a community service provider and enabled the growth of our client base and service reach across Victoria.

4. Client Transition to My Aged Care:

In May 2023, we successfully transitioned an additional 278 clients to My Aged Care. This resulted in the launch of over 550 services starting in July 2023. The increased demand for services led to higher staffing costs to ensure we could deliver these services effectively.



5. Unexpected Funding Timing: We also faced a delay in receiving government funding of \$70,000, which arrived just after the close of the financial year. This affected our cash flow for the month of June 2023.

6. No Christmas Closure: In December 2023, for the first time, we didn't have a forced shutdown period for staff to take forced annual leave.

Our commitment to the well-being of the Australian-Filipino community remains unwavering, and we view this as an investment in our future, ensuring that we continue to make a lasting, positive impact on the lives of individuals and families in need.

Faithfully,

A handwritten signature in black ink that reads "Maina M Walkley".

Maina M Walkley
Secretary-Treasurer

“ *These expenses were necessary to ensure that we could meet the growing demand for our services and continue providing the high-quality care our clients expect.* ”

Thank You to Our Partners

We thank our Partners for working with us to expand our support to the community

Acknowledge Education College, Alfred Health Carer Services, Australian, College of Applied Psychology, Australian Football International, Casey ARC, Casey RACE, City of Casey, Consulate General of The Philippines Melbourne, Coonara Community House, Creativeye Design, Dementia Australia, Department of Families, Fairness and Housing, Department of Health and Aged Care, Doveton Baptist Church, Doveton Baptist Benevolent Society, Doveton Show, Ethnic Communities' Council of Victoria, Federation of Ethnic Communities' Councils of Australia, Filipino Seniors and Carers Support Group of Gippsland Inc., Good Things Foundation Australia, Jim's Mowing and Jim's Cleaning (various contractors), Just Home Care, Let's Get Care, Masagana Filipino Asian Grocery, Melbourne Football Club, MiCare, Philippine Herald Community Newspaper, Phil-Aus, Point Cook Pop-up Park, Raven Medical Dental Centre, Risen Life Church Philippines, RMIT University, Southern Cross Education Institute, Sanjit- taxi services, SBS Filipino, South East Volunteers, St Albans Uniting Church, Stirling Institute of Australia, Stotts College, Super Rapsa, Talyer Auto Group, The Philippine Community Herald, The Gift Society Melbourne, The Philippine Times Australia, Victoria Australia Samoa Seniors Inc., Young Generation Filipino Senior Citizens Club of the South East Inc., 2TripleO Radio, Westfield Knox, Wilson Botanic Park Berwick, James Brewer Carpentry and Building.

International Partners

Bethany Compound Livelihood Center Mindoro, Bukal Life Care, Chaplain Urduja Saspa (Palawan Missionary), Commission on Filipinos Overseas, Dementia Society of the Philippines, Department of Social Welfare and Development, Dr Marian Lynn de Laza (Community Educator, SAM), Life Changers Ministry Baguio, Luzon Baptist Women Missionary Union, Luzon Convention of Southern Baptist Churches, Moonwalk Baptist Church, National Center for Mental Health, Paco Baptist Church Manila, Philippine Baptist Theological Seminary, Philippine Charity Sweepstakes Office, Precy Cruz (Dementia Specialist Nurse), Regenesis Church Philippines, Risen Life Church, The Chaplains Office Dr Yanga Hospital, Tuguegarao Baptist Church Community, Quezon City Government, Quezon City Memorial Circle, United Christian Church Philippines, World Changers Community Bulacan.



Alfred Health Carer Services' Carers' Cultural Day on 21 March 2024 featuring Filipino, Samoan Filipino, Vietnamese and Greek carers.

Board of Directors



Gerardo Ocampo
Chairperson

*Business strategy
and development*



Honorata Grant
Vice Chairperson

*Arts and cultural
enrichment*



Maina Walkley
Secretary-Treasurer

*Community
engagement
and stakeholder
partnerships*



Geneveva Hernandez
Ordinary Board Member

*Consumer
representative and
advisor*



Katrina Del Rosario
Ordinary Board Member

Clinical Governance

Board of Directors of Australian-Filipino Community Services elected on 29 October 2022



AFCS Board of Directors and Staff have dinner at Maharlika Lodge ahead of starting pilot activities at Maharlika Lodge.

A splash of blue in the Garden of Tranquility

Blue flowers symbolise serenity, calmness, and peace.

*At **Maharlika Lodge™ Respite Home**, we are dedicated to ensuring our respite participants feel relaxed, rejuvenated, and empowered.*

Australian-Filipino Community Services

Co-located with Doveton Baptist Church, 127 Kidds Rd, Doveton VIC 3177
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www.afcsvictoria.org.au

