



Good Faith Estimate Disclosure

You have the right to receive a “Good Faith Estimate” explaining how much your behavioral health care will cost.

Under the law, healthcare providers (to include behavioral health counselors), need to give **patients who do not have insurance or who are not using insurance (also known as “self-pay”)** an estimate of the bill for medical items and services within 3 business days of your request for a Good Faith Estimate. Walk-ins are not entitled to a Good Faith Estimate.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your healthcare provider gives you a Good Faith Estimate in writing at least one business day before your medical service or item. You can also ask your healthcare provider, and other providers you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, please visit www.cms.gov/nosurprises or contact the No Surprises Helpdesk at **1-800-985-3059**.