



Dear Healthcare Provider:

I am writing to you on behalf of my patient living with Parkinson's disease, a progressive disorder that affects movement and often presents significant challenges when it comes to medication management. I would like to take this opportunity to share some crucial information about my patient's medication regimen, which I hope will aid you in providing the best possible care.

The medications taken for Parkinson's disease are critical for managing the symptoms effectively. However, their efficacy relies heavily on strict adherence to a specific schedule. Even an hour's discrepancy in administration can lead to a worsening of symptoms, such as increased tremors, rigidity, or bradykinesia. It is essential to maintain the punctuality of these medications to avoid unnecessary discomfort and potential complications.

Recognizing that branded medications used may not be available in your formulary, my patient has taken the liberty of bringing them. This is to ensure continuity of care and to prevent any potential issues arising from switching to a different brand or formulation.

Moreover, I would like to bring your attention to certain medications that should be avoided due to their potential to exacerbate my Parkinson's symptoms. Dopamine blockers, such as haloperidol and chlorpromazine, can interfere with the action of Parkinson's medications and worsen symptoms. Similarly, certain drugs used for nausea and vomiting, including metoclopramide and prochlorperazine, can also have detrimental effects on their condition.

I understand that the demands of healthcare provision are many and complex, and I am deeply appreciative of your diligence and attention to detail. My hope is that this information will serve as a helpful tool in managing their care during the time under your supervision.

Thank you so much for your dedication and the excellent care you provide. Your understanding and support make a tremendous difference in their journey with Parkinson's disease.

Yours sincerely,