



U.S. Railroad Retirement Board

Pre-Retirement Seminars

For railroad employees and spouses
within five years of retirement



About Pre-Retirement Seminars

The RRB's Pre-Retirement Seminar program is designed to help educate those nearing retirement about the benefits available to them, and what to expect during the application process. Our benefit experts are available at each seminar to answer questions from program attendees, who receive a seminar kit full of helpful materials. Online registration is required.

What to bring

If you have not yet submitted any of the documents required in order to file a railroad retirement application (such as proof of age, marriage, or military service), please bring the original records or certified copies with you, along with an additional copy of each item to leave behind with our staff.

How to register

Space is limited, register at **RRB.gov/PRS** as soon as possible to claim your spot.

Seminar full? Join the wait list! You may be added if space becomes available, and your registration helps us plan future seminars. You can also view a video of the seminar at **RRB.gov/PRS**.

SEPTEMBER 2026 SEMINARS

September 11 Fort Worth, TX

September 11 Jacksonville, FL

September 11 Oakland, CA

September 18 Huntington, WV

September 18 St. Louis, MO

September 25 Philadelphia, PA



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