



FOBPR
Newsletter —
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July 2025

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Newsletter Layout and
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**Notes from Friends of
Bandon Parks and
Recreation (FOBPR)**

Dear FOBPR Subscribers,

Our Campaign 2025 is underway to support the exciting events that Friends will lead this year, including our participation in the Cranberry Festival, a Veterans Day planting event, and planting at City Park this autumn. We welcome volunteers to assist with these events.

Interested individuals are encouraged to contact friendsofbandonpr@gmail.com.



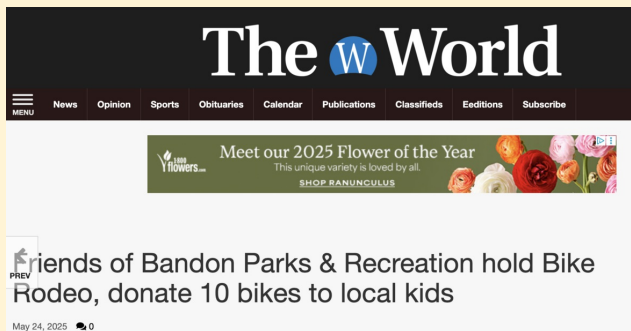
Summer time to recreate on the beach!! Circle in the Sand is a great way to do that!!

Now is the time for annual renewal of your FOBPR support. It's a great time to join us. FOBPR is also offering subscribers an opportunity to donate in honor of or in memory of someone they cherish.

Thank you so much to all that have already donated this year!

You can see what's we've done at (<https://fobpr.com/accomplishments>)

There was a wonderful article in The World about our May Bike Rodeo:



[Click here to read:](#)

We appreciate you for volunteering for our events and for your generous donations. Thank you.

*Laura Brownfield,
President, FOBPR*

FOBPR greatly appreciates your donations and just as much, we value your volunteer time.

Friends of Bandon Parks & Recreation needs your help to lead and manage upcoming community events for this summer and fall. Events will be fully funded and supported by FOBPR. We are seeking event leaders who can share their skills in: event planning, creating a realistic budget, coordination of materials and helpers, event volunteer recruitment, and providing periodic updates including an event report to the FOBPR Executive Board. The Executive Board will be working with you to ensure a successful event, so you will have plenty of support from experienced leaders.



Interested individuals are encouraged to contact friendsofbandonpr@gmail.com. We expect to have two to three events requiring event leaders this year. We are excited to offer this opportunity to our subscribers and individuals looking to gain valuable experience while serving the greater Bandon community. Please contact us now if interested in learning more! No pressure, no obligation, just a pleasant conversation with others committed to parks and recreation in Bandon.



Wade Troxell - Bandon GBA June Volunteer of the Month

Wade Troxell - Bandon GBA Volunteer of the Month

Wade Troxell and his wife, Sharon, moved from Texas to Bandon in September 2022 after entering retirement.

Wade spent 30 years with Target Corporation as a Senior Distribution Director leading a major distribution center operation in east Texas for 22 years. Wade is a graduate of the United States Naval Academy and served as an Artillery Officer in the United States Marine Corps for six years. Wade and Sharon have three adult children and one grandchild.

Wade volunteers at the Bandon Marsh National Wildlife Refuge serving as a property steward. He is an avid bird watcher and enjoys being outdoors on local early morning excursions.

Prior to joining FOBPR as Treasurer, he volunteered with Bandon's Parks and Recreation Commission. Wade currently serves as Executive Vice-President and Treasurer for Friends of Bandon Parks and Recreation. Wade was the project manager for the 2nd Annual Bike Rodeo held at Ocean Crest Elementary School and for FOBPR's participation in their Health Fair. Last year, he helped manage FOBPR's Cranberry Festival table and activities. He recently organized the donation of playground toys for the Community Health Center. Wade was instrumental in securing a generous grant from the City's State Revenue Sharing fund to help support FOBPR's work in the community on behalf of parkland and recreation. Calm and good humored, Wade is a joy to work with and brings knowledge and insight to every task.



Wade in Johnson Creek viewing nesting eagles.

Save Our Lighthouse



Meet our team and find out how you can help at the Lighthouse Keepers
Picnic and Presentation. Enjoy \$1 hotdogs and baked goods.
Lighthouse T-shirts, sweatshirts, hats, art and more for sale.

All proceeds go to the lighthouse preservation.

August 9th 11-2 pm



Bullards State Park
at the Pavillion Picnic site

CRLK.Org



First name: _____

Last name: _____

Zip Code: _____

Phone: (optional) _____

Email: (optional) _____

A gift of _____ in honor of : _____

A gift of _____ in memory of : _____

SUPPORTER DONATION
FRIENDS OF BANDON
PARKS & RECREATION

ANNUAL GIFT

Individual Supporter \$25

Family Supporter \$45

Corporate Supporter \$100

Thank you for your support!

Please Make Checks Payable to:

FOBPR

1130 Baltimore Ave SE # 2

Bandon, OR 97411



To donate using PayPal, just scan this QR code with your phone's camera. It's an easy, safe, and secure way to donate. You can use your PayPal account or most credit cards. Or you can visit our website at FOBPR.com to donate online if you prefer.

Connecting Our Community With Nature

Your support helps us share, preserve, and enhance our parks while promoting education and wellness. Thank you for your support.

Friends of Bandon Parks and Recreation (FOBPR) is a 501(c)(3) non-profit organization. Your donation is tax-deductible to the full extent allowable by law. Our tax identification number is EIN 93-2761263. We are committed to sound fiscal management, accountability, and transparency.

Jul 12 - Sat	9am
Jul 13 - Sun	9am
Jul 14 - Mon	9am
Jul 15 - Tue	10am
Jul 26 - Sat	9am
Jul 27 - Sun	9am
Jul 28 - Mon	9am
Aug 10 - Sun	8am
Aug 11 - Mon	9am
Aug 12 - Tue	9am

*Remaining Dates for Circles in the Sand
Summer 2025*



*Check Circles website for more information
<https://www.sandypathbandon.com/public-schedule>*



How Racket Sports Boost Your Brain and Longevity

Did you know playing racket sports can improve your brain function and even help you live longer? Here's the neuroscience behind it:

Activates the Cerebellum: Your cerebellum, often called the “little brain,” makes up only 10% of your brain’s volume but contains half of its neurons. Activities like tennis and pickleball light up this region, improving coordination, balance, and motor control.

Enhances Neural Connections: The combination of hand-eye coordination, footwork, and decision-making strengthens neural pathways, making your brain more efficient and resilient over time.

Boosts Cognitive Function: When you calculate the spin of the ball or plan your next move, your brain works harder, sharpening memory, focus, and problem-solving skills.

Supports Brain Longevity: Studies involving tens of thousands of people show racket sports are linked to longer lifespans. The mix of physical activity and mental engagement keeps your brain and body healthier for longer.

For more information, please see:

[\[\(https://www.health.harvard.edu/blog/racket-sports-serve-up-health-benefits-2017060911780\)](https://www.health.harvard.edu/blog/racket-sports-serve-up-health-benefits-2017060911780)



Interested in Learning or Playing Pickleball??

Contact Bandon Pickleball at Bandonpickleball@gmail.com



oubaitori

(n.) the japanese idea that people, like flowers, bloom in their own time and in their individual ways.

Final Thought

In Oubaitori, the concept of and deeper meaning of oubaitori () is explained as follows: “The ancient Japanese idiom, Oubaitori, comes from the kanji for the four trees that bloom in spring: cherry blossoms, plum, peach, and apricot. Each flower blooms in its own time, and the meaning behind the idiom is that we all grow and bloom at our own pace.”



Proud to be a Non-Profit Member

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friendsofbandonpr@gmail.com

Website FOBPR.com All previous newsletter available on the "About Us" page.

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