



FOBPR Newsletter —Volume 3/Issue 8—October 2024

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In the simplest terms, I think of bicycles as rideable art that can just about save the world, or at least make you happy.
Grant Petersen, bicycle designer, writer, and founder of Rivendell Bicycle Works



First Ever Pickleball Tournament in City Park

Cranberry Festival 2024 featured the Bandon's first pickleball tournament run by Team Todd as a fundraiser for a local young man badly injured. 8 players started play at 7am and ended before the wind came up around 10:30am. The goal was to raise funds, promote the sport and just have fun. While all were welcome to play at any level for fun, things got very exciting in the final rounds as local players really showed their talents. Hopes for a bigger better tournament next year are being discussed with modifications to increase players and attendance. Let us know what you would like to see!





Cranberry Festival Float, Parade and a Booth

This year FOBPR collaborated with two other nonprofits: Native Plant Society of Oregon — South Coast Chapter, and Good Earth Community Garden of Bandon. Our local native plant nursery, Stillwater Natives Nursery sponsored the trees and shrubs for the float and our shared booth. All three nonprofits applied together and worked with mural artist Vicki Affatati to celebrate native plants and pollinators. The result was our float was a 2nd place winner!

Special Thanks to Andrea Burke who spearheaded the packaged poppy seeds for distribution during the parade and at our shared booth with NPSO.



Andrea Burke

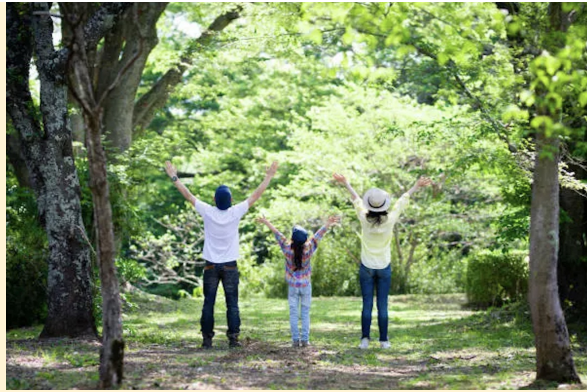


Samantha Stanger



Christine Hall





Feeling stressed?

Try Strolling in City Park and Johnson Creek Greenway

From the National Geographic:

“Whether you call it a fitness trend or a mindfulness practice (or a bit of both), what exactly is shinrin-yoku? The term emerged in Japan in the 1980s as a physiological and psychological exercise called shinrin-yoku or “taking in the forest atmosphere”. The purpose was twofold: to offer an eco-antidote to tech-boom burnout and to inspire residents to reconnect with and protect the country’s forests.”

The emphasis is not on physical exercise, but instead on relaxation while experiencing the forest through all our senses. The idea that being in nature can be therapeutic is not new. It reminds us that there can be benefits from enjoying the solitude and calmness of our parkland.

Please remember that Johnson Creek Greenway is a work in progress, and some areas, like the bridges should be avoided. Based on the hundreds of citizens who signed the petition supporting Johnson Creek Greenway, Friends of Bandon Parks and Recreation plan on working with the City to enhance a dry wetlands experience. Enjoy the serenity of Bandon’s parks. See you there!



Chat Benches

Chat benches first appeared five years ago, the brainchild of a British police officer concerned about scammers targeting lonely elderly people. He had encountered a woman desperate for a few minutes of conversation because she had knowingly given away thousands of pounds.

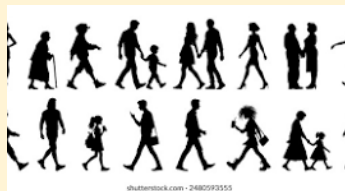
The officer wondered whether a designated spot for safely meeting and talking to strangers might help.

Today, Chat Benches can be found all over the world.



From all the strangers one woman went on to meet, she learned that Chat Benches are not just for the lonely — they are for anyone who wants to enrich their life. And from that beautiful little bench in the middle of a city, “I learned, finally, that a few words on a plaque are all it takes to transform a bench into a catalyst for moving conversations.”

Maybe we can designate a bench just for a chat?



Are You Walking?

Bandon is a town of walkers of all ages. And if you are a Senior, you are joined by the ranks of your peers all over the US. In fact, the percentage of walking trips by people over 65 years of age rose from 8.8% in 2009 to 13.8% in 2017.



Cycling Heaven

In a recent article, Best Places to Bike 2024 published by People for Bikes, ranks cities by how good they are for bicycling.

Here are three examples:

Davis, CA more than 95 percent of the city's streets have bike lanes.

Crested Butte, population 1647 has 247 miles of trails in and outside its city limits.



Jackson Hole enjoys bike-lane connectivity. More than 100 miles of paved trails run through and beyond town, with 115 miles of singletrack surrounding it—and that's just within the valley known as Jackson Hole. Not only can you bike to the grocery store on a designated route, but you can also pedal into the National Wildlife Refuge and Grand Teton National Park on a paved trail (it's 20 miles from Jackson to Jenny Lake inside the park), with views of the jagged Teton Range and herds of elk.



Did You Know?

The IRS allows IRA (Individual Retirement Account) owners who are age 70½ or more to provide tax-free qualified charitable distributions up to \$100,000 to a charity that is registered with the IRS.

Note: FOBPR is registered with the IRS.



Here are a few details:

1. For those who are least 73 years old, QCDs (Qualified Charitable Donations) count towards the IRA owner's RMD (Required Minimum Distribution) for that year.

1. QCDs
(Qualified
Charitable
Donations)
must
be
made
directly
by
the
owner
or
trustee
of
the
IRA
to
the
registered
charity.

2. Each
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or
more
when

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distribution
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For
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married
couple,
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are
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or
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have
IRAs,
each
spouse
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exclude
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to
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total
of
up
to
\$200,000
for
that
year.

Check with your financial advisor or tax professional to see if this might be an

option for you in supporting your favorite charitable organizations such as FOBPR and reducing your taxable income to the IRS.

FOBPR is a tax exempt 501 (c) (3) non-profit organization registered with the IRS and the State of Oregon. Your contribution is tax-deductible to the full extent allowed by law. Our tax identification number is EIN 93-2761263. FOBPR is committed to sound fiscal management, accountability, and transparency.



FOBPR's members are the heart of our organization.

We invite you to join with us to promote parkland and recreation in Bandon. We are an all-volunteer organization with no paid staff.

Your annual financial support is appreciated! Send contributions to the address below, thank you.

Please share your vision about our local parks to the address below as well.



SUPPORTER APPLICATION

FRIENDS OF BANDON PARKS & RECREATION

First name: _____

Last name: _____

Phone: _____

Email: _____

Interests and skills: _____

Annual Contribution

Parks & Rec Supporter \$25

Family Partners \$45

Park Community Builders \$45

Corporate Sponsors \$100

Mail Checks Payable to:

Friends of Bandon Parks &
Recreation
1130 Baltimore SE #2
Bandon, OR 97411

Connect Our Community With Nature



Bandon City Park



South Jetty Park



Johnson Creek

Your support helps us share, preserve, and enhance our parks while promoting education and wellness. Thank you for your support.



Proud to be a Non-Profit Member

Friends of Bandon Parks and Recreation (FOBPR) is a 501(c)(3) non-profit organization.

Your donation is tax-deductible to the full extent allowable by law.

Our tax identification number is EIN 93-2761263. We are committed to sound fiscal management, accountability, and transparency.

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