

FRIENDS OF BANDON PARKS & RECREATION

Newsletter

Volume 2 | Issue 7



CONNECT WITH NATURE

Message from Christine Hall

Welcome New Friends & Members!

Thank you to our Returning New Friend & Member

- Deb Holder

Special Thanks to our Volunteers and Supporters this month

- Laura Brownfield for her efforts to develop a new website and an exciting new logo.
- Coos County Cultural Coalition who provided funds towards StoryWalk.

Dear Friends,

Our biggest news this past month was the installation and Grand Opening of StoryWalk in City Park on June 3. Friends was a big supporter of this project. It's a great success story of partnering with several agencies and individuals in making this contribution to our community. Funds and the first set of placards were spearheaded by Friends.



Photos from StoryWalk Grand Opening



We estimate that about 25 people attended along with eight dogs! The trail is a great dog walking spot.

Comments included:

- This is a wonderful addition to the park.
- It gives the park a focus.
- I didn't know much about slugs.



Above, Christine Kingsley, Library Director, explains how the placards will be changed out for a new set every 6-8 weeks.

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Setting up for Storywalk®



Christine Kingsley and Jan Ayers set up the festive balloon arch. The wind posed a challenge. It's all part of outdoor events in Bandon.



Here folks gather as the ribbon cutting is about to take place.



Features of the Storywalk



The first placard thanks our sponsors and donors for making StoryWalk® a reality. In this first display of ten placards, the topic is Native Plants, Trees and slugs too.



The wide gravel pathway creates a meandering trail through the park.

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New Playground Equipment - Nov 2023 -

A grant was awarded from Oregon Parks and Rec plus a generous grant from the City resulted in new equipment selected by the Parks and Rec Commission.

In addition, the black rubber tire mulch will be removed and replaced with Engineered Wood Fiber, a wood chip material designed to be both safe and economical for playgrounds.



City of Bandon Transportation System Plan (TSP)



Christine Hall has been selected to serve as a community member for this important planning process. June 6 was the first meeting. The City of Bandon will update its 2000 TSP. The TSP serves as a blueprint and vision for transportation system development in Bandon for the next 20 years.

This is a BIG Deal!

This TSP update will assess the existing and future conditions of Bandon's transportation system and determine transportation needs for all modes of travel:

driving, walking, biking, using transit, using a mobility device, with particular emphasis on the needs of people who walk and bike.

Throughout the 1.5 year planning process, the public will be involved. Much more to come.



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From June 8 Park and Rec Commission Meeting Notes



Resurfacing of the pickle ball/basketball courts will begin July 7, 2023. The funds included a donation from Friends, the City, 100 Strong, and the players themselves. Public Works crew has been installing a french drain at the court and a retaining structure to inhibit mud infiltration.

Dana Nichols provided an update on the Johnson Creek Green Way. She has been tasked with creating an event, possibly August, to introduce the public to this parkland. A mowed area will provide an access trail to the green way.

Ideas to Get You Outside

1. Explore nearby. Save on gas and see what's close to home.
2. Find a waterfall and take a dip.
3. Take a hike at dawn and watch the sunrise.
4. Take pics, sketch, and journal your summer adventures.
5. Invite friends to join you on an adventure to a new place to explore.
6. Take a backpack, pack a lunch and climb a mountain.
7. Spend the night camping.
8. Visit a national park.



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CONNECT WITH NATURE

Time for Renewals and Membership Drive

Friends of Bandon Parks and Recreation help support community projects and groups promoting our City's parks, sports, and recreational activities.

Just fill out application, attach a check and drop in mail.

Thank you for joining us!

Friends of Bandon Parks
and Recreation
C/O GBA PO Box 161
Bandon, OR 97411

BECOME A MEMBER!



MEMBERSHIP APPLICATION

 FRIENDS OF BANDON PARKS AND RECREATION
Connecting with Nature

First name: _____ Annual membership \$25
Last name: _____ Family \$45
Phone: _____ Student \$5
Email: _____ Patron
Interests and skills: _____

Mail checks payable to:
Friends of Bandon Parks
c/o GBA
PO Box 161
Bandon, OR 97411

CONNECT OUR COMMUNITY TO NATURE



Your membership helps us share, preserve and enhance our parks while promoting education, and wellness. Thank you for your support.

Senior Fitness

Nearly 65% of Bandon's population is over the age of 65. Should Seniors still exercise? The answer is YES! According to the CDC and here is what they recommend.

Adults aged 65 and older need:

- At least 150 minutes a week (for example, 30 minutes a day, 5 days a week) of moderate-intensity activity such as brisk walking
- Or they need 75 minutes a week of vigorous intensity activity such as hiking, jogging, or running.
- At least **2 days a week** of activities that **strengthen muscles.**
- Plus activities to improve balance, such as standing on one foot.

Our community sees a fair share of walkers and cyclists. The Senior Center offers several low impact classes like yoga. And for improved balance, Tai Chi is offered weekly at the Community Center. If music sets your feet tapping, try a dance class. Bandon also has several fitness centers to help get you moving.

If chronic conditions affect your ability to meet these recommendations, be as physically active as your abilities and conditions allow.



MEMBERSHIP APPLICATION



FRIENDS OF BANDON PARKS AND RECREATION

First name: _____

Last name: _____

Phone: _____

Email: _____

Interests and skills: _____

Annual membership \$25

Family \$45

Student \$5

Patron

Mail checks payable to:

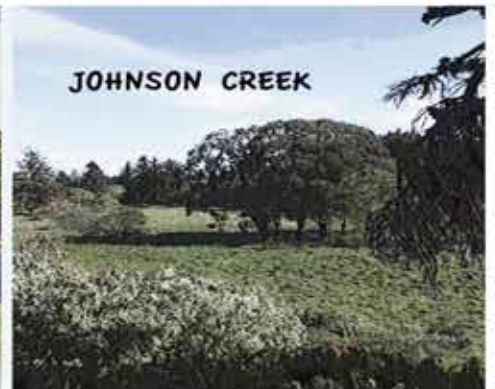
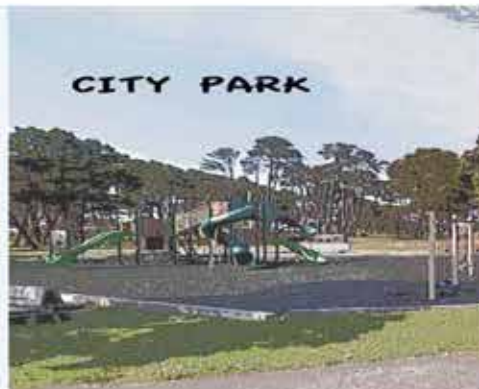
Friends of Bandon Parks

c/o GBA

PO Box 161

Bandon, OR 97411

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What we do

- Raise funds for special park projects
- Produce fun recreational events
- Craft community volunteer activities

Funding sources

- Membership fees
- Local funds from community and business
- Grants from private and public funding
- Endowments and memorial gifts

100% of funds are used for park programs and projects. All members are volunteers

Friends is affiliated with Greater Bandon Business Association, non-profit 501c3



Member benefits

- Receive priority invitations to events
- Get involved in education and leadership opportunities
- Share in selecting project priorities
- Research funding sources and writing

Volunteer benefits

- Attend events throughout the year
- Connect with local people
- Learn about Bandon and surrounding area
- Get some exercise
- Use your own expertise and talent
- Promote our city and our parks



JOIN US

FRIENDS OF BANDON PARKS & RECREATION

"Parks and playgrounds are the heart of the city"
Marty Rubin



Our mission is to encourage thriving parks for a healthy community for generations to come.



Bandon by the Sea
bandoncares.org