

ACCESS IS MORE THAN INSURANCE...

1 DO YOU TRUST YOUR HEALTH PROVIDER?

Having a provider that you feel comfortable with and trust their expertise is key to better health outcomes.



2 IS YOUR PROVIDER LISTENING TO YOU?

Make sure your provider listens to your concerns and takes the time to understand your needs. Your voice matters in your healthcare!



3 THERE'S NO ROOM FOR BIAS!

Your healthcare experience should be free of bias and filled with decisions that speak to the uniqueness of your individual health needs, not stereotypes and prejudices. Period.



4 IT'S ALL ABOUT WHAT YOU SAY (AND HOW YOU SAY IT).

It's important that your provider can explain health issues and decisions in a way you can understand. Clear communication will help you decide what's best for your health.



5 CAN YOU ASK QUESTIONS?

It is your right to ask questions if you don't understand! True access means your questions are welcomed and not made to be an extra burden.



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