## HARBOURVIEW LODGE CONTINUING CARE CENTRE

## Family & Friends Council Meeting – May 19, 2022 @ 2pm

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| 1. | Meeting Called to Order | May 19, 2022 @ 2pm |
|  | 1. Record of Attendance 2. Approval of Minutes of Previous Meeting 3. Approval of Agenda | Natasha Sharpe, Amy Donnelly, Kristina Chapman, Stacey Hesjedahl, Bliss Hawes (by phone)  No review of minutes from last meeting.  Agenda approved.  Meetings will be scheduled quarterly. |
| 2. | Standing Agenda Items   * Update from Administrator * Volunteer Update * Eden   (Eden Surveys, Book Club, Annual Call, Tree & Benches)   * Education   (Low Arousal, Dementia, Autism)   * Recreation (Feb, Mar & Apr) * Covid/Flu * Flooring Project * Licensing | Amy would like to have families engaged and improve broadcasting for the Family and Friends Council meetings.  **Volunteer Update** – We are now looking at bringing back volunteers. If you know of anyone that is interested, please let us know and Natasha has the volunteers packages. Volunteers will require vaccinations and proof. We are always looking for volunteers for the following activities: Sunshine Cart, Gardening, Visitor Screening, Activities with Recreation and One on One activities with the Elders.  **Eden** – Surveys get sent out every year to Elders and Families. The data is collected in May/June and reported to the Board of Directors in September. Following that there will be an action plan. Staff surveys are sent out as well and we are looking forward to the results from those.  The Eden Book Club-We have one Elder participating the club along with a group of staff. The book is called “What are Old People For?” It was written by Bill Thomas who is the founder of Eden. There is discussion around the process of growing old and how Elders help with that.  **Annual Eden Call** – Coming up in June. All our Milestone work has been completed. Every year there is a call so we can show that we are continuing with our Eden Journey.  **Tree & Benches** – There has been a tulip tree planted out back and it is now coming to bud. The tree blooms like upside down tulips. Benches and chairs have been put out back as well for staff, family and Elder use.  **Education** – Low Arousal is a way of teaching on how to personally react to responsive behaviors. You will learn how to de-escalate these situations. Some of our staff are trainers and there are a couple that are off right now. We have received a grant for training more staff and we are looking at getting this scheduled.  **Dementia** – There will a one-day session virtually for small groups.  **Autism Training** – We are connected with Autism NS for some assistance. It is important for staff to have supports for this. How do we help sooth these behaviors? We want to make this the best home for our Elders.  **Recreation** – Calendars are done up each month and are sent to families. There were Easter activities in April, planting, bingo, music, and a Mother’s Day Tea. Georgina has left us and relocated to Ontario. There were six applicants for the Recreation Therapy position. Jack Borgal is enjoying all of the activities very much.  **Covid/Flu** – We do not have any positive cases of Covid or the flu. Back in January HVL has Covid and we managed very well. Boosters have been offered to those who are eligible. Flu shots were given in November.  **Flooring Project** – We are expecting to start the replacement mid-July. We are starting with B-wing and the administration area first. Most of the planning has been done. The front entrance will not be available for a short time. Communication will be sent to the families when the plans are finalized.  **Licensing** – They are usually here for an inspection in June or July. |
| 3. | Old Business   * Bath Audit Results | Bath Audits have been done on each Elder and they have been asked about their feeling around Bath Time. It was asked if they would like to see anything different. We want the Elders to have their choice and not feel rushed, they feel clean, and they enjoy bath time.  There was an open discussion around bathing. Elders are liking the big tub, it is their choice, and we will do what they want, suggested a heater for the Elders that feel cold, mirror in the tub room would be nice, lavender in the bath, feeling comfortable and not rushed. |
| 4. | New Business   * HVL Store/Shop * Family Chair * HVL AGM in June | **HVL Store/Shop** – We would like to have a store for Elders to shop. It would have clothing on racks, treats, personal care items, jewelry, stuffed animals, picture frames etc. Elders and staff could run the shop. We will be forming a committee and would love family input.  **Family Chair** – It was suggested that a family member be the chair for the Family and Friends Council meetings. If anyone is interested let us know. The agenda would be ready, and management will present.  **Harbourview Lodge Annual General Meeting** – Will be on June 23. We will confirm the time with the Board chair and advise families. We meet with the Board monthly and the AGM is open for anyone to attend. |
| 5. | Round Table   * Feedback on nursing care, housekeeping, kitchen/meals & maintenance | Family member asked if when the Elders are up are their beds kept in the lowest position and is their any policy around that. There is no policy for this. It probably depends on the Elder and staff members. There can be a conversation with staff around this, so they are aware.  Family members feel that there is lots of variety in the food.  All staff are very personable and accommodating.  Cleanliness around the home is great.  Everyone very nice.  We want to let family know that every year at this time we have an ant problem. Housekeeping staff are putting things down to try and deal with it. When the flooring project starts, we are hoping to reach places that we currently can’t and hopefully this will help. |
| 6. | Date of Next Meeting | August 18, 2022 @ 2pm HVL Boardroom/Teleconference. Meeting adjourned at 2:50pm.  Please advise if you would like to join by phone. 902-885-3678 |