

 **Sunday Monday Tuesday Wednesday Thursday Friday Saturday**

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| All Recreation Programs will continue to be offered house to house or one house at a time in the Heritage Room | Grass Icon - Lawn - Free Transparent PNG Download - PNGkey |  |  |  | **Contacts:** Recreation Therapist- Georgina Megens (885-2562) & Recreation Coordinator- Sandra Carver (885-3638) | **1** Friendly visits |
| **2**Mental Health Week May 3rd-9th | **3** 10am Keep fitPm Sing Along | **4** AM Friendly visitsPM Walk & Groove | **5** 10am Keep fitChurch in the afternoon | **6**10am Coffee clubPM Bingo  | **7**AM Keep FitPm Mother’s Day Tea  | **8**Friendly visits |
| **9****Mother’s Day** | **10**10am Keep fitPM Sing Song | **11** AM Friendly visitsPM Walk & Groove | **12 International Day of Nurses**10am Keep fitChurch in the afternoon | **13**10am Fruit SmoothiesPM Bingo | **14**10am Keep fit Gardening | **15**Friendly visits |
| **16**Friendly visits | **17**10am Keep fitPm Sing Along | **18** AM Friendly visitsPM Walk & Groove | **19**10am Keep fitChurch in the afternoon | **20** 10am Coffee clubPM Bingo | **21** 10am Keep fitYou Asked: What Are Moorpark's Rules Regarding Yard Sale Signs? | Moorpark,  CA Patch | **22**Friendly visits |
| **23**Friendly visits | **24 Victoria Day** **Holiday** | **25 Italian Day** AM Friendly visitsPM Walk & Groove | **26** 10am Keep fitChurch in the afternoon | **27** 9:30 Tim Hortons Drive throughMerchandise Bingo  | **28**10am Keep fit2pm Curling |  |
| **30**Friendly visits | **31**10am Keep fitPm Painting and Relaxation |