

**Sunday Monday Tuesday Wednesday Thursday Friday Saturday**

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| All Recreation Programs will continue to be offered house to house or one house at a time in the Heritage Room | [Grass Icon - Lawn - Free Transparent PNG Download - PNGkey](https://www.google.com/url?sa=i&url=https://www.pngkey.com/detail/u2w7o0e6q8o0r5i1_grass-icon-lawn/&psig=AOvVaw3ghB-ZLZKD5m59SWAp-L8D&ust=1618943808454000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCOj58ub5ivACFQAAAAAdAAAAABAI) |  |  |  | **Contacts:** Recreation Therapist- Georgina Megens (885-2562) & Recreation Coordinator- Sandra Carver (885-3638) | **1**  Friendly visits |
| **2**  Mental Health Week May 3rd-9th | **3**  10am Keep fit  Pm Sing Along | **4**  AM Friendly visits  PM Walk & Groove | **5**  10am Keep fit  Church in the afternoon | **6**  10am Coffee club  PM Bingo | **7**  AM Keep Fit  Pm Mother’s Day Tea | **8**  Friendly visits |
| **9**  **Mother’s Day** | **10**  10am Keep fit  PM Sing Song | **11**  AM Friendly visits  PM Walk & Groove | **12 International Day of Nurses**  10am Keep fit  Church in the afternoon | **13**  10am Fruit Smoothies  PM Bingo | **14**  10am Keep fit  Gardening | **15**  Friendly visits |
| **16**  Friendly visits | **17**  10am Keep fit  Pm Sing Along | **18**  AM Friendly visits  PM Walk & Groove | **19**  10am Keep fit  Church in the afternoon | **20**  10am Coffee club    PM Bingo | **21** 10am Keep fit  [You Asked: What Are Moorpark's Rules Regarding Yard Sale Signs? | Moorpark,  CA Patch](https://www.google.com/url?sa=i&url=https://patch.com/california/moorpark/you-asked-what-are-moorparks-rules-regarding-yard-sale-signs&psig=AOvVaw02bUNq214DaYhGH1gJypHF&ust=1618599642448000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCPiEhtn3gPACFQAAAAAdAAAAABAO) | **22**  Friendly visits |
| **23**  Friendly visits | **24 Victoria Day**  **Holiday** | **25 Italian Day**    AM Friendly visits  PM Walk & Groove | **26**  10am Keep fit  Church in the afternoon | **27**  9:30 Tim Hortons Drive through  Merchandise Bingo | **28**  10am Keep fit  2pm Curling |  |
| **30**  Friendly visits | **31**10am Keep fit  Pm Painting and Relaxation |