**Sunday Monday Tuesday Wednesday Thursday Friday Saturday**

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| If you have any questions please contact: Recreation Therapist- Georgina Megens (885-2562) & Recreation Coordinator- Sandra Carver (885-3638) | Refer to whiteboard for any changes and weekend plans (subject to change Re: Public health measures) |  | [Why Leaves Really Fall Off Trees : Krulwich Wonders... : NPR](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.npr.org%2Ftemplates%2Fstory%2Fstory.php%3FstoryId%3D114288700&psig=AOvVaw28umFHI_kkjlq1cQkMh8Zt&ust=1632936296268000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNC22PSXovMCFQAAAAAdAAAAABAD) | [10 Gluten-Free Ways to Enjoy Pumpkin This Fall | Pumpkin, Pumpkin images,  Pumpkin clipart](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.pinterest.com%2Fpin%2F188025353164224153%2F&psig=AOvVaw36dFoRTUrI_DsP9Su0QGHe&ust=1632936361787000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDBoZOYovMCFQAAAAAdAAAAABAD) | **1**  10:30 Keep Fit  PM Music with the Peters Family | **2**  **Car Show**  [Clip art car show](https://www.google.com/url?sa=i&url=http%3A%2F%2Fglobalperspectives.info%2Fclipart%2Fc%2Fclip-art-car-show.html&psig=AOvVaw13lWyNNvzzd82lKRDG4FWc&ust=1632916243189000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCPjwopjNofMCFQAAAAAdAAAAABAD) |
| **3**  Friendly Visits | **4**  10am Keep fit  2pm Country Hicks | **5**  10am Jeopardy  2pm Curling | **6**  10 am Keep Fit  2pm Church with Father Vincent | **7**  [1,614 Pumpkin pie slice Vector Images, Pumpkin pie slice Illustrations |  Depositphotos](https://www.google.com/url?sa=i&url=https%3A%2F%2Fdepositphotos.com%2Fvector-images%2Fpumpkin-pie-slice.html&psig=AOvVaw0BXVK6uNB1cKAk5AiuqcMt&ust=1632935875473000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCKDBoKmWovMCFQAAAAAdAAAAABAJ)10am Thanksgiving Baking  [Bingo Balls stock vector. Illustration of elderly, retro - 17846216](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.dreamstime.com%2Froyalty-free-stock-image-bingo-balls-image17846216&psig=AOvVaw0vwFMBq121tsaZ4Lz6VMdJ&ust=1632936425774000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDjkrCYovMCFQAAAAAdAAAAABAJ)  2PM | **8**  10am Keep fit  PM Thanksgiving Craft | **9**  Friendly Visits |
| **10**  **Movie**  [Community Movie Night – Calgary Glenmore Temple](https://www.google.com/url?sa=i&url=https%3A%2F%2Fglenmoretemple.com%2Fcommunity-movie-night%2F&psig=AOvVaw0zd0uCr0n7x4BXdq8kTroK&ust=1632936920938000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCMi75pyaovMCFQAAAAAdAAAAABAD) | 11  [10,212 Thanksgiving Tradition Illustrations &amp; Clip Art - iStock](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.istockphoto.com%2Fillustrations%2Fthanksgiving-tradition&psig=AOvVaw31zyQIkRTua42rmb_U4k9i&ust=1632915151878000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNjwp5HJofMCFQAAAAAdAAAAABAD) | **12**  10am The Price Is Right  2pm Glamour Day  [nail polish. nail polish drawing. vector nail art concept illustration.  element for glamour beauty salon logo. | Stock Images Page | Everypixel](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.everypixel.com%2Fimage-18241204715798685370&psig=AOvVaw3jeWV-7VUZ_By1NvGRnoaf&ust=1632935574784000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDd6J2VovMCFQAAAAAdAAAAABAD) | **13**  10am Keep fit    2pm Church | **14**  10am Coffee Club  Roberts Pick  “Italian Day”  [Bingo Balls stock vector. Illustration of elderly, retro - 17846216](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.dreamstime.com%2Froyalty-free-stock-image-bingo-balls-image17846216&psig=AOvVaw0vwFMBq121tsaZ4Lz6VMdJ&ust=1632936425774000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDjkrCYovMCFQAAAAAdAAAAABAJ)  2PM | **15**  10am Keep fit  [OPINION: Would you invite an environmentalist to your party? | Ensia](https://www.google.com/url?sa=i&url=https%3A%2F%2Fensia.com%2Fvoices%2Fwould-you-invite-an-environmentalist-to-your-party%2F&psig=AOvVaw187vhsgkFThGm57Rz4pnuD&ust=1632941629797000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCPDHr-OrovMCFQAAAAAdAAAAABAD)2:30pm Continuing Care Celebration | **16**  Balloon Badminton  [3 ballons Latex](https://www.google.com/url?sa=i&url=https%3A%2F%2Fsublimefleuriste.com%2Ffleurs%2F3-ballons-latex%2F&psig=AOvVaw38PReR2NJbSF3Vtzf5SceJ&ust=1632936854051000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCODqkPuZovMCFQAAAAAdAAAAABAU) |
| **17**  Friendly Visits | [sweet cupcake delicious detailed style icon 1869192 Vector Art at Vecteezy](https://www.google.com/url?sa=i&url=https://www.vecteezy.com/vector-art/1869192-sweet-cupcake-delicious-detailed-style-icon&psig=AOvVaw0IbGvnLapCcjYCUK4vOgF9&ust=1625074375976000&source=images&cd=vfe&ved=0CAcQjRxqFwoTCLisq_qvvfECFQAAAAAdAAAAABAJ)**18**  10am Keep fit  1:30pm Music with Russ, Rick & Dougie  “Birthday Bash” | **19**  10am Reminiscences with Wendy  2pm Curling | **20**  10am Keep fit    2pm Church | **21**  10am Floor Hockey  [Bingo Balls stock vector. Illustration of elderly, retro - 17846216](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.dreamstime.com%2Froyalty-free-stock-image-bingo-balls-image17846216&psig=AOvVaw0vwFMBq121tsaZ4Lz6VMdJ&ust=1632936425774000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDjkrCYovMCFQAAAAAdAAAAABAJ)  2PM | [Amazon.com: K&amp;K Interiors 41515A Assorted Resin Pumpkin People Shelf Sitter  (2 Styles), Black and Orange : Home &amp; Kitchen](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.amazon.com%2FInteriors-41515A-Assorted-Pumpkin-People%2Fdp%2FB08DY9RMZZ&psig=AOvVaw1WqP8j7tX5UI-AeSCX5OZU&ust=1632936566406000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNCNs_SYovMCFQAAAAAdAAAAABAD)22  10am Keep fit  PM Pumpkin People | **23**  Friendly Visits |
| [Happy Halloween Typography Poster With Handwritten Calligraphy Text Stock  Illustration - Download Image Now - iStock](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.istockphoto.com%2Fvector%2Fhappy-halloween-typography-poster-with-handwritten-calligraphy-text-gm844191536-138150861&psig=AOvVaw22Z7WuSuyl-dEdE9XzbZNa&ust=1632915828713000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCODLktLLofMCFQAAAAAdAAAAABAD)**24 / 31**  **Trick or Treating** | **25**  10am Keep Fit  11:00 Elders Council  2:00 Sing Song | **26**  [10 Gluten-Free Ways to Enjoy Pumpkin This Fall | Pumpkin, Pumpkin images,  Pumpkin clipart](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.pinterest.com%2Fpin%2F188025353164224153%2F&psig=AOvVaw36dFoRTUrI_DsP9Su0QGHe&ust=1632936361787000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDBoZOYovMCFQAAAAAdAAAAABAD)10am Treat Packing  2pm Pumpkin Bowling | **27**  10am Keep fit  2pm Church | **28**  [Bingo Balls stock vector. Illustration of elderly, retro - 17846216](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.dreamstime.com%2Froyalty-free-stock-image-bingo-balls-image17846216&psig=AOvVaw0vwFMBq121tsaZ4Lz6VMdJ&ust=1632936425774000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCNDjkrCYovMCFQAAAAAdAAAAABAJ)10am Carving Pumpkins  2pm Merchandise Bingo | **[Halloween Dance Party (Beaconsfield) - Montreal Families](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.montrealfamilies.ca%2Fevents%2Fhalloween-dance-party-beaconsfield%2F&psig=AOvVaw3A1qQwIvd7GljT7fvueDKs&ust=1632935317104000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCLDE6Z-UovMCFQAAAAAdAAAAABAD)29** 10am Keep Fit | **[174,728 Pumpkin Illustrations &amp; Clip Art - iStock](https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.istockphoto.com%2Fillustrations%2Fpumpkin&psig=AOvVaw0B_xlAfO_d_oLJImeu2ZOT&ust=1632916011431000&source=images&cd=vfe&ved=0CAYQjRxqFwoTCLC156nMofMCFQAAAAAdAAAAABAJ)30** |