## HARBOURVIEW LODGE CONTINUING CARE CENTRE

## Family & Friends Council Meeting – March 25, 2025 @ 2pm

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| 1. | Meeting Called to Order | March 25, 2025 @ 2pm |
|  | 1. Record of Attendance 2. Approval of Minutes of Previous Meeting 3. Approval of Agenda | Natasha Hiltz, Cheryl Ackert, Natasha Sharpe, Howard Verge, Patricia Malay, Vincent & Evelyn Jack  Minutes from last meeting handed out for review. Approved by Cheryl.  Introductions Round Table. |
| 2. | Standing Agenda Items   * Update from Administrator * Staffing * Volunteer Update * Eden * Education   (Low Arousal)   * Recreation * Covid/Flu * Flooring Project * Licensing | **Update from Administrator**  Tara Rutherford on vacation this week. Defer update until next meeting.  Question asked about Eden and what it is. It is our philosophy of care. This is the Elders home and their choices.  **Staffing**  Staffing is pretty good. Sometimes we work short when we are not able to replace. We will hopefully be getting some new grads. We have a couple of CCAs gone to take their LPNs. We have a couple of new CCA hires. We have an LPN interested in coming here when she graduates in June.  **Volunteer Update**  We currently have around 40 volunteers on the list.  **Eden**  Eden is ongoing, training is ongoing, and we have facilitators on site. We are sending out a monthly newsletter called Eden Moments. There will be more education coming in June.  In September we will have a visit with the Eden people as we are registered site and there are few other homes in the province who are adopting Eden.  If interested, you can google Dr. Bill Thomas the founder of Eden. There is a lot of information around Eden online.  **Education**  Low Arousal education is ongoing. It is a way of approach around certain behaviours. We had a full course a couple of weeks ago and are looking recertifications for staff as well.  There will be lift and slider sheets education coming up.  CCA Standardization is taking place across the whole province. Right now, homes could have different job descriptions for CCAs. Soon all homes will have a standardized job description. CCAs will be able to give eye and ear drops, nasal sprays, and medicated ointments etc. We are just at the start of this process.  **Recreation**  Elders are gone out for lunch today. We had carnival week in February and that was lots of fun. Valentine’s Day we had a fun day and cupcakes, coffee club in the mornings, movie night once a month. If there any suggestions for activities, please let the recreation staff know.  Also working on Sparking with Joy for our Elders with dementia. Each Elder will have a bag of things for the senses. It was suggested we get some fidget blankets.  **Covid/Flu**  We have not heard anything yet about spring Covid shots. We had and outbreak back around Christmas time and lasted about a couple of weeks.  Flu shots were all given, and we have no cases. There have been some stomach flu cases. Elders are put on isolation, and we are working with infection control to keep things contained.  **Flooring Project**  There are a few small deficiencies the project management is following up on.  **Licensing**  Inspection should be happening around June. We have biweekly meetings scheduled to prepare for this. |
| 3. | Old Business |  |
| 4. | New Business | Med reviews are coming up in June. The pharmacist with Lawton’s will assist with this. If there are any issues with any medications Cheryl will advise.  We have submitted a process for Eden Sparking Change. We will be looking at anti-psychotic medications and figuring out if they are really needed and ways to decrease if possible.  Seniors Mental Health are on site every month and rounds are done. |
| 5. | Round Table | Elder room lights on all the time.  Elders here are very happy and content. There are no complaints at all from anyone. Families feel welcome and at home here. The staff are great and so friendly.  If there are any issues at all please feel free to reach out to Cheryl and Natasha anytime at all. |
| 6. | Date of Next Meeting | June 24, 2025 @ 2pm HVL Boardroom/Teleconference. |