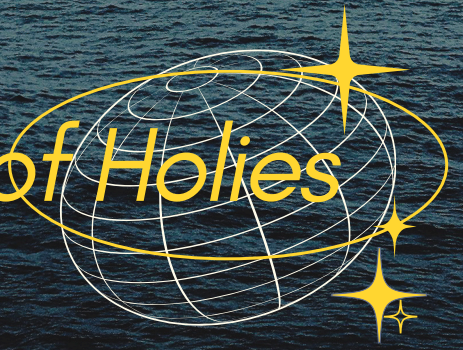


Focused Victory of Holy of Holies

Seeking The Presence Within Focused Affirmations

By: Dr. Jasmine Zinck



The following Spiritual Healing Awakening with Universal Mind Synthesis Affirmations are based on the "Most Holy Place" (Hebrew: *qōdeš haqodāšîm*), the innermost and most sacred sanctuary of the Tabernacle and Temple, where God's presence dwelt and only the high priest could enter once a year. We have the honor of seeking God every day.

Repeat the following Inner Synthesis Affirmations to yourself at least once daily, preferably spoken, if possible. After speaking or thinking each affirmation, close your eyes momentarily and feel that the reality of the Affirmation is traveling into every level of your mind while merging and synthesizing with the center of the mind - God's Presence, Universal Mind, Eternal One, or Jesus within you. This will help you feel supported and connected in your spiritual journey.

Holy Place... "I stand in the Holy Place within the deep consciousness or the Christ Consciousness of my Mind where the Infinite Presence of God dwells, and therefore I can connect my Heart and Mind to God's Universal Heart and Mind any time of day and any time of night."

Heaven & Earth... "I understand that through God's Presence within me, I Am One with the One, therefore what I think (bind or believe in heaven being within the mind) is what I reflect (on earth being the physical body, or through attitudes, behaviors, and emotions)."

True Self... "I understand that my True Self is attained by connecting the Innermost Center of my mind or the Christ Mind, where my personal sense of consciousness and the Eternal Spirit of God exist as One Holy Presence."

Holy Mystical Meditation... "Through my Daily Practice of Meditation, I establish a connection in the Holy of Holies within me to God's Infinite Universal Consciousness, providing me with Christ Mindedness."

Holy Throne... "I understand that seeking YHWH in the Holy Temple within me will give me peace that passes all understanding, and therefore my nervous system won't be in flight mode like a bird but will calm and relax in Christ Mind Awareness."

Holy One... “I understand that the daily practice of meditation opens the conscious level of my mind to the unconscious level of my mind to become purified with the Eternal Spirit, and therefore I AM Renewed by the Holy Spirit of God’s Infinite Presence within me.”

Holy Aum... “I AM not from this world – and my Christ Mind is in Heavenly places in a Higher State of Oneness illumined by the Presence of God’s Infinite Holy Light.”

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Share these Focused Affirmations with anyone who you feel needs to gain or regain connection to the Holy Spirit of God or achieve a higher understanding of living as one's true self. Dr. Jasmine Zinck specializes in spiritual healing and is a metaphysical minister and counselor with a focus on theocentric psychology. She takes appointments by availability, so please reach out to her at dr.jasminezinck@gmail.com, and she will respond within the day.

