

# NAVIGATING THE FIELD AS A TRILINGUAL SLP

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## ETHICAL CONSIDERATIONS

### **ASHA Bilingual Service Delivery**

Bilingual SLPs find both positives and negatives with the expectations. Join the conversation. #bilingualslp

### **Know your limits!**

Consider your competencies in different areas and languages in order to know when clients are a match to your skillset and when a referral is necessary

## CULTURAL RESPONSIVENESS

### **Jackie Rodríguez @unlearnwithme.theslp**

As a specialized Deaf/Hard-of-Hearing (DHH) SLP, the principles of cultural responsiveness were the bridge between me and another bilingual SLP that had never worked with the DHH population before!

Listen here: La Afrolatinidad desde la mirada de una SLP Afrolatina (Spanish)

### **Dr. Jose Luis Medina Jr. @josemedinajr89**

Linguistic oppression is out, linguistic liberation is in!

**We need heritage speakers!**

## COMBAT BURNOUT

Our 8% population of SLPs have intersections that affect us deeply: financial strain, cognitive fatigue, microaggressions, generational trauma, etc.

**1. Get therapy**

**2. Practice advocating for yourself**



**3. Find your community (see next page)**

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## ADVOCATE FOR YOURSELF

- “My caseload is \_\_\_% bilingual meanwhile my monolingual counterparts have \_\_% bilingual patients.... I request \_\_ additional time/hours/pay to in order to meet the demand...”
- **Start timing** how long you take to do all tasks related to your bilingual work compared to your monolingual work. The more you **gather data**, the easier it will be to request assistance/accommodations.
- We spend time/money training and implementing dynamic assessment tools for our special populations. WE OFTEN CREATE OR MODIFY OUR OWN ASSESSMENTS. **Don't overlook how hard you're working!**

## BUILD COMMUNITY



Phuong Palafox [@phuonglienpalafox](#)

The Bold SLP Collective [@theboldslpcollective](#)

Listen here: [The Invisible Labor of a First-Gen Asian American SLP](#) (English)

Other trilingual SLPs: [Amanda from PR](#), [Nely](#), [Aimee](#), [Wendy](#), [Diana](#), [Amanda from NY](#) to name a few

## FIND MENTORSHIP

### **B.E.A.M. SLP Program**

- BEAM stands for Bilingual Empowerment through Allied Mentorship. They provide mentorship in cycles (i.e. Winter, Summer, Fall, etc.)
- They've hosted two socials in person at the ASHA Convention 2022 and 2023!