

# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 GAME IN SAN DIEGO JV AT 4:30 VARSITY AT 7PM	2 VISIT SDSU AND UNIVERSITY OF SAN DIEGO
3 OFF	4 OFF NO SCHOOL	5 PRACTICE 4-5:30PM	6 PRACTICE 4-5:30PM	7 PRACTICE 4-5:30PM	8 FILMS DURING 6 <sup>TH</sup> PERIOD	9 OFF
10 OFF	11 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	12 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	13 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	14 JV AWAY GAME TBD	15 VARSITY HOME GAME TBD	16 OFF
17 OFF	18 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	19 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	20 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	21 JV VS RANCHO ALAMITOS (HOME)	22 VARSITY VS RANCHO ALAMITOS (HOMECOMING)	23 OFF
24 OFF	25 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	26 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	27 WEIGHT ROOM 3-4 FILMS 4-4:40 PRACTICE 5-7:30PM	28 JV VS TEMECULA VALLEY (HOME)	29 VARSITY VS TEMECULA VALLEY (AWAY)	30 OFF