



Portchester Community School



PE Department Vision

Successful students who

- Achieve their potential in a range of physical activities, at appropriately challenging levels of competition.
- Independently lead healthy and active lives, choosing to participate in physical activity during their free time.
- Understand the impact and importance of exercise on maintaining physical, mental and social wellbeing.

Confident students who

- Enjoy challenging themselves to improve their performance in a range of physical activities.
 - Take risks and are not afraid of failure, but instead show resilience to learn and progress.
 - Competently and effectively communicate to lead others in a range of physical activities.
- Talk like an expert and use key terminology appropriately to evaluate and assess performance.

Responsible students who

- Respect themselves and others when participating in competitive situations, ensuring a fair game.
- Prepare appropriately for physical activity and obey the rules to ensure the safety of all participants.
 - Show tolerance for others and use feedback and guidance to help others improve.