

The Menu

Portchester School

Autumn 2022



(Ve) = Vegan
(V) = Vegetarian



Week One Weeks Commencing: 02/09, 19/09, 10/10, 7/11, 28/11	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Affair	Spaghetti Carbonara	Cottage Pie	Roast Beef	Tandoori Chicken	Battered Fish
The Veggie Main	Mediterranean Meatball Pasta (V) (Ve)	Veggie Sausage & Sweet Sticky Onion Sub (V)	Spinach & Lentil Wellington (V)	Sri Lanken Sweet Potato & Chickpea Curry (V)	Blackened, seasoned & grilled Vegetable Burger (V)
Finishing Sides	Steamed Courgettes	Potato Wedges and Crispy Coleslaw or Green Beans & Carrots	Yorkshire Pudding, Roast Potatoes, Gravy & Root Vegetables	Steamed Rice & Spiced Cauliflower	Chips, Baked Beans & Garden Peas
Perfect Puds	Apple Pie with Custard	Gingerbread Cake	Blueberry Muffin	Pear Crumble with Custard	Chocolate Sponge with Chocolate Custard

Week Two Weeks Commencing: 05/09, 26/09, 17/10, 14/11, 5/12	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Affair	Radish Pork Sausages	Mexican Spiced Chicken wrapped in Tortilla	Roast Turkey	Home rubbed Jerk Chicken with Rice 'n Peas	Battered Fish or Salmon Fishcake
The Veggie Main	Vegetarian Sausages (V)	Mac 'n Cheese (V)	Root Vegetable and Butter Bean Stew with Herby Dumplings (V) (Ve)	Chunky Vegetable & Red Lentil Balti (V)	Mature Cheddar & Spring Onion Pasty
Finishing Sides	Onion Gravy, Mashed Potato & Peas	Garden Salad	Roast Potatoes, Gravy, Broccoli & Sweetcorn	Steamed Rice & Green Beans	Chips, Baked Beans & Garden Peas
Perfect Puds	Sticky Lemon Sponge	Chocolate Brownie	Apple & Peach Crumble with Custard	Orange Polenta Cake	Vanilla Cheesecake

Week Three Weeks Commencing: 12/09, 03/11, 31/10, 21/11, 12/12	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Affair	Traditional Beef Lasagne	Gyros grilled Chicken with warm folder Naan	Slow Roast Shoulder of Pork with Apple Sauce	Thai Sweet Chilli Style Wok Fried Chicken	Battered Fish
The Veggie Main	Spinach & Cheese Lasagne (V)	Deep South Quesadilla (V)	Quorn Roast (V)	Spicy Cauliflower Wings & Lentil Dahl (V)	Garden Vegetable Quiche (V)
Finishing Sides	Garlic Bread, Courgettes & Carrots	Baked Potato Wedges and Crispy Coleslaw	Roast Potatoes, Gravy & Medley of Vegetables	Steamed Rice & Sambals	Chips, Baked Beans & Garden Peas
Perfect Puds	Toffee Apple Cake	Mandarins in Jelly	Courgette and Lemon Cake	Apple and Raspberry Crumble Slice	Chocolate Crunch

Nothing takes your fancy today?

Why not try our Good to Go Range with lots of delicious hot and cold snacks and small bites.

