



Portchester Community School



PE Departmental Vision

Successful students who;

- Achieve their **potential** in a range of physical activities, at appropriately **challenging levels** of competition.
- Independently lead **healthy** and **active** lives, choosing to **participate** in physical activity during their **free time**.
- Understand the **impact** and **importance** of exercise on maintaining **physical, mental** and **social** well being

Confident students who;

- Enjoy **challenging** themselves to improve their performance in a range of physical activities.
- Take **risks** and are not afraid of failure, but instead show **resilience** to learn and progress.
- Competently and effectively **communicate** to **lead** others in a range of physical activities.
- **Talk like an expert** and use **key terminology** appropriately to evaluate and assess performance.
 - Apply their **knowledge** of the rules **clearly** and **accurately** when officiating others.

Responsible students who;

- **Respect** themselves and others when participating in competitive situations, ensuring a **fair game**
- **Prepare** appropriately for physical activity and **obey the rules** to ensure the **safety** of all participants
 - Show **tolerance** for others and use **feedback** and **guidance** to help others improve