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From the very beginning of the coronavirus CRIS was prepared and ready because we have always been here for you.

Dear Friend,

Our world is experiencing many difficulties due to COVID 19. Everyone has been affected either emotionally, physically, or financially. So many organizations have been working tirelessly to meet these new demands.

Community Resources for Independent Seniors (CRIS) has built a strong foundation since 2009 with the goal to help seniors stay active and engaged in our community and assist with aging in place. Our actions at the onset of COVID showed how important CRIS is as a hub of accurate information and referrals. Here are a few things we have done in response to the crisis and how we are taking care of the needs of community members.

- * CRIS CAT (Cazenovia Area Transportation) continues to drive seniors to medical appointments.
- * CRIS is the Caz COVID contact for individuals 55+, responding to needs such as transportation, nutrition, home care, housing and medication.
- * Our office is the center for other agencies participating in the Caz COVID response team .
- * Maintaining information and referrals thru the CRIS HOTLINE.
- * Hand sanitizer, face masks and gowns delivered to seniors and healthcare providers.
- * Helping disseminate information through our Facebook page, website and newsletter.
- * Providing End of Life 5 Wishes documents and consultation.

As a nonprofit organization CRIS can only exist by your financial support. Please consider a tax deductible gift with the enclosed envelope or visit our website www.cris-caz.com to donate online.

CRIS services continue to be free for our senior members living in the Cazenovia, Nelson and Fenner areas.

Many Thanks,

Bob Ridler
CRIS Board President

Karisha Solomon
CRIS Executive Director

Board of Directors:

Peter Barth, Pam Ellis, Susan Green, Julie Harney, Tracy Palmer

Allisyn Roszel, Diane Ryan, Beverly Thorp, Chris Wnorowski