

Crystal of the Month

Rose Quartz



Rose quartz is all about unconditional love. It helps to draw love in to your life and brings love and calmness to all. It also has healing properties.

It is a very soothing crystal and promotes kindness. Rose quartz is normally one of the first crystals that people discover and work with learning about crystals.

Many people like to wear the crystals on their person but they can also be kept under your pillow or just close by.

Rose Quartz purifies and opens the heart at all levels to promote love, self-love, friendship, deep inner healing and feelings of peace.

It is linked to the heart chakra.