Chocolate Truffles

Learn how to make EASY chocolate truffles ~ this homemade candy makes thoughtful gifts for hosts, the holidays, and Valentine's Day!

Prep Time	chilling	Total Time
15 mins	1 hr	1 hr 15 mins

Course: Dessert Cuisine: French Diet: Gluten Free Servings: 30 Calories: 66kcal Author: Sue Moran





Equipment

• small 1" scoop Buy one here.

Ingredients

- 8 oz dark chocolate or good quality dark chocolate chips
- 1/2 cup <u>heavy cream</u>
- 2 Tbsp butter, room temperature
- 1 tsp <u>vanilla*</u>
- pinch salt
- unsweetened cocoa powder for rolling

Instructions

- 1. If you're using bar chocolate, chop it finely. You can break it up in chunks and put it in a food processor or use a large sharp knife. (If you are using chocolate chips, there's no need to chop.) Put the chocolate, the butter, and the salt in a heatproof bowl.
- 2. Heat the cream in a small sauce pan until it is just about to boil. Pour the cream over the chocolate and let it sit for about 10 minutes.
- 3. Stir the cream and chocolate together until the mixture is smooth and silky. This takes a minute or two while the chocolate, butter, and cream come together. If for any reason your mixture remains lumpy you can microwave it briefly (in 30 second increments) to re-heat and then continue stirring. Stir in the vanilla, or other flavoring you like.
- 4. Pour the mixture into a shallow baking dish, or pie plate and put in the refrigerator until set, about 2 hours or until firm enough to scoop and roll.
- 5. Line a baking sheet with parchment or foil. Using a 1" sized scoop, scoop out small balls of ganache and set them on the baking sheet. You don't have to use a scoop, it just makes it easier to form and release uniform sized balls. The balls will be roughly shaped at this point, you'll roll them smooth next..
- 6. Put about half a cup of cocoa powder in a small bowl. Dust your palms with cocoa powder and roll each truffle to form a smooth ball, then roll it in the cocoa powder to fully coat. Lay it back on the baking sheet while you finish the rest of the batch.
- 7. Keep truffles chilled. They can be stored in the refrigerator for up to 2 weeks. Store them in a single layer, or separate the layers with waxed paper.

8. Truffles can be frozen for up to 3 months.

Notes

*You can use other flavorings like almond, rum, orange, etc. You can also flavor your truffles with liqueur: use 1 tablespoon for this recipe.

Nutrition

Serving: 1truffle | Calories: 66kcal | Carbohydrates: 4g | Protein: 1g | Fat: 5g | Saturated Fat: 3g | Polyunsaturated Fat: 0.2g | Monounsaturated Fat: 2g | Trans Fat: 0.03g | Cholesterol: 7mg | Sodium: 9mg | Potassium: 58mg | Fiber: 1g | Sugar: 2g | Vitamin A: 85IU | Vitamin C: 0.02mg |

Calcium: 8mg | Iron: 1mg

https://theviewfromgreatisland.com/the-classic-chocolate-truffle/ February 1, 2024