

Instant Pot Chicken and Sausage Jambalaya

Instant Pot Chicken and Sausage Jambalaya made with andouille sausage, chicken, uncooked rice, bell pepper, onion, celery and spices, cooked in just one pan, for an easy dinner everyone will love.



Prep Time
15 mins

Cook Time
25 mins

Total Time
40 mins



4.68 from 377 votes

Course: Main Course

Cuisine: American, Cajun

Servings: 5

Calories: 588kcal

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Equipment

- instant pot

Ingredients

- 2 Tablespoons oil , divided
- 12 ounces andouille sausages cut into 1/4 in. thick slices
- 1 boneless skinless chicken breasts cut into small pieces
- 1 yellow onion , chopped
- 1 green bell pepper , seeded and chopped
- 3 green onions , chopped
- 3 ribs celery , chopped
- 3 cloves garlic , minced
- 2 teaspoons Cajun seasonings
- 1 teaspoon dried basil
- 1/4 teaspoon dried thyme
- ½ teaspoon granulated sugar
- 1 1/2 cups long grain white rice
- 14.5 ounce can diced tomatoes , undrained
- 1 3/4 cups low-sodium chicken broth
- 1/2 teaspoon kosher salt

Instructions

- Turn instant pot to saute setting. Add oil. Once hot, add sausage slices, cooking until browned, about 2-3 minutes per side. Transfer to a paper towel-lined plate.
- Add remaining oil to the pot.
- Add the chicken and cook for one minute, scraping up the browned bits from the sausage. Turn instant pot off. Add onions, bell pepper, celery, and garlic and cook for one minute.
- Add the Cajun seasoning, dried basil, thyme, sugar and rice and stir to combine.
- Add the diced tomatoes and their juices, chicken broth, and salt.

6. Secure the instant pot lid and turn valve to sealing.
7. Cook on Manual High Pressure for 5 minutes. When the timer beeps, allow the pressure to naturally release for 5 minutes, and then quick release the remaining pressure.
8. Carefully open the lid and gently fluff the rice with a fork. Add the sausages on top of the rice and return the IP lid to let the mixture rest for an additional 5 minutes. Stir lightly and enjoy!

Nutrition

Calories: 588kcal | Carbohydrates: 54g | Protein: 30g | Fat: 27g | Saturated Fat: 7g | Cholesterol: 86mg | Sodium: 1062mg | Potassium: 838mg | Fiber: 3g | Sugar: 4g | Vitamin A: 800IU | Vitamin C: 32.1mg | Calcium: 85mg | Iron: 3.2mg



Recipe Link



Recipe Video

<https://tastesbetterfromscratch.com/instant-pot-chicken-and-sausage-jambalaya/>

