

<u>SUNDAY</u> 	<u>MONDAY</u> <u>JULY BIRTHDAYS</u> 15- Patricia 17- Lynn 20- Dee 23- Laska 29- Lucille	<u>TUESDAY</u>	<u>WEDNESDAY</u> 1 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater Bros	<u>THURSDAY</u> 2 8:30 Mentone Breakfast 10:00 RAC Meeting- Library 11:00 Meditation w/ Zelda Rose  2:30 Shuffleboard- Upstairs	<u>FRIDAY</u> 3 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 6:00 Redlands Bowl: Star Spangled Evening- BUS	<u>SATURDAY</u> 4 6:00 Birthday Bash  shutterstock.com · 2744711721
5	6	7	8	9	10	11
	9:30 Chair Exercise- Apartment North Wing 10:00 Resident Meeting  Claudia - Hairdresser	2:30 Poker- Lounge	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater Bros Shopping	8:30 Mentone Breakfast 11:00 Meditation w/ Zelda Rose 2:30 Shuffleboard- Upstairs 	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 	
12	13	14	15	16	17	18
	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee & Donuts  Claudia - Hairdresser	11:30 Tacos at Taylor's- BUS  6:00 Redlands Bowl: Neil Diamond Tribute- BUS	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater's Shopping	8:30 Mentone Breakfast 10:00 RAC Meeting- Library 11:00 Meditation w/ Zelda Rose 2:30 Shuffleboard- Upstairs Cecila- Mani/Pedi	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour	
19	20	21	22	23	24	25
	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee & Apple Fritters  Claudia - Hairdresser	2:30 Poker- Lounge 	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater's Shopping 5:00 Wine Wednesday- Lounge	8:30 Mentone Breakfast 11:00 Meditation w/ Zelda Rose 2:30 Shuffleboard- Upstairs 6:00 Redlands Bowl: Disney's Frozen	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour	
26	27	28	29	30	31	
	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 2:30 Bingo- Lounge  Claudia- Hairdresser	2:30 Left, Right, Center- Lounge 		8:30 Mentone Breakfast 11:00 Meditation w/ Zelda Rose 2:30 Shuffleboard- Upstairs	9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 2:00 Ice Cream Social- Lounge 	

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