SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	OCTOBER BIRTHDAYS 2- Carlah & John 6- Berniece 6- Marianne 7- Clara 12- Zelma 19- Melody 21- Joyce 23- Cecile			1 8:30 Mentone Breakfast 2:30 Shuffleboard- Upstairs	2 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 10:30 Oak Glen- BUS 	3
4	5 9:30 Chair Exercise- Apartment North Wing 10:00 Resident Meeting  Claudia - Hairdresser	6 2:30 Poker- Lounge	7 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater Bros Shopping 2:00 Book Club Meeting- Salon area	8 8:30 Mentone Breakfast 10:30 RAC Meeting- Library 11:00 Meditation w/ Zelda Rose 2:30 Shuffleboard- Upstairs	9 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour	10
11	12 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee & Donuts  Claudia - Hairdresser	13 4:00 Tacos at Taylor's- BUS	14 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater Bros Shopping	15 8:30 Mentone Breakfast 10:30 RAC Meeting- Library 2:30 Shuffleboard- Upstairs Cecila- Mani/Pedi	16 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour	17 4:00 Friends & Family Halloween Birthday Bash- Gazebo/Lawn Area
18	19 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee & Apple Fritters Claudia - Hairdresser	20 2:30 Poker- Lounge	21 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 11:00 Stater Bros Shopping	22 8:30 Mentone Breakfast 2:30 Shuffleboard- Upstairs	23 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour	24
25	26 9:30 Chair Exercise- Apartment North Wing 10:00 Coffee Hour 2:30 BINGO!- Lounge Claudia - Hairdresser	27 2:30 Left, Right, Center- Lounge	28 11:00 Stater Bros Shopping 5:00 Wine Wednesday- Lounge 	29 8:30 Mentone Breakfast 2:30 Shuffleboard- Upstairs 6:00 Halloween Décor- Bus	30 9:30 Chair Exercise- Apartment North Wing 2:00 Ice Cream Social- Lounge	31 