

**The next Probus Meeting**  
**Will take place on Thursday,**  
**May 20th, 2021**  
**At 10:00 am,**  
**via Zoom.**

*The Invitation & Link will be sent a day or two before the meeting, by email.*

**PLEASE NOTE!**  
**Our invited speaker is;**  
**Mark Bulgutch**  
**Topic:**  
**A Life in Journalism**



# Probus Club of Maple Ridge

## President's Message and Program



Sam Lewindon, President

### Here is May!

One famous poet suggests that the name 'May', comes from the Latin word, "maiores" which means "elders".

It could certainly be said that perhaps we fit that description - and after the past year, we may feel even more 'elderly'! However, our club will not allow that to stop us from getting the most out of it's activities! With most of our members having already received their first inoculation for Covid19, there is now a chance to meet the challenge of Spring with renewed vigour - and then to get ready for what the Summer may bring!

We have added six new members to our ranks in the last few weeks, so we know we are moving in the right direction in meeting our members' needs. As Summer approaches, we are now encouraging member participation in one or more of the various club activities, like the "**Picnic in the Park**", or the "**Artists Outing**" being planned ; or to join the monthly 'Coffee Morning' chat room on Zoom, or sign up for one of the "Special Interest Groups". Some groups are recruiting new members, like the Walking SIG, (contact Carlar2@telus.net to join in); some groups need a volunteer to convene the activities, while some members may even feel a need to create a new Special Interest Group, like Golf, or Bridge? So, let us take the opportunity to be more involved!

**Wherever your energy directs you;**

**There is likely a place for you to 'make yourself at home', in our club!**

### Probus Meeting, Program May 20th, 2021

9:45	Sign –in
10:00	Welcome
10:05	Introduction of Guest Speaker
10:10	Guest Speaker
10:40	Q & A
10:55	Thank you
11:00	Club Speaker
11:20	Breakout session
11:35	Reconvene & business
11:45	Meeting closes

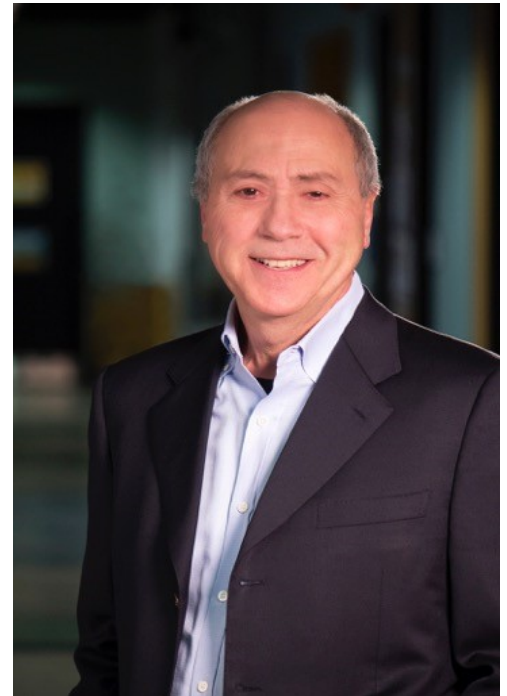


## Introducing our Guest Speaker:

**Mark Bulgutch** retired from CBC News in 2009 after a career of over 35 years. But still produced CBC TV News special event until 2012.

Graduating from Carleton University in 1974 with an honours degree in journalism, He was hired by CBC News as a reporter in Montreal. He was a line-up editor there, then moved to Toronto as a writer on The National. Soon becoming program line-up editor.

As senior producer of CBC News Specials, and then the Senior Executive Producer of CBC TV News and CBC News-world, he was responsible for all live news programming on both networks. Producing every federal election night for CBC from 1997 to 2011, he was part of every CBC election night program from 1995 to 2011. He produced the federal election debates for all networks in 2006, 2008, and 2011, as well as the leadership debate on foreign affairs for the 2015 election. He has covered eight Olympic Games, including London, Sochi, Rio, and Pyeongchang.



**Mark Bulgutch**

News specials he produced are: The 1995 Quebec Referendum, the funeral of Pierre Trudeau, the Sept 11 attack on the United States, the 50th and 60th anniversaries of D Day and VE Day, the war in Iraq, and the National Remembrance Day ceremony from Ottawa, 1995 - 2012. His work has been recognized with 31 Gemini Award nominations, 14 Gemini Awards, 4 RTNDA Awards, the Canadian Journalism Foundation Award of Excellence

He is a regular contributor of opinion columns to the Toronto Star.

He taught at Concordia University from 1979-1982, and has been teaching at Ryerson University since 1987. He also serves as an adjudicator for the Canadian Broadcast Standards Council.

His book, *That's Why I'm a Journalist* (Douglas & McIntyre, 2015), tells the stories of 44 reporters and their most remarkable days on the job. His next book, *That's Why I'm a Doctor* (Douglas & McIntyre, 2020), followed the same format with 46 doctors. The book he wrote with Peter Mansbridge, *Extraordinary Canadians* (Simon & Schuster) was released in November and became an instant #1 Bestseller. He has now embarked on another book to be published in 2021 by Douglas & McIntyre.

He has co-authored two Ontario high school text books, *Canadian By Conviction* (Gage Publishing, 2000) and *Defining Canada: History, Identity, and Culture* (McGraw – Hill Ryerson, 2002).

## **Speaker's Notes:**

### **SPEAKER: HEATHER TRELEAVEN**

Laurie welcomed Heather who is a communications consultant, and since 2009 has been co-ordinator of the Katzie, Maple Ridge and Pitt Meadows Senior's Network. The Network was originally funded by the United Way, but this stopped in 2015 and is now funded by the cities of Maple Ridge and Pitt Meadows. The Senior's Network is a planning table, made up of seniors and other people with user experience who know what needs to be done to help seniors.

One of their great successes has been Better at Home, a service which gives help to seniors in their own home, doing things like grocery and drug pick up, rides to appointments, etc. Covid especially has brought attention to seniors living alone, and this past year they delivered over 300 Christmas dinners, 900 Valentines and 400 Easter cookies to isolated seniors.

Heather told us that by 2036 25% of Maple Ridge's population will be seniors. Maple Ridge has received Age Friendly designation from the BC government and was the 3<sup>rd</sup> city in BC to receive such a designation. There are many projects being undertaken in connection with this: transit training, getting technology into the hands of seniors with free mentorship on how to use it, a seniors' get around App and walkability audit of Maple Ridge along with a dementia friendly task force, and the list keeps growing. Another concern is connecting seniors with meaningful volunteer work such as the Intergenerational Garden and Grand Buddies program. Unfortunately, these have had to pause during Covid but will resume in the future. She also reminded us of the Seniors Resource Directory which is published by the News once per year, and the page called As We Age which is in the newspaper once a month.

Seniors' week is June 6 to 12 and because of Covid it will be a roving celebration. As well, she invited us to take part in Walk for Memory on the last weekend in May which is a virtual walk for dementia in support of the Seniors Network.

Questions about in home help for seniors gave Heather the chance to tell us that there are handy people available for \$15 an hour to help with tasks. Les urged us all to join the Seniors Centre in Maple Ridge where there are lots of activities for seniors, and when things return to normal, an excellent dining room.

We all joined Dick in thanking Heather for her excellent presentation. Dick told her that the seniors of the area are being well served by the Network and it makes growing older in Maple Ridge a little more comfortable.



## Memory Lane:

Theo Rathonyi Reusz tells about:

### A New Life

Tilly Muller's story in the Goldeneer reminded me of my younger years living through and after WW 2.

I was born in Medan, Sumatra. When the war broke out, the Japanese Army captured Singapore, and the Dutch people and companies were concerned that Sumatra, across the waterway, may be next. My father was enlisted in the Dutch colonial army, and we, my mother, my sister and me, were transported to Java. On the ferry I celebrated my 5th birthday - but the present I got, a silvery-looking flashlight, was soon to be confiscated by the Japanese....It wasn't any more safe on Java, because soon enough the entire Dutch colony of what is now Indonesia was captured by Japan as well. Together with approximately 10,000 other Dutch women and children, we were interned in a prison camp. My father got wounded in the battle, captured and transported to Burma to work on the infamous railway. Miraculously he survived and after the war returned to Indonesia, before we were able to repatriate to the Netherlands. Indonesia was now independent and didn't tolerate the Dutch any longer.

We travelled on a small freighter, where our accommodation was in the cargo hold, where hammocks were hung three high. I was fascinated with the plentiful food, as the rations we got in the camp had been minimal. I ate my first orange! how delicious! We were told that you eat your meals at the table and with knife and fork., That was foreign to me, the camp kid.

On the way, we shortly disembarked in Attaka, a town in the desert near the Suez Canal, where the Red Cross gave us a warm wardrobe. Of course we had only tropical clothes, of little use in the cold Dutch winter that awaited us. We landed in Amsterdam in January 1947 and from there travelled to Leeuwarden, where my grandparents welcomed us with open arms. They lived in the large family home with several spare bedrooms. After the war, the housing market was very tight ( so many houses bombed and destroyed, shortage of building material), and those with rooms to spare had to rent them out. This arrangement was good for us all and I got my own bedroom. It was a mixed blessing though: I was used to sleep and live close with my mother and sister in a small space in these large bamboo and palm leaf-roofed barracks shared with 300 others.

And then my new life started. Going to school, getting used to the freedom. I was 10 years old by then and hadn't received any education : books, pens and paper were not allowed in the camp. But with the help of kind and understanding teachers I managed grade 1, 2 and 3 in one year. My Dutch spelling with all the irregularities remained a problem and it took me many years to master that.

A new life, for which I am forever thankful to my mother and our Liberators.

## Through the Lens



**Say AAmaryllis** (Doctor joke) by Bob Grist



**Daffodils** by John Bale



**Cherry blossom** by Sam Lewindon



**Lilac Azalea** by Sam Lewindon

***“And after winter folweth grene May”.*** Geoffrey Chaucer



## Monthly Mirth

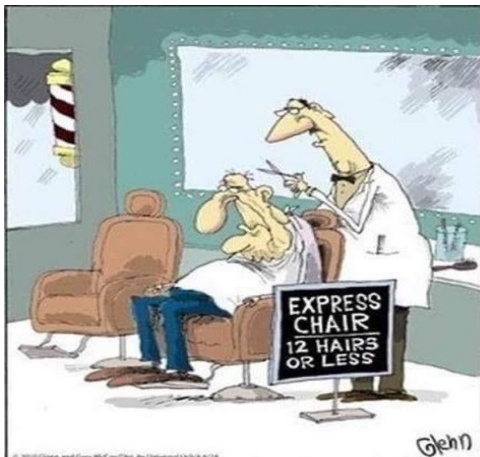


## Cornered

by Mike Baldwin



"They're for anxiety. Take one before I tell you about the side effects."



> 'Enter new password'

~ 'chicken'

> 'Password must  
contain a capital'

~ 'chickenkiev'



"I admit, I didn't handle that well, but I don't want this to discourage you from being honest with me in the future."

**Accidentally  
rubbed ketchup in  
my eyes.....now I  
have Heinsight**





## Messages, Notices and Information

### Probus Zoom 'Coffee Morning'

**First Wednesday of the month, at 10am**

**Next meeting:**

**May 5th**

One of the many things  
no one tells you about aging  
is that it is such a nice change  
from being young

### Music means sharing!

**Nothing is more satisfying than making music together.**

Do you have a (portable) instrument like guitar, trumpet, sax, a drum, harmonica, violin, your voice, whatever....and would like to join in the fun of making some music together? Nothing beats sharing a musical experiment.

If you would like to dust off your instrument, contact **Josine at 604 467-3162**. It doesn't matter what level you are playing. I have access to a huge collection of music that would fit all kinds of instruments: songs, fiddle, pop or classical everything may be possible for a Probus orchestra.

The playing would be outside of course - and our farm may have the right place, if need be, even in an open shed.

### Special Interest Groups: \* *Meetings using Zoom*

**Book Club:** *Convenor, Bob Grist*

*Meets 1:30pm, second Tuesday, monthly \**

**Crafts:** *Convenor, tba*

**Computer/Photography:** *Convenor: Sam Lewindon*

*Meets, 10am, last Wednesday, monthly. \**

**Dining:** *Convenor: Marie Slessor*

*Taking a break due to Covid*

**Walking:** *Convenor: Carla Reed*

*Contact Carla at : carlar2@telus.net*

**Lunch:** *Convenor. Aline Drew*

*Taking a break due to Covid*

### **"Groaner" of the Month**

**What's the difference between a hippo  
and a zippo?**

**One is really heavy and the other is a  
little lighter!**

### **Origin of the Phrase:**

#### **'Play it by ear':**

**No definite plans.**

*Has its origins in music, as  
"playing something by ear"  
means to play music without  
reference to the notes on a  
page.*

*To see how things go, and  
then decide on a course of ac-  
tion.*

*As full of spirit is the month  
of May, and as gorgeous as  
the sun in midsummer.*

*William Shakespeare*