

Our next Probus General Meeting Will take place on Thursday, November 17th, 2022 At 10:00 am, via Zoom.

The Invitation & Link will be sent a day or two before the meeting, by email.

PLEASE NOTE!

Our invited speaker is;

Mary Robson

Topic:

Friends in Need Food Bank



Probus Club of Maple Ridge

President's Message

and Program



Sam Lewindon, President

Fellowship, Friendship & Fun.

That sounds just like Us!

Probus Meeting, Program November 17th, 2022

9:40	Sign –in
10:00	Welcome
10:05	Introduction of Guest Speaker
10:10	Guest Speaker
10:40	Q & A
10:55	Thank you
11:00	Club speaker

Probus Canada has launched a new 'Branding' profile and the message is that as a Social club, we are known for the **Fellowship** we create, as well as the **Friendship** that develops among members—and, of course, the **Fun** we have conducting our various activities. It seems only right that these are the leading statements of our new Brand, as we have been modelling these since our formation!

We also have the good news that we have reached a membership of **67!** This year we have had 14 new members join us and are excited that this has been our best year yet for membership. The model we use of both virtual and in person activities has given us a strong activity pattern, so, thank you all for your active support of our club!! We also have reached a capacity level in some of our Special Interest Group activities, so much so that we have had to split those groups. How's that for success! Our monthly Coffee Morning is still the most sought after event, with 26 attending the last session!

As mentioned at the last General Meeting, we are actively recruiting for the Management Committee positions, three of which will become open at our AGM in February. If you have a little spare time—and it only requires a little of your time, the Nomination Committee will be pleased to help you volunteer and to help our club continue its success!

Arrangements are being made for our annual Christmas Dinner, if you haven't had a chance to add your name to the attendance list, please do so now, by contacting me, as we need confirmed numbers for the caterer! Thank you.

November is the most disagreeable month in the whole year. Louisa May Alcott



Introducing our Guest Speaker: Prepared by Laurie Freebairn



Mary Robson

Born in St. Catherine's, Ontario

Began school in Ottawa where my father was employed as a medical officer for National Medical Health & Welfare and served in the Eastern Arctic.

My father's next posting was in 1961 to Rome, Italy where I attended St. Georges English School for 1 ½ years.

Returned to Canada in 1962 & lived in Dartmouth, Nova Scotia, then moved to Winnipeg, Manitoba and finally to Vancouver where I graduated from Eric Hamber in 1972.

In 1973 moved to Bonn, Germany with my family where my father was posted as the Medical Officer with the Canadian Embassy, here I studied German at the Goethe Institute

In '74 returned to Vancouver and attended SFU to further my studies where I completed first year in social sciences before switching to business at BCIT.

While on summer break in 1975 & working at the Horse & Carriage, I met Gordy Robson who bought the restaurant and its sister restaurant Kings Head Inn in Kitsilano. We became a couple in 1976

Continued working in the hospitality industry, real estate and first year of the CGA program and became an associate of Robson and Associates Consultants.

In 1979 Gordy and I became lifelong partners and moved to Maple Ridge.

We fostered children and I had the opportunity to became more involved in our community.

I was blessed with three sons which combined with Gordy's previous children made a family of six.

In 1998 I became a Charter Member of Meadowridge Rotary Club and in 1999 while visiting Thailand, the RI Directive was read out which 'encouraged' Rotary Clubs throughout the world to consider women for membership. There were no women Rotarians in Thailand at that time and the President of the Rotary Club of Bangkok referred to me as a 'rare bird'.

Rotary has opened many doors for Gordy & me and it became a significant part of our lives.

Served as Centennial President in 2004/2005 and am a three-time Paul Harris recipient.

On December 20, 2012, I became the volunteer Acting Executive Director for The Friends in Need Food Bank. In August 2013 I officially became the Executive Director

In 2016 we hosted two families from Syria. And we now are hosting two families of four from the Ukraine.

We live in east Maple Ridge on a working farm with a flock of sheep and I love to tend to my vegetable garden most of which is donated the Friends in Need Food Bank, friends, and family.

Laurie introduced Stan Proboszcz

Telling us he has had a long career as an environmental biologist, of which the last 16 years has been as Senior Scientist with the Watershed Watch Salmon Society. Stan's particular area of interest and research is on open net salmon farming and he spoke to us of its past, present and future.

Open net salmon farming began in Norway and has spread to areas like Chile and Canada. Currently Canada is the 4th largest producer of these fish which require cool water to live. Stan told us that open net pens look innocuous but most of the information is below water. The fish are Atlantic salmon which have been heavily domesticated and one farm can have over 1 million fish in it. There are between 40 and 60 active fish farms on the BC Coast. The fish are hatched on land and spend the first 12 months in fresh water, then at the adult stage are transported to salt water pens to grow to about 5 pounds.

Much of the controversy is the effect on the marine environment. Any drugs or chemicals that are fed to the fish, as well as the waste from the fish, flow into the surrounding waters. Untreated blood waste, as witnessed by a diver near Campbell River, is discharged from fish processing and can have live fish virus in it. Most fish farms are located in the same area as the wild salmon migration routes and thus the concern over the spread of pathogens to our native salmon.

Stan outlined several parasites and diseases. Sea lice (a native parasite) is virtually harmless to adult salmon but is now being found on juvenile fish where it reduces the ability of the fish to grow and feed. These juveniles pick up the sea lice as they pass by fish farms where the close crowding is a perfect environment for the sea lice to grow and prosper. Another problem is "mouthwash" bacteria. Juvenile salmon leaving the Fraser River are not infected, but they pick it up as they near the Campbell River area where there are fish farms.

He spoke about the federal Department of Fisheries (DFO) and said that they were too closely aligned to the salmon farm industry since they regulate it, and are actually in a conflict of interest. For the future, he says open net farms are gradually being removed from the Broughton Archipelago area and DFO has promised to phase them out in this area by 2025, but progress is very slow. It is possible to raise Atlantic Salmon on land and Kuterra, a company near Port McNeil has been pioneering this, and better yet, freely sharing their knowledge and expertise. Thus, things are slowly changing.

A lively question period followed. One question was "Is it safe to eat Atlantic salmon?" and the answer was yes, but most BC residents don't, the majority of the fish go to the US and overseas. Another touched on the current federal Fisheries minister, Joyce Murray. Stan said it was always good to have a minister from the West Coast, but she has to rely on her department which is too closely aligned with fish farming interests. When asked about licencing, he said that both the federal and provincial governments have to approve a licence. There has never been an example of a licence being rescinded, and the industry will fight tooth and nail to keep a licence. A final question concerned the Salish Sea, and Stan agreed that it needs to be protected. It is an important area for juvenile fish.

Sam thanked him for an excellent presentation followed by a stimulating question period. We will be provided with links to answer a questionnaire about the future of open net salmon farming and Stan encouraged us to complete it.

Memory Lane:

Editor: Josine Eikelenboom

What the hell are you doing here!!!

by Dick Drew

I grew up on a small farm near Morinville Alberta with my three older brothers, several aunts and uncles all older than me including my Uncle Ivan 6 years my senior.

In 1951 I was a 17 year old deckhand on the SS Imperial Quebec, a tramp oil tanker hauling oil out of Venezuela to refineries from Argentina to Montreal and all points in between. We were ordered to Brooklyn Shipyards for the ships annual 10 day dry dock inspection.

While there two shipmates joined me on a trip into New York city to pay homage at the feet of one of the greatest jazz & blues singers ever. Miss Dinah Washington appearing at the world famous Birdland night club on Broadway @ 52nd Street. [Google her]

Back then 21 years of age to enter a bar or nightclub was strictly enforced everywhere. Not to worry, I had a genuine, counterfeit identification card complete with photograph certifying I was 22.

Long story short, we pay the cover, tip the Maitre D", tell him we have come all the way from Canada to see and hear Dinah Washington. Magically he placed us at a ringside table. Between songs she talked informally with the audience. When she learned we were from Canada she gushed to the audience how she loved Canada and Canadians. After her show she joined our table, had a pleasant visit, and signed an autograph which I have treasured and guarded with my life.



As we were leaving a man grabbed my arm. "What the hell are you doing in here?" I was ready with my identification card. Not needed because it was my Uncle Ivan. He had just signed off after one year on an American oil tanker and was returning to Montreal pockets loaded with cash.

Several years later, 1954, while courting my present wife Aline, we were in a Montreal night club. Returning to our table from the dance floor I noticed Uncle Ivan sitting with a group at a table. We hugged, punched each other on the shoulder and I asked him, "What the hell are you doing here?"

Now fast forward to 1995 to a family reunion in Bellingham attended by many including my Uncle Ivan who I had not seen since Montreal 1954. We hugged, laughed, punched on the shoulders while he handed me some money "What this for", I asked. He replied with a big grin "Its the \$40.00 you loaned me in 1954 in Montreal."

Through the Lens

Curated by Rick O'Doherty

Animals



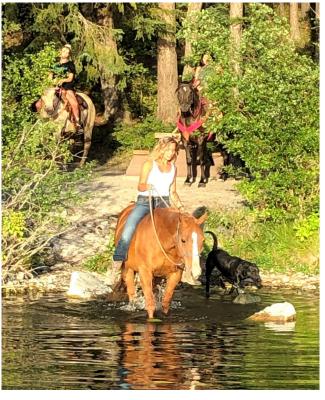
Big Horn Sheep by Kathleen



American Mink by Simon



Coyote watching out by Simon



Out for a ride by Michaela



A camping neighbour by Michaela

Some of our members are involved with these activities, come join them and enjoy their work!



The Garibaldi Art Club of Maple Ridge

Has been in existence since 1959, and have been displaying original artwork in our community ever since. The club provides members with opportunities to learn, to grow as artists, to share their work with the community, and, most importantly, a chance to meet other artists and make lifelong friends.

The club members' range from beginners to professional artists and are active in many community events and displays throughout the year, such as the annual Fall Art Show, Spring Juried Show and the Artists Studio Tour in early summer.

Whonnock Weavers and Spinners Guild

Was formed in 1974. The Guild has a long tradition of encouraging a renewed interest in the age old crafts of weaving and spinning. The Whonnock Weavers and Spinners Guild invites all fibre artists and those interested in fibre arts to join us and share their experiences with others.

In addition to weaving and spinning, the Guild welcomes felters, knitters, basket makers, dyers, and anyone interested in these artsBoth Artists and Artisans benefit from exciting programs offered only to guild members, including demonstrations, visual presentations, slideshows, workshops, sales, and community activities.



Member Happenings



Members of the Book Club in Action



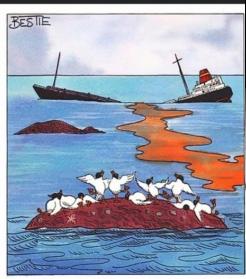
Monthly Mirth



Every
weekend, I say
to myself,
"Susan, you
have to stop
drinking wine."

Thankfully, I'm
not Susan.

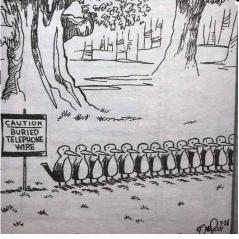




AFTER 50,000 CALLONS OF WHISKY LEAKED INTO THE SEA, NO TERN WAS LEFT UNSTONED

Pro cooking tip: If you stir coconut oil into your kale, it makes it easier to scrape it into the trash.









HOLD YOUR WIFE'S HAND

BECAUSE IF YOU LET GO. SHE'LL START SHOPPING.

ROMANTIC, BUT IT'S ACTUALLY ECONOMIC. Karl Marx is an historically famous philosopher, but nobody

ever mentions his sister, Onya, the inventor of the starting pistol...

Messages, Notices and Information

Wanted:

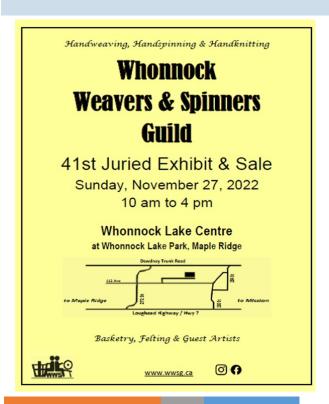
Stories for:

Memory Lane:

Contact Josine at: eikelenboom@telus.net

Photos for: Through the Lens

Contact Rick at: micricgoingplaces@gmail.com



Origin of the Phrase: Let your hair down

Definition: To be comfortable with someone

Origin: During medieval times, women in the aristocracy were required to appear in public with their hair done up in elegant buns. When they arrived back home, that was when they could relax and "let their hair down"—literally!

Probus in-person 'Coffee Morning'

First Wednesday of the month, at 10am

Next meeting: November 2nd

Special Interest Groups

Book Club: Convenor, Carla Reed

Meets 1:30pm, second Tuesday, monthly

Bridge: Convenor: Kathleen Spiess

Meets, 2pm third Monday, monthly

Camping: Convenor: Michaela

Computer/Photography: Convenor: Sam

Lewindon

Meets, I0am, last Wednesday, monthly.

Crafts: Convenor, contact, Michaela

micricgoingplaces@gmail.com

Dining: Convenors: Marie Slessorl Carla Reed

Meets 6pm second Thursdays, monthly

Discussion: Convenor, Theo Rathonyi Reusz

Meets, 10am first Thursday monthly

Lunch: Convenor. Aline Drew

Meets, noon last Thursday, monthly

Table Tennis; Convenor; Michael Buckingham

Meets, Tuesday and Friday mornings

Walking: Convenor, Renate

Meets 9am Tuesdays, weekly

Wine Club: Convenor: Sam Lewindon

Meets, 5pm last Friday, monthly

"Groaner" of the Month:

What do you use to cut a Roman Emperor's hair?

Caesars.