

SUPPLIES FOR A BIRTH IN PLACE

1. Something to provide privacy for the woman. This would be a large piece of cloth or clothing that could cover her from her waist down to her knees.
2. A washcloth so that the woman can wipe her face. This will help her stay cool.
3. Something waterproof or absorbent to soak up fluid. This could be
 - a. A large plastic trash bag
 - b. A shower curtain
 - c. Towels
 - d. A blanket or large cloth
4. Something to dry the baby. This could be:
 - a. Dry bath towels
 - b. Dry dish towels
 - c. Small blanket
 - d. Paper towels
5. Some dry cloths to cover the baby. This could be:
 - a. Small blankets
 - b. Dry bath towels
 - c. Dry dish towels
 - d. Pieces of clothing like a hoodie or a sweater