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# ALIGN-ASSESS-ANCHOR

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## M<sup>4</sup> Marilyn's Monday Morning Message

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In construction, a **PLUMB LINE** ensures that what's being built is vertically true and structurally sound. Builders don't "eyeball it"—they use the plumb line because it's trustworthy, grounded, and consistent.

We need that in life, too. As leaders, professionals, and purpose-driven people, we can't afford to guess our way forward. We have to **PLUMB LINE** our lives with something solid:

...**Align** with your values—not just your goals

...**Assess** what's out of sync before you build more.

...**Anchor** your growth in what matters most

This isn't about perfection—it's about integrity. And that kind of alignment is a leadership strength.

Whether you're building a career, a community, or your confidence back after a setback, the plumb line metaphor reminds us that internal alignment leads to external stability.

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## MAJOR POINT

When your purpose, values, and actions are aligned—like a plumb line to true vertical—you build strength that stands the test of time.

**Note:** Message Inspired by a Rev. Marlene Forrest, Rector of St. Philip's Episcopal Church (RVA) Sermon



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